Faculty/Staff COVID-19 Next Steps

My COVID-19 test was positive.

Isolate immediately, whether or not you're fully vaccinated - stay away from others.

Complete your GVSU Self-Assessment and report your positive test date.

If you were tested at GVSU, you will be notified by phone or on-site if your test is positive and should then take these steps.

Get tested and stay home - you may leave for testing/medical care.

Answer all calls from GVSU to discuss contact tracing, isolation, and available resources.

Call the GVSU/Spectrum Health Hotline at 833-734-0020 for COVID-19 health concerns.

Work with your supervisor to make plans for remote work.

Stay in isolation through your release date (10 days).

Continue to complete your self-assessment every day.

Look for a release email from GVSU on your last day of isolation - you may return to activities the next day.

I was told that I was exposed to someone who has COVID-19.*

Quarantine now if you're not fully vaccinated or have symptoms. Wear a mask if you're fully vaccinated with no symptoms.

Complete your GVSU Self-Assessment and report the last date you were exposed.

Use the link on the "Not Passed" screen to schedule a COVID test.
Unvaccinated: 5-7 days after exposed.
Vaccinated: 3-5 days after exposed.
Both: Immediately if symptomatic.

Get tested and stay home - you may leave for testing/medical care**.

Answer all calls from GVSU to discuss quarantine and available resources.

Call the GVSU/Spectrum Health Hotline at 833-734-0020 for COVID-19 health concerns.

Work with your supervisor to make plans for remote work.

Stay in quarantine** through your release date (10 days).

Continue to complete your self-assessment every day.

Get tested if you develop symptoms.

Look for a release email from GVSU on your last day of quarantine - you may return to activities the next day.

I have COVID-19 symptoms but haven't been exposed or tested.

Isolate immediately, whether or not you're fully vaccinated - stay away from others.

Complete your GVSU Self-Assessment and report your symptoms.

Use the link on the "Not Passed" screen to schedule a COVID test as soon as possible.

Get tested and stay home - you may leave for testing/medical care.

Call the GVSU/Spectrum Health Hotline at 833-734-0020 for COVID-19 health concerns.

Work with your supervisor to make plans for remote work.

If your results are **positive**, follow steps in the "My COVID-19 test was positive" column.

If your results are **negative**, stay home until you feel better. Get tested again if symptoms develop, don't improve, or get worse.

Continue to complete your self-assessment every day.

Reduce your risk of COVID-19 and needing to quarantine by getting vaccinated.

Visit the Lakers Together website for more information and find a vaccine clinic here.

*If you are worried you may have been exposed to COVID-19 but have not been notified, please complete your self-assessment, including your last potential date of exposure. GVSU will contact you to decide if you need to quarantine.

**If you are fully vaccinated and have no symptoms, you are not required to quarantine but must follow other steps.