



**Grand Valley State University Rowing**  
**26th Lubbers Cup Regatta**

Saturday, April 1, 2023  
Riverside Park, Grand Rapids, MI

**2023 Participating Teams:**

- Grand Valley State University Men and Women
- Brock University Men and Women
- University of Dayton Women
- University of Michigan Men
- University of Minnesota Men
- University of Notre Dame Men
- Northwestern University Men and Women

**Schedule:**

|                     |                               |
|---------------------|-------------------------------|
| 7:30 AM             | Park gates open               |
| 9:00 AM             | Coaches and Coxswains Meeting |
| 9:30 AM             | Launching begins              |
| 10:00 AM - 12:00 PM | AM Racing Session             |
| 1:00 PM - 3:00 PM   | PM Racing Session             |

Friday practice is available from 3:00 to 6:00 PM.

Park gates will be open until 7:00 PM. Overnight security will be provided

**Contact Information:**

Kyle Barnhart  
Regatta Director  
Varsity Men's Coach  
[barnhkyl@gvsu.edu](mailto:barnhkyl@gvsu.edu)  
(616) 914-6845

Troy Harding  
Interim Head Coach  
Varsity Women's Coach  
[hardintr@gvsu.edu](mailto:hardintr@gvsu.edu)  
(951) 240-0389

**Entries:**

Please submit entries using the Google sheet linked below. Enter the number of boats you are entering for each event in your team column, as well as the number of athletes you are bringing.

[Lubbers Cup 2023 Entries](#)

*Entries are due Monday, March 27 at 11:59 PM EST*

A draft schedule will be made available to all coaches for feedback by Wednesday morning, March 29. A final schedule will be made available by the end of the day Thursday, March 30.

Events for the 2023 regatta are listed below. All events will be raced twice and will be raced in this order for both AM and PM sessions. There must be at least two entries for an event to race.

Athletes may race in multiple events, but the schedule will not be modified to accommodate.

|    |                           |  |
|----|---------------------------|--|
| 1  | <b>Women's Novice 4+</b>  | Multiple entries permitted.<br>If entering more than one, must have a Women's Novice 8+ entered.                           |
| 2  | <b>Men's Novice 4+</b>    | Multiple entries permitted.<br>If entering more than one, must have a Men's Novice 8+ entered.                             |
| 3  | <b>Women's Varsity 4+</b> | Multiple entries permitted.<br>If entering more than one, must have a Women's Varsity 8+ entered.                          |
| 4  | <b>Men's Varsity 4+</b>   | Multiple entries permitted.<br>If entering more than one, must have a Men's Varsity 8+ entered.                            |
| 5  | <b>Women's 2x</b>         | Limited to two entries. Must have a varsity four or eight entered.<br>Preference is for eights and fours to take priority. |
| 6  | <b>Men's 2x</b>           | Limited to two entries. Must have a varsity four or eight entered.<br>Preference is for eights and fours to take priority. |
| 7  | <b>Women's Novice 8+</b>  | Multiple entries permitted.<br>Will add a 2N event if more than two second entries.  |
| 8  | <b>Men's Novice 8+</b>    | Multiple entries permitted.<br>Will add a 2N event if more than two second entries.  |
| 9  | <b>Women's 2V/3V 8+</b>   | Multiple entries permitted. Must enter a Women's Varsity 8+  |
| 10 | <b>Men's 2V/3V 8+</b>     | Multiple entries permitted. Must enter a Men's Varsity 8+.<br>Will split into separate events if two or more 3V entries.   |
| 11 | <b>Women's Varsity 8+</b> | Limited to one entry.  |
| 12 | <b>Men's Varsity 8+</b>   | Limited to one entry.  |

**Entry Fee:**

Entry fee is \$500 per team. Payment can be made online through the link below or a check payable to "Grand Valley State University Rowing" can be brought to the regatta. Payment must be received prior to racing.

[Entry Fee Online Payment](#)

**Racing Information:**

- USRowing Rules of Racing will generally be followed. Greg Soleau will serve as chief official.
- Teams will need to supply their own bow numbers.
- Medals will be awarded to the winning crew in each event. Men's, Women's, and Overall Team points trophies will also be awarded.

