

WELCOME

We are so honored that your student has chosen Grand Valley State University. Your student will join 25,000 other Lakers who collectively form a campus community designed to challenge them and help shape them into societal leaders.

The resources and services detailed in this guide will help parents and students understand opportunities that are available on campus. I hope you will get to know some of the faculty and staff members who work within departments listed in this guide; they are truly dedicated to helping students excel academically and become active, global citizens.

By choosing Grand Valley, your student has taken the first step toward becoming a Laker for a Lifetime. Students and alumni have made positive differences in Michigan, and in every community where our graduates work. I am confident that your student will soon be a part of the Laker Effect, too.



Sincerely.

Thomas J. Haas President

To make the most of this guide:

- Read the information and discuss it with your student
- Bookmark the Laker Family Network website: gvsu.edu/family

Grand Valley has published this guide in order to help inform you of the resources available to your student. We hope this will be helpful in maintaining a supportive connection with your student during their college years.

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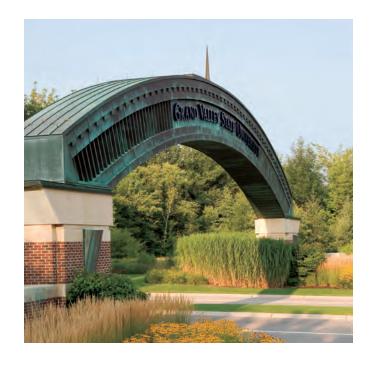
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The Family Guide is produced by the Promotions Office, a part of the Office of Student Life. They are a creative team of students and full time staff who promote campus events and more through graphic design, printing, posting, social media, photography, and film/video services.

Learn more at gysu.edu/promotions.

This year's Guide was designed by Olivia Nelson a student, in collaboration with Institutional Marketing, and printed through a local vendor.



LAKER FAMILY NETWORK

Welcome to Grand Valley! The Laker Family Network is the parent/family resource for supporting student success in partnership with the university.

Families have an opportunity to build relationships with the university by attending events, volunteering, or serving in leadership roles on the Laker Family Advisory Committee. Families also support the university by making gifts to the Grand Valley Fund, attending sporting and performance events, and connecting on social media.

Supporting a college student is a transitional role for parents and family members. Roles shift from daily monitoring to weekly mentoring. Here are some recommendations to help your family through this transition.

AGREE HOW YOU WILL COMMUNICATE: Will you text, Skype, email, or call? How often? Find what works best for you and your student and be clear about expectations. If you are connected with your student on social media, consider a discussion about ground rules to avoid over-communicating.

TALK ABOUT ACADEMICS, FINANCES, BELONGING, WELLNESS, AND SAFETY: Each

family has different circumstances and students have different needs. Be a partner in your student's college experience by discussing these five topics and using resources shared today, in this guide or online (gvsu.edu/family) to help your student connect with the appropriate campus resources. Make sure your student attends the required fall orientation program, Transitions: New Student Orientation (gvsu.edu/orientation). Other beneficial events for new students are Laker Welcome Events and Campus Life Night. These programs are designed to provide intentional opportunities to build community and to share valuable information with students as they acclimate to life as Lakers.

PLAN TO LISTEN: While college can be a wonderful experience for students, it can also be a very challenging: a time of new freedoms, new opportunities, new responsibilities, and new friendships. Because you have always been there, know that you will likely remain the "goto" person when your student experiences joy or disappointment. When things go wrong, calmly listen to their frustration and give them an opportunity to create a solution. Ask, "What do you think your next step should be?" or, "Which campus resource do you think is the best for this situation?"

EMPOWER: Whether this is your first student attending college or your third, the experience

varies from student to student. The college experience is intended to further student growth and development, and it may take some time to determine some essential skills that will benefit your student. Growing into a mentoring relationship with your student may not always be easy, but learning to respect and value each other in new ways can strengthen your bond even more.

You have helped shape the foundation of your student's life. For that, we are grateful to you; and we look forward to getting to know you and your student, and being a part of what's next! Go Lakers!

