# YOUR TRUSTED NAVIGATOR

## MEET THE EMPLOYEE OMBUDS

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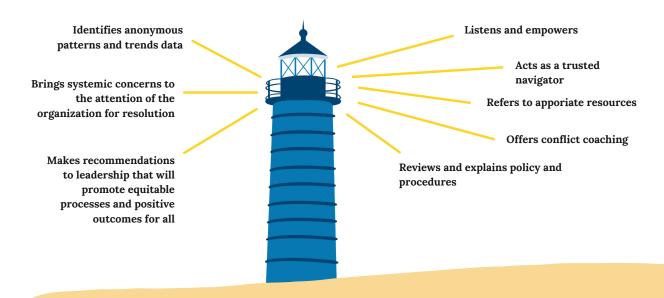


### REASONS TO REACH OUT TO YOUR

- I do not know how to proceed
- OMBUDS • I am trying to avoid escalation conflict
- · I feel unfairly or insensitively treated
- I believe that my due process rights have been violated
- I feel subjected to intimidating, bullying, or toxic behavior
- I feel, I am not being listened to
- I feel powerless
- I need coaching on dispute resolution skills
- I believe the University should improve its policies, procedures, & patterns of treatment
- I am having an issues with a colleague

#### HOW TO TELL OTHERS ABOUT THE OFFICE

Remember that working with the Ombuds is confidential, off-the-record, and voluntary. You may want to remind faculty and staff of the Ombuds Office by saying: "Did you know there is a voluntary, confidential resource for you at GVSU? She is available to act as a trusted navigator who can listen and offer options."



#### Neutral | Independent | Confidential | Informal



The Ombuds Office is like a lighthouse that shines a light in all directions and is grounded in the standards of practice. This is in alignment with the IOA standards of practice and code of ethics.

#### CONTACT ME

\*All underlined items are links



employeeombuds@gvsu.edu



616-331-8009

Virtual appointments are available.

Please do not send confidential information via email.

Office of the Employee Ombuds - Grand Valley State University (gvsu.edu)

- What an Ombuds does and does not do
- Student Ombuds

