### Student Next Steps for COVID-19

#### My COVID-19 test was positive.
- Isolate immediately, whether or not you're up-to-date* - stay away from others.
- Complete your GVSU Self-Assessment and report your positive test date.
- If you were tested at GVSU, you will be notified by email if your test is positive and should then take these steps.
- Notify your RA if you live on campus.

#### I was told that I was exposed to someone who has COVID-19.*
- Quarantine now if you’re not up-to-date* and/or have symptoms.
- Quarantine isn’t required if you’re up-to-date* AND have no symptoms but you must wear a mask around others.
- Complete your GVSU Self-Assessment and report the last date you were exposed.
- Get tested for COVID:
  - No symptoms: 5-7 days after exposed
  - Symptoms: As soon as possible
- Notify your RA if you live on campus.

#### I have COVID-19 symptoms but haven’t been exposed or tested.
- Isolate immediately, whether or not you’re up-to-date* - stay away from others.
- Complete your GVSU Self-Assessment and report your symptoms.
- Get tested for COVID-19 as soon as possible.
- Stay home (except testing/medical care).
- Call the GVSU/Spectrum Health Hotline at 833-734-0020 for COVID-19 health concerns**.
- Work with professors, instructors, and/or bosses to make plans for remote work.

#### If your results are positive, follow steps in the "My COVID-19 test was positive" column.
- Call the GVSU/Spectrum Health Hotline at 833-734-0020 for COVID-19 health concerns*.
- Work with professors, instructors, and/or bosses to make plans for remote work.

#### If your results are negative, complete serial antigen testing or get a PCR test. Stay home until you feel better and get tested again if symptoms develop, don’t improve, or get worse.
- Continue to complete your self-assessment every day.

#### Reduce your risk of COVID-19 and needing to quarantine by getting vaccinated and boosted when you’re eligible.
- Visit the Lakers Together website for more information and find a vaccine site here.

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*Up-to-date = fully vaccinated AND received booster when eligible or confirmed COVID-19 infection in past 90 days (some restrictions apply).
*Your healthcare provider can also provide advice. If your symptoms are emergency-level, please call 911 for help.