Recommended Resources

There are many great books that can help you and your family in the transition from high school to college. Fellow Grand Valley parents suggest:

- The Happiest Kid on Campus by Harlan Cohen (for parents) or The Naked Roommate, also by Harlan Cohen (for students)
- Letting Go by Karen Levin Coburn and Madge Lawrence Treeger
- You're On Your Own (But I'm Here If You Need Me) by Marjorie Savage
- 1001 Things Every Teen Should Know Before They Leave Home or 1001 Things Every College Student Should Know, both by Harry H. Harrison, Jr.
- The iConnected Parent by Barbara K. Hofer
- How to Raise an Adult by Julie Lythcott-Haims

Learn More

Visit gvsu.edu/family for more information.

ABOUT GRAND VALLEY

Mission

Grand Valley State University educates students to shape their lives, their professions, and their societies. The university contributes to the enrichment of society through excellent teaching, active scholarship, and public service.

Vision

Grand Valley State University demonstrates its commitment to providing an inclusive learning environment where all students can explore new directions, find their niches, and develop skills for life and productive careers. Grand Valley is known for increasingly innovative and outstanding teaching, recognized scholarship, significant community engagement, and excellent stewardship of its resources. Our university inspires and equips students to be active lifelong learners and global citizens. Grand Valley strives to be a model public university shaping leaders for success.

Value Statements

At Grand Valley, we value:

- Excellence
- Integrity
- Inquiry
- Inclusiveness
- Community
- · Sustainability
- Innovation



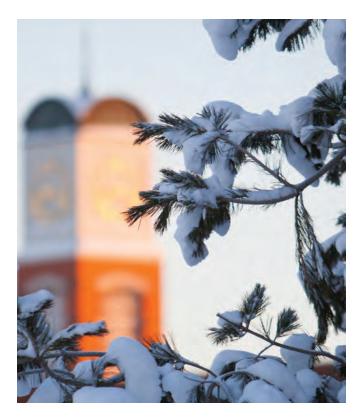
Learn More

Visit gvsu.edu/strategicplanning for more information.

Grand Valley is proud to have eight colleges offering more than 100 undergraduate, graduate, and doctoral degrees:

- Brooks College of Interdisciplinary Studies
- College of Community and Public Service
- College of Education
- College of Health Professions
- College of Liberal Arts and Sciences
- · Kirkhof College of Nursing
- Seidman College of Business
- Seymour and Esther Padnos College of Engineering and Computing





LIBERAL EDUCATION

A strong liberal education serves as the foundation for Grand Valley Valley's wide array of undergraduate and graduate programs. The university is committed to providing your student with a broad educational experience that integrates liberal learning with preparation for a career or profession. Liberal education begins with encountering the great ideas of diverse traditions in the humanities, visual and performing arts, natural and social sciences, and mathematics, and is an essential part of all of professional programs. Grand Valley values the liberal ideals of critical thinking and preparing students for lifelong learning. The practice of liberal learning develops the skills of inquiry and reflection, which guide students to think for themselves, gain selfknowledge, and make ethical judgments. Such learning can inform individual and collective actions and prepare your student for the responsibility of local, national, and global citizenship.



George Grant, Jr., Ph.D., Dean College of Community and Public Service

Never be afraid to ask questions. Knowledge comes from taking risks



FERPA 101

The Family Educational Rights and Privacy Act of 1974 (FERPA) also known as the Buckley Amendment, helps protect the privacy of student records. Under FERPA eligible students have the right to inspect and review their education records; seek amendment of any records believed to be inaccurate; consent to disclosure of education records except to the extent that FERPA authorizes disclosure without consent; and to file a complaint with FPCO concerning potential violations. FERPA applies to students who are currently (or formerly) enrolled in higher education, regardless of age or status. Grand Valley provides all students with full access to their records either in person or by use of the university website.