**Traffic Pattern:**

- Crews will launch from the left (downstream) side of the dock and will warm up downstream, staying away from the race course. For crews that need it, there will be a counter-clockwise warm-up area prior to the bridge. The dividing line is marked with large orange buoys. *Please exercise caution in this area.*
- Crews will proceed through the Ann Street bridge and then spin. Do not pass the railroad bridge. Marshals will bring crews up, in their lanes, through the bridge. The start line is immediately upstream of the bridge.
- Lane 1 is to the left/port side of the river. Lane 4 is to the right/starboard side.
- The course is four lanes wide, with the option for a lane 0 if needed. There are large buoys on the outside of the course at the start (yellow), 500 (red), 1000 (red), 1500 (red), and finish (yellow). Small can buoys will be placed between lanes two and three at the same intervals. The last 250 will be marked with small can buoys.
- After crossing the finish line, continue rowing so as not to drift back across the finish line. After all crews have finished, spin to starboard and proceed single file back to the dock.
- Approach the dock slowly, spinning slightly upstream of the dock so the current will carry you in.

*See maps below for additional detail.*

**Directions and Parking:**

The address for Riverside Park is 2001 Monroe Ave NW, Grand Rapids, MI 49505

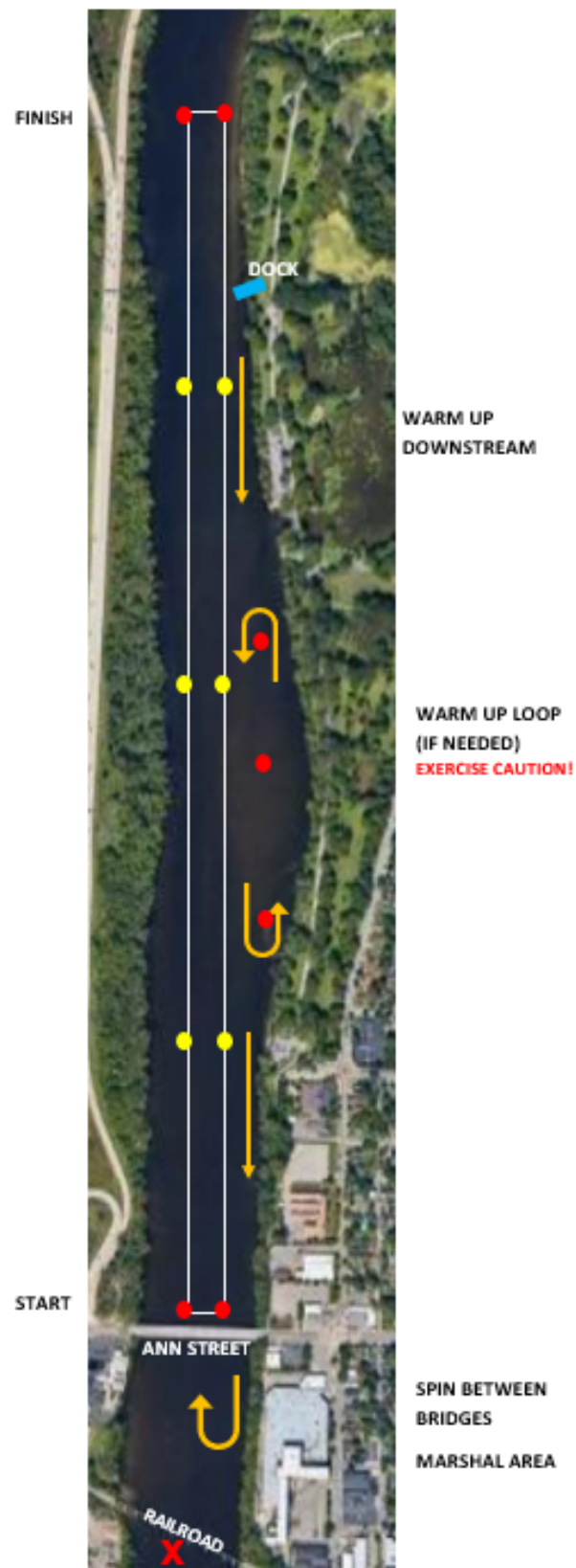
- The main park entrance is at Monroe and Guild Street - Boat Launch #2 (the above address will direct you here). Trailers will enter here and there is some athlete and spectator parking.
- Additional parking is available at the park entrance for Boat Launch #3 / Riverbend Shelter, about .9 miles north on Monroe, across from the Veterans' Home. Follow the park road all the way back to the playground.
- The walk from both parking areas to the regatta site is about 5 minutes.

*See the maps below for parking and site information.*

Site Map:



## Course Map:





## Parking Map:

