

Kindness Counts Cards @ GVSU

The intent of the kindness cards is to offer an easy way to extend appreciation and compassion throughout the GVSU community. Students, faculty, staff, alumni and community members are encouraged to use the cards and spread the word!

How to use:

- **Print** – Present in person or anonymously
- **Email or text** – Fill in electronically, save, and attach to an email or text message
- **Post on social media** – Fill in electronically, snap a photo, and post to social media with the corresponding hashtag
- **U.S. Mail** – Print, handwrite your message, and send in the mail

Get started at gvsu.edu/hro/kindness

Created by the Not So Random Acts of Kindness team within GVSU's Positive Organizations community of practice.