FERPA identifies college students as adults responsible for determining who may receive information about them. While guardians/parents understandably have an interest in a student's academic progress, they are not automatically granted access to a student's records without written consent of the student. Students can provide view access to their online records using the Guardian/Family Access tab in myBanner. Guardians/Parents are encouraged to consult with the student if academic information is needed.

Learn More

Refer to the FERPA guidelines available on the Registrar's website at gvsu.edu/registrar for more information.

LAKER LEARNING AND SUCCESS

Tutoring Center

The Tutoring Center provides scheduled tutoring for many 100- and 200-level courses. Students can request a scheduled tutoring session and meet weekly for one-hour sessions in small group settings. Tutoring is provided by trained peer tutors who have successfully completed the course and received recommendations from faculty. Tutoring assistance is free and open to all students. The Tutoring Center also offers walk-in tutoring support for science courses.

Chemistry Success Center (CSC), Math and Statistics Centers

These drop-in tutoring centers offer free, ondemand help for math, statistics and chemistry courses. Tutoring support is provided by faculty and student tutors. Students may use these services without appointments any time they need clarification or have questions related to their coursework.

Structured Learning Assistance (SLA)

SLA is an embedded tutoring support option available for many typically challenging courses. Students in SLA courses are provided weekly study and practice workshops to review course content and develop specific learning strategies for the course. The workshops are led by successful upper-level students, who, in collaboration with the professor, develop workshop materials.

Michigan Authors

The Fred Meijer Center for Writing and Michigan has offices on the Allendale and Pew Grand Rapids campuses and provides help with writing for any course, at any stage of the writing process. The center's well-trained peer consultants can help students brainstorm ideas, organize content, integrate research, polish a draft, and correctly document sources. Drop-in times are available, as well as scheduled appointments.

Learn More

TUTORING CENTER & SLA

Visit gvsu.edu/tc for more information.

WRITING CENTER

Visit gvsu.edu/wc for more information.

ACADEMIC COACHING

Visit gvsu.edu/sasc for more information or to make an appointment.





Peer Academic Coaching

A Peer Academic Coach (PAC) is a trained undergraduate student who assists first-year students one-on-one as they navigate their academic program. The PAC can help with a variety of topics, including time management, study strategies, procrastination and test-taking strategies.

Academic Coaching Consultations

These one-on-one consultations with a professional coach will assist students to assess barriers to their academic success, and to develop a success plan that may include academic coaching, learning strategies or getting referrals to other university resources.



Anne L. Hiskes, Ph.D., Dean Brooks College of Interdisciplinary Studies

explore other cultures and the diversity of human experience through coursework, community-engagement, and study abroad. GVSU has so many excellent opportunities for transformative growth in these areas, growth that is relevant for careers and life in general.



UNIVERSITY LIBRARIES

Grand Valley University Libraries have the resources and research services your student needs to succeed.

Liaison Librarians

There is a Liaison Librarian for each major at Grand Valley. Each liaison has expertise with the subject and understands the specific information needs of its majors. Liaison Librarians also support students by visiting classes to teach about research and available resources. All Liaison Librarians help students develop research questions, identify research strategies, evaluate the usefulness of specific sources, and find relevant and reliable information and data online. Liaison Librarians are available in person, by email, or by telephone.

Knowledge Market

The Knowledge Market is a program uniquely designed to bring peer consultants from the Libraries, the Writing Center, and the Speech Lab into one space to work with students. Students get one-on-one or small group help developing research strategies, honing writing skills, or polishing presentations. Students can drop in or make an appointment at the Mary Idema Pew or Steelcase Libraries.

Data Inquiry Lab (DIL)

Students can get help with quantitative data management, analysis, and visualizations. From workshops, and in-classroom demonstrations to one-on-one consultation, the lab's purpose is to develop practical skills of students, faculty, and staff members. Located within the Knowledge Market of the Mary Idema Pew Library and Learning Information Commons, students can drop in, schedule an online consultation, or make an inperson appointment.

The Technology Showcase

The Technology Showcase in the Mary Idema Pew Library provides an immersive and engaging environment to interact, discover, and learn how innovative technologies can improve student learning.

