

Climb Management

Topics:

1. Helmets, Tethers & Ground Anchors
2. Bailing from a lead climb
3. Cleaning a sport anchor
4. Rappelling/ Lowering
5. Reading a Route/ Fall Management
6. Simple Belay Takeover (if time allows)

Objectives:

Upon completion, students in this workshop should be able to:

1. Identify situations in which wearing a helmet is wise
2. Explain pros/ cons of ground anchors in outdoor climbing and how they might be constructed, when necessary
3. Lower from mid-climb and still get your expensive gear back
4. Safely deconstruct a sport anchor
5. Safely setup to either lower or rappel from a bolted climb
6. Identify obvious fall hazards for the climber and understand the belayers role in minimizing the risk
7. (optional)Perform a basic belay takeover

Difficulty/Skill Level: Novice/ Some experience strongly encouraged

Duration: 2.5 hours