**Faculty/Staff COVID-19 Next Steps**

### My COVID-19 test was positive.
- Isolate immediately, whether or not you’re fully vaccinated - stay away from others.
- Complete your [GVSU Self-Assessment](#) and report your positive test date.
- If you were tested at GVSU, you will be notified by phone or on-site if your test is positive and should then take these steps.
- Get tested and stay home - you may leave for testing/medical care.
- Answer all calls from GVSU to discuss contact tracing, isolation, and available resources.
- Call the GVSU/Spectrum Health Hotline at 833-734-0020 for COVID-19 health concerns.
- Work with your supervisor to make plans for remote work, if possible.
- Stay in isolation through your release date (10 days).
- Continue to complete your [self-assessment](#) every day.
- Look for a release email from GVSU on your last day of isolation, when you’ve met criteria - you may return to activities the next day.

### I was told that I was exposed to someone who has COVID-19.*
- Quarantine now if you’re not fully vaccinated or have symptoms. Wear a mask if you’re fully vaccinated with no symptoms.
- Complete your [GVSU Self-Assessment](#) and report the last date you were exposed.
- Use the link on the "Not Passed" screen to schedule a COVID test.
- No symptoms: 5-7 days after exposed
- Symptoms: As soon as possible
- Get tested and stay home - you may leave for testing/medical care.
- Answer all calls from GVSU to discuss quarantine and available resources.
- Call the GVSU/Spectrum Health Hotline at 833-734-0020 for COVID-19 health concerns.
- Work with your supervisor to make plans for remote work, if possible.
- Stay in quarantine** through your release date (10 days).
- Continue to complete your self-assessment every day.
- Get tested if you develop symptoms.
- Look for a release email from GVSU on your last day of quarantine, when you’ve met criteria - you may return to activities the next day.

### I have COVID-19 symptoms but have NOT been exposed.
- Isolate immediately, whether or not you’re fully vaccinated - stay away from others.
- Complete your [GVSU Self-Assessment](#) and report your symptoms.
- Use the link on the "Not Passed" screen to schedule a COVID test as soon as possible.
- Get tested and stay home - you may leave for testing/medical care.
- Call the GVSU/Spectrum Health Hotline at 833-734-0020 for COVID-19 health concerns.
- Work with your supervisor to make plans for remote work, if possible.
- If your results are **positive**, follow steps in the "My COVID-19 test was positive" column.
- If your results are **negative**, complete serial antigen or PCR testing protocol. Stay home until you feel better and get tested again if symptoms develop, don’t improve, or get worse.
- Continue to complete your self-assessment every day.

### Reduce your risk of COVID-19 and needing to quarantine by getting vaccinated.
Visit the Lakers Together website for more information and find a vaccine clinic [here](#).

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*If you are worried you may have been exposed to COVID-19 but have not been notified, please complete your self-assessment, including your last potential date of exposure. GVSU will contact you to decide if you need to quarantine.*

**If you are fully vaccinated and have NO symptoms, you are not required to quarantine but must follow other steps.**