Service Desk

At their point of need, students can drop in, chat online, text or tweet questions to our knowledgeable library staff.

Learn More

Visit gvsu.edu/library for more information.

LIBRARY SPACES

Our libraries accommodate the mix of social and academic learning that students prefer, but in an enriched environment that challenges their thinking, accommodates their needs for comfort and community, and provides seamless support services for their assignments.

The Mary Idema Pew Library Learning and Information Commons on the Allendale campus provides an unprecedented array of spaces, furnishings, technology and services to support academic work and the development of skills your student will need to succeed during college and beyond. Seidman House, also on the Allendale campus, houses rare and archival materials for students to use in their research; overlooking the ravines, it is also a favorite quiet study space for students during weekdays.

Three locations on the Pew Campus offer spaces and services to support students located in downtown Grand Rapids. Students will find friendly staff and resources at Steelcase Library, the Curriculum Materials Library located in the Richard M. DeVos Center, and at the Frey Foundation Learning Center in the Cook-DeVos Center for Health Sciences.

In addition to a full suite of student support services, your student will have access to the following:

- A wide variety of study spaces to support both group and independent work
- Late night hours varied by location with extended hours during final exams
- Laptops and other equipment available for checkout at some locations
- Windows and Macintosh computers, printers, scanners and a variety of productivity software at most locations.
- Fast, easy ways to request materials from other libraries, including delivery to email
- On-site IT support available at the Mary Idema Pew Library
- Media and real-time programming to engage your student in diverse learning experiences beyond the classroom
- Study rooms with large digital displays and laptop connectivity designed for group collaboration at some locations
- Robust wireless network that also provides wireless printing from personal mobile devices (laptops, tablets, and phones)
- University Libraries employs over 100 students in a variety of student jobs. There are also opportunities for internships.

LIBRARY COLLECTIONS AND RESOURCES

- More than 1 million electronic books
- Hundreds of electronic databases
- Over 500,000 printed books
- 70.000 print and electronic journals

Using our resources will help your student do better work. We invite you to stop by when you are on campus.



Annie Bélanger, MLIS, Dean University Libraries

"It can be said that the libraries are the place where it is quiet enough to hear yourself become who you will be and at times loud enough to know that you are not alone in this journey.

TOOLS FOR ACADEMIC SUCCESS

MyPath

The myPath tool is designed to assist your student to prepare and track academic progress toward graduation. It encompasses both a degree analysis audit and an educational planner.

Your student can use myPath to produce a user-friendly degree audit. It also provides clearly defined information for selecting coursework, understanding degree requirements, and developing an educational plan.

Your student can access myPath online by logging into myBanner, selecting the "Student" tab, then "Student Records," then "myPath."

The "What If" function allows your student to hypothetically change their degree, catalog year, major, minor, or emphasis.

- Coursework required for the new major, minor, or emphasis
- Previously taken courses that are applicable to the new requirements
- Courses that still must be taken

Note that "What If" does not change the major/minor. To declare a major, your student must go through the major declaration process in myBanner.

Students should review myPath throughout the academic year or after the following instances:

- Registering for classes
- Making changes to his or her schedule (drop/add)
- Receiving final grades
- Declaring, adding, or changing a major
- Applying for graduation

The myPath tool will verify that courses registered in the current and future semesters or the final grades will satisfy specific requirements toward your student's degree.

The Planner tab assists your student with planning courses to complete their desired program. Audits and planning blocks can be viewed on one screen. Your student can drag and drop courses into future semester blocks and type courses directly into planner boxes. Courses should be entered as they appear in the catalog, for example, CHM 115, not Chemistry 115.

The audit will outline the courses needed to meet degree, major, minor, and/or emphasis requirements within each specific block. Your student can use information during discussions with an academic advisor.

Learn More

Visit gvsu.edu/registrar/mypath for more information.





Prepare for a Grand Finish

The less time a student spends in college, the less money is spent on their degree. Let Grand Valley help your student focus on the finish.

