

# BENEFITS & WELLNESS 2019 SURVEY RESULTS

ADMINISTERED IN APRIL 2019 TO ALL BENEFIT ELIGIBLE FACULTY AND STAFF / 891 RESPONSES / 35% RESPONSE RATE

## MANAGEMENT OF BENEFITS AND CUSTOMER SERVICE

### [ RETIREMENT ]

**73%** indicate communication they receive about GVSU's retirement plan meets or exceeds expectations\*

**57%** indicate retirement planning workshops and seminars meet or exceed expectations\*

\*Similar to 2016

**75%** report that GVSU's efforts to manage continually rising costs meets or exceeds expectations, an increase from 70% in 2016

**76%** say that customer service from Priority Health meets or exceeds expectations, up from 73% in 2016

## GENERAL

**83%**

indicated the GVSU benefits program is very important to their overall satisfaction in working and remaining as an employee at GVSU

**61%**

reported GVSU benefits are better than what other organizations offer

**90%**

indicate GVSU's plan provides good access to the health care they need (as found in both the 2016 and 2019 surveys)

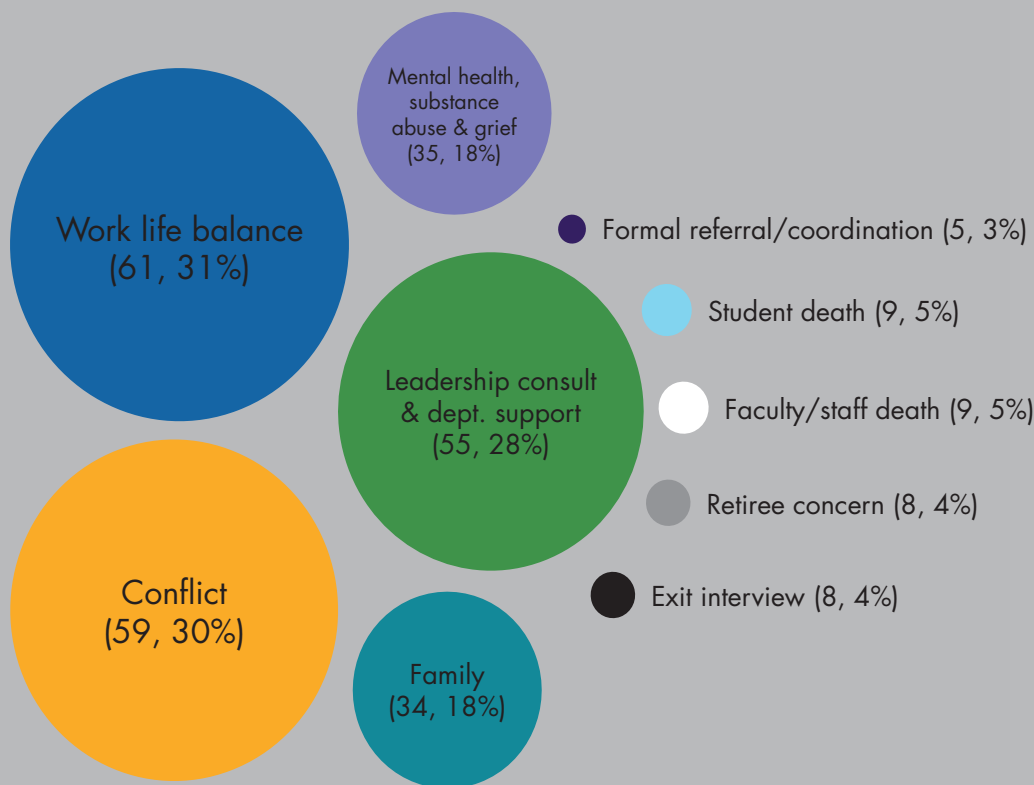
**80%**

believe their medical benefits meet expectations or are above/well above expectations, an increase from 75% in 2016

## WORK LIFE

Work Life data was tracked by the Work Life Consultant from January 1 - June 30, 2019

### [ WL PRESENTING ISSUES ]



### [ WL REFERRALS ]



## PERCEPTION OF BENEFITS INCLUSIVITY



**86%** of faculty and staff agree that GVSU benefits are inclusive and meet their needs.

## WELLNESS AND PREVENTION



**90%** feel that GVSU values their overall health and well-being



**71%** indicate they receive support from their immediate supervisor regarding their overall health and well-being



**85%** devote whatever time and effort is needed to do a job well done



**40%** have made some health behavior changes, but still have trouble following through with them



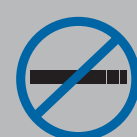
**76%** eat breakfast everyday



**88%** keep moving forward even when they encounter setbacks



**53%** exercise aerobically three or more days each week



**89%** never use tobacco

Though generally healthy, faculty and staff are less likely to report a high level of positive energy at work than the other categories. Only 34% percent of respondents indicate they start the day feeling fully rested.