

# Meet your Care Manager



Understanding your health can be confusing.

## We're here to help you:



Manage your conditions like asthma, hypertension and diabetes.



Connect with resources to help you be your healthiest.



Find an in-network doctor or specialist.



Navigate the health system and coordinate your care.



**Erin, RN, BSN, HWNC-BC, HNB-BC,** is passionate about helping members get the care they need to prevent and manage their health conditions.

**Contact:**

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*Available to connect over phone,  
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