When a student completes 90 credit hours within three years of enrollment, Grand Valley will pay them \$1,000 over their next two semesters of study — an early graduation gift. Dual enrollment, advanced placement, and international baccalaureate credits earned prior to your first semester at Grand Valley count toward the 90 credit hour requirement, speeding a student's time to graduation.

Transfer students can get a \$500 grant after earning 90 credit hours, with an average of 30 credit hours per year at Grand Valley in the year(s) following their transfer.

Learn More

Visit gvsu.edu/grandfinish for more information.

Stay Focused

The Grand Finish grant was created to assist and inspire the largest number of students possible. Students in all Grand Valley programs are eligible. Encourage your student to remain in good academic standing and make the required progress toward graduation. If your student is experiencing difficulty, they can get back on track with summer classes. More than 2,650 students received the Grand Finish in 2016-2017. Of the 2017 graduates who earned a degree in four years or less, 35 percent had no debt.

Advising and support tools are posted online to further ensure their timely academic achievement.



Barry Kanpol, Ph.D., Dean College of Education

Welcome to Grand Valley State University. Please encourage your GVSU student to take advantage of our exceptional advising services as soon as possible. Getting off to a good star is a critical first step to the successful completion of a degree program at GVSU.

ACADEMIC ADVISING

Advising is an integral part of your student's college education. The advising process establishes a collaborative relationship between your student and an advisor in which the student feels a sense of connection, support, and guidance. Effective advising is developmental. It responds to, and creates, growth and change within the student. Advising encourages students to think critically, seek out resources, and develop action plans. It provides students with the information and encouragement they need to take personal responsibility for exploring options and making decisions. Ultimately, advising will allow your student to achieve a meaningful and successful educational experience.

Student's Role and Responsibilities In Advising

- 1. Consider academic and career goals
- 2. Write list of questions before each advising session
- 3. Initiate contact with a faculty advisor and/or advising center
- 4. Actively participate in advising sessions
- 5. Ask questions if unsure of a policy or procedure
- 6. Know the academic calendar and do not miss deadlines
- 7. Know when to register and drop or add courses
- 8. Schedule courses that are consistent with educational goals and will meet degree requirements
- 9. Accept responsibility for making final decisions on academic choices

Learn More

Visit gvsu.edu/advising for more information.

FAQ Regarding Academic Matters:

Am I allowed to call and ask questions about my student's class performance?

According to FERPA (Family Educational Rights and Privacy Act of 1974) faculty and staff cannot discuss your student's academic records unless your student grants written permission for disclosures by designated university employees (faculty or administrators). Steps on how your student can grant access can be found on the Registrar's Web page in the section for Parents.

What happens if my student is late paying for tuition?

If a student does not pay for tuition on time they will be dropped from all registered courses effective immediately following the payment deadline. Payment after the deadline does not guarantee a student a seat in the classes previously registered for; they will have to enroll in classes that still have available seats.

What happens if my student misses an exam?

While attendance policies can be class and instructor specific, GVSU students are expected to attend class, to turn in work on the scheduled due date, and to take all exams at the scheduled date and time. If a student misses class for an illness or for a family emergency, documentation may be required prior to an opportunity to discuss accommodations. Faculty are not expected to provide opportunities to make up exams or class assignments for unexcused absences. In particular, your student is expected to take the final examination on the scheduled day and time, so please consider your student's exam schedule when planning family vacations.

What happens if my student chooses to retake a course previously completed?

A student may repeat any course one time. The grade for the second attempt will be the grade on record and will be figured into their grade point average, but all course attempts will remain on the official transcript. Repeating a course more than once is only allowed by the approval of the student's academic advisor and the department, and will generally only get approved for classes that are not in the student's major field of study.

