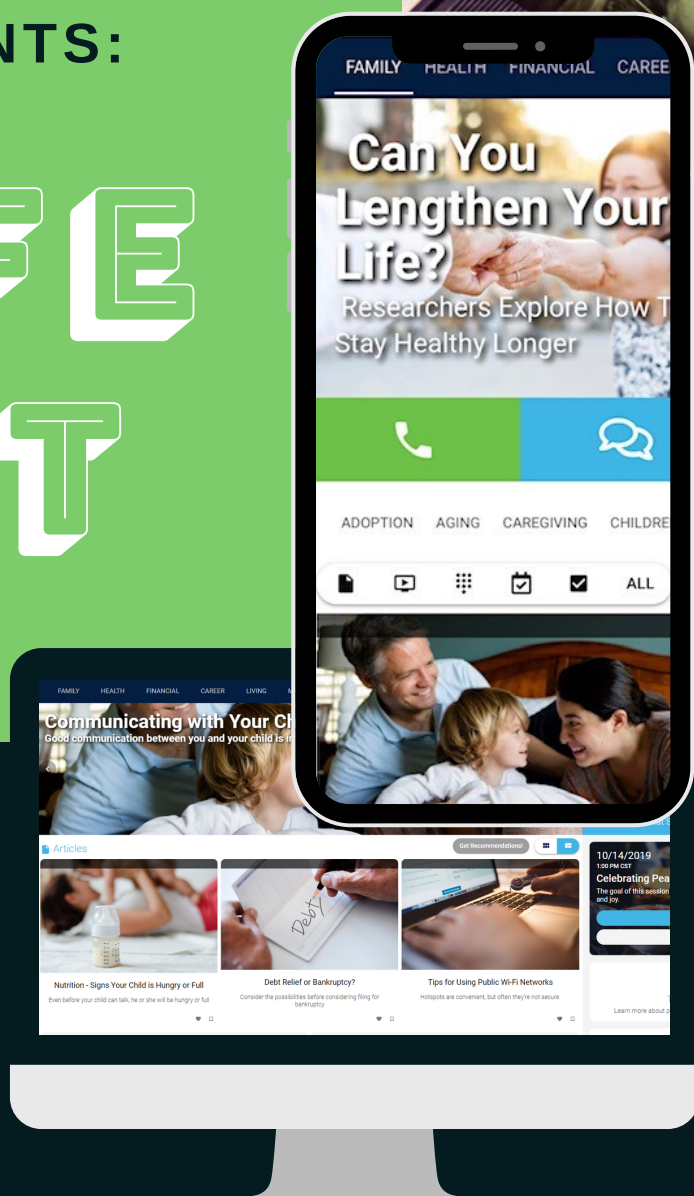




ENCOMPASS EAP PRESENTS:

MY LIFE EXPERT

CHANGING THE
GAME IN
EMPLOYEE
WELLNESS





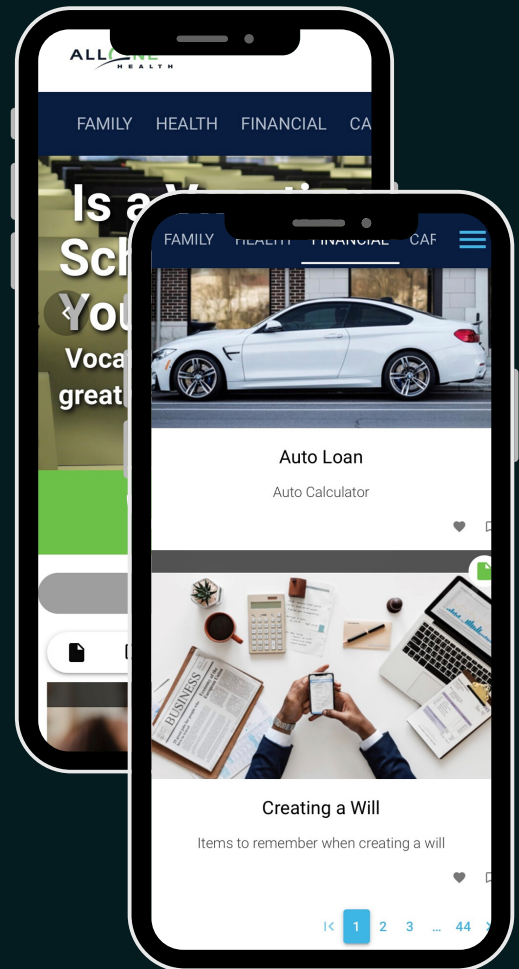
WORK/LIFE BALANCE AT YOUR FINGERTIPS

MY LIFE EXPERT ALLOWS YOU ACCESS TO:

- THOUSANDS of articles, videos, and worksheets
- Quick Health and Lifestyle assessments and surveys
- Interactive checklists
- Events Calendar for the latest webinars and online training sessions
- Your company's HR info and company-wide alerts
- Build your own Employee Profile
- 24/7 instant, confidential support

TO LOGIN, USE YOUR COMPANY CODE:

gvsuni



ACCESS YOUR FULL EAP BY CALLING:

1-800-788-8630,

DOWNLOADING THE APP BY

VISITING: **www.encompass.us.com**



GRAND VALLEY
STATE UNIVERSITY
HUMAN RESOURCES

ENCOMPASS EAP
An AllOne Health Company