

# NEED HELP NAVIGATING YOUR WORKPLACE CONCERNS?

The Employee Ombuds office can be your **first point of contact** or your **last resort**.

## Reach out to the Employee Ombuds if you...

- Do not know how to proceed
- Are trying to avoid escalation of conflict
- Feel unfairly or insensitively treated
- Believe that your due process rights have been violated
- Feel subjected to intimidating, bullying, or toxic behavior
- Feel you are not being listened to
- Feel powerless
- Need coaching on dispute resolution skills
- Believe the University should improve its policies, procedures, and patterns of treatment
- Are having issues with a colleague

Book an appointment



Neutral | Independent | Confidential | Informal