ADVISING CENTERS

CLAS (College of Liberal Arts & Sciences)

C-1-140 Mackinac Hall, Allendale (616) 331-8585 advstu@avsu.edu

Exploratory/ Undecided Adverstising & Public Relations Anthropology

Art - Studio Art Art Education Art History

Athletic Training

Behavioral Neurosciences

Biochemistry

Biology

Biomedical Sciences Cell & Molecular Biology

Chemistry

Classic-Greek/Latin
Communication Studies
Comprehensive Science/Arts
for teaching – Elem Spanish
Comprehensive Science/Arts
for teaching – Special Education

Dance

Earth Science

English

Exercise Science

Film & Video

French

Geography and Planning

Geology

Geology/Chemistry

German

Health Communication

History

Integrated Science

International Relations

Mathematics

Multimedia Journalism

Music

Natural Resource Management

Philosophy Photography

Physical Education- Prof. Instruction or Sport Leadership

Physics

Political Science

Psychology

Social Studies

Sociology

Spanish

Statistics

Theater

Writing

College of Community and Public Service

321C Richard M. DeVos Center, Grand Rapids (616) 331-6890 ccpsadvisor@gvsu.edu

Criminal Justice Hospitality & Tourism Management Legal Studies Public & Nonprofit Administration Social Work

College of Education

401C Richard M. DeVos Center, Grand Rapids (616) 331-6650 coeserve@gvsu.edu

Elementary Education Secondary Education Special Education

Seymour & Esther Padnos College of Engineering and Computing

101 Eberhard Center, Grand Rapids & C-2-208/210/212 Mackinac Hall, Allendale (616) 331-6025 pcecadvising@gvsu.edu

Computer Engineering
Computer Science
Electrical Engineering
Information Systems
Interdisciplinary Engineering
Mechanical Engineering
Occupational Safety &
Health Management
Product Design & Manufacturing
Engineering

College of Health Professions

113 Cook-DeVos Center for Health Sciences, Grand Rapids (616) 331-5900 chpss@gvsu.edu

Allied Health Sciences
Clinical Dietetics
Cardiovascular Sonography
Diagnostical Medical Sonography
Health Information Management
Histotechnology
Medical Laboratory Science
Physical Therapy
Physician Assistant
Radiation Therapy
Respiratory Care
Speech Language Pathology
Therapeutic Recreation

Kirkhof College of Nursing

328 Cook-DeVos Center for Health Sciences, Grand Rapids (616) 331-7160 kcon@gysu.edu

BSN- Nursing & Pre-nursing RN to BSN and 2nd degree BSN

Brooks College of Interdisciplinary Studies

133 Lake Michigan Hall, Allendale (616) 331-8200 brooksadvising@gvsu.edu

Area and Global Studies African/African American Studies Chinese Studies Digital Studies Fast Asian Studies **Environmental Studies** Global Studies and Social Impact Human Rights Intercultural Training Certificate Latin American/Latino/a Studies LGBTQ Studies Liberal Education and Professional Skills (LEPS) Certificate Liberal Studies Middle East Studies Religious Studies Sustainable Food Systems Certificate Women, Gender, and Sexuality Studies

Seidman College of Business

1041 L. William Seidman Center, Grand Rapids (616) 331-7500 go2gvbiz@gvsu.edu

Accounting
Business Economics
Economics (BA/BS)
Entrepeneurship
Finance
General Business
General Management
Human Resource Management
International Business
Management Information Systems
Marketing
Operations
Supply Chain Management

BLUEPRINT FOR STUDENT SUCCESS

These pages introduce the four-year Blueprint for Student Success. The items noted include aspects of curriculum and co-curriculum, campus traditions, as well as learning outcomes noted in "Learning Reconsidered" and AAC&U's Liberal Education and America's Promise (LEAP). A Grand Valley education is characterized by programs that challenge, support, and engage students in their academic experience.

Challenge

Your student will be challenged both inside and outside the classroom as they learn the value of liberal education. What is expected academically of your student will be clearly communicated.

Support

Support is available to your student personally, academically, and professionally through leadership opportunities, academic support services, and a wide variety of programs.

