

2021 MICROADVENTURE MARCH

FOOD

CLIMB

BIKE

HIKE

HEALTHY
HABITS

SOCIAL

COOK A
MEAL
WITH A
FRIEND

VISIT
OPEN
CLIMB
WITH
FRIENDS

FINISH A
SOCIAL
GROUP
RIDE

HIKE
WITH
FRIENDS

JOIN OR
START A
WEEKLY
GROUP
HANGOUT

GROW

GROW
YOUR
OWN
VEGGIES

PLAN
A
TRIP

PUT
YOUR
BIKE ON
THE
RAPID
BUS

LEARN
THE
HISTORY
OF A
LOCAL
AREA

UNPLUG
FOR 24
HOURS

LOCAL

EAT AT
A NEW
LOCAL
PLACE

VISIT A
LOCAL
GYM
TO CLIMB

TAKE A
BIKE
SOME-
WHERE
(NOT
CLASS)

FINISH A
GRAND
RAPIDS
WALKING
TOUR

DO A
TRAIL
OR
RIVER
CLEAN-
UP

LEARN

LEARN 5
SPECIES
OF
EDIBLE
PLANTS

LEARN
TO BELAY

LEARN
BASIC
BIKE
MAIN-
TAINENCE

IDENTIFY
10 LOCAL
BIRD
SPECIES

LEARN
LNT
PRINCIPLES

PARKS

HAVE
A
PICNIC

CLIMB A
DUNE

BIKE A
LOCAL
TRAIL

VISIT A
NEW-TO-
YOU
LOCAL
PARK

VISIT A
NATIONAL
PARK,
FOREST,
OR LAKE-
SHORE

For all of your adventures, don't forget to tag **@gvsurecwell** and use both hashtags **#GVGetOA** and **#GVMicroadventure**.

gvsu RECREATION & WELLNESS
STUDENT AFFAIRS

 GRAND VALLEY STATE UNIVERSITY