



Poster Presentations

11am-12pm & 1-3pm

Pew Campus, Student Project Area, DeVos Building C

- ***Exercise is Medicine Initiative at GVSU***
Amy Gyorkos, Ph.D, Movement Science
- ***Nutrigenomics***
Amanda Zbikowski, BS
Allied Health Sciences/Clinical Dietetics
- ***Financial Fitness with Money Smart Lakers!***
Abigail Gbewonyo & Avion Silas
- ***Choices 101***
Mary Cummings, RDN, Campus Dining
- ***One Mindfully***
Elisa Salazar, Human Resources
- ***6 Things to Know about Campus Dining***
Mary Cummings, RDN, Campus Dining
- ***From the Ground Up: How GVSU is building and maintaining a healthy university***
Amy Campbell, M.Ed, CPT, Campus Recreation
Lindsey DesArmo, MPA, CPT, Human Resources
- ***Growing the Mind, Body, and Spirit through Gardening***
Youssef Darwich, Office of Sustainability Practices
- ***Wellness at Work: Small changes make impact at work and beyond: feeling good at the end of work day with a few ergonomic tips and tricks!***
Michelle Dawes, Biomedical Science
Gina Otterbein, PT, Northern Physical Therapy
- ***Doing it Right: Go Vegetarian***
Mary Bollman, MSN, RN Nursing
- ***Rehabilitation Using Horses - "Hippotherapy"***
Beth Macauley, Ph.D., CCC-SLP, HPCS
Communication Sciences and Disorders