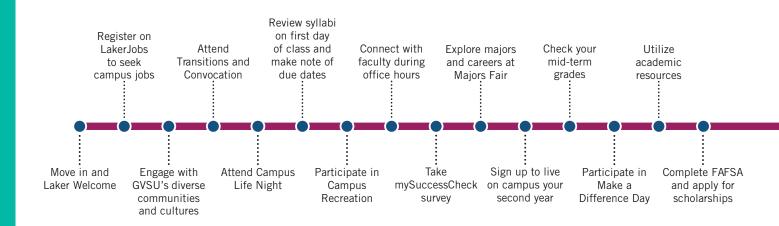
Engagement

Your student will be encouraged to engage in both curricular and co-curricular aspects of their education and by opportunities like internships, service learning, and off-campus programs, as well as by building relationships with faculty members.

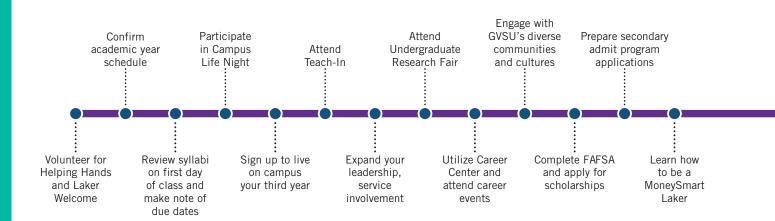
Learn More

Visit gvsu.edu/advising, under the "Blueprint for Student Success" button for more information.

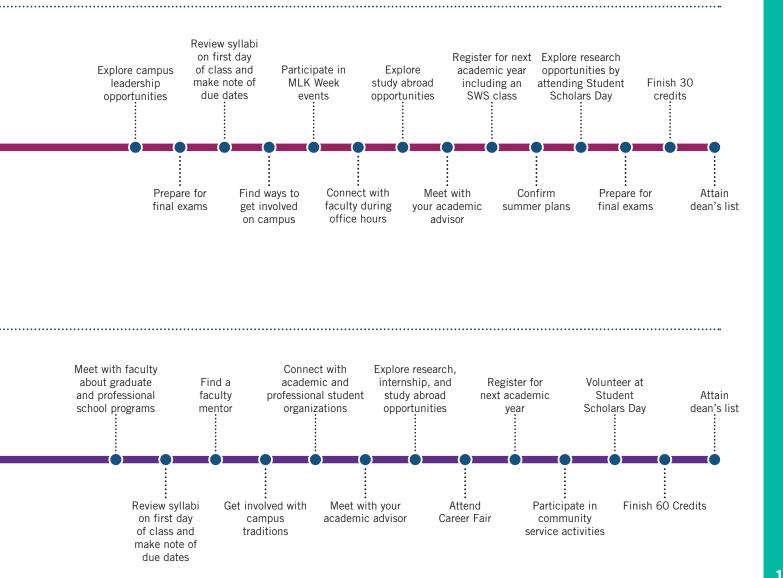
FIRST YEAR Personal Transition Into College



SECOND YEAR Exploration of the College Community



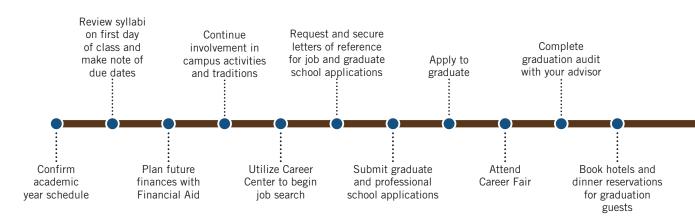




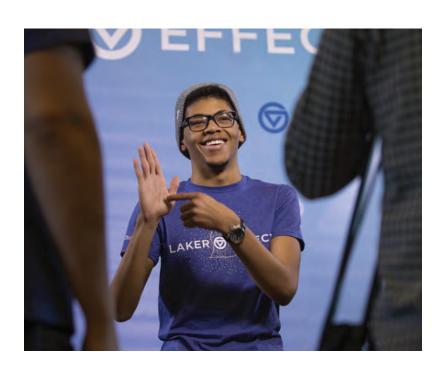
THIRