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## DECISION MAKING

Step One: State the Problem: Getting up to late to get to school on time.

Step Two: List or circle two options to solve the problem.

1. Go to bed earlier
2. Set two alarm clocks
3. Your Idea
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Step Three: What are the benefits and consequences? List one pro (+) and one con (-) for each option.

Pro: get more sleep
Con: miss chatting with my friends online

Pro: I would have two opportunities to wake
up
Con: Buy another alarm clock

Pro: $\qquad$

Con: $\qquad$

Step Four: Do these options (listed in Step 2) agree with your values?
YES NO

Step Five: Weigh the options and decide: If you had to make this decision, circle the option in Step Two that you would choose.

Step Six: What would you have to do to carry out this decision?
To carry out this decision I would have to miss chatting with my friends.
To carry out this decision I would have to buy another alarm clock.
To carry out this decision I would have to:

