

Top Rope Anchor Details

Topics:

1. Anchoring principles
2. Anchoring materials
3. Knots
4. Basic setups

Objectives:

Upon completion, students in this workshop should be able to:

1. Identify good/ bad aspects of an anchor
2. Tie necessary knots for building anchors
3. Utilize a variety of hard and soft goods appropriately for anchor construction
4. Build a sound anchor on natural protection, pertinent for top-rope use

Difficulty/Skill Level: Novice/ Some experience strongly encouraged

Duration: **Online:** ~1 hour; **In-Person:** 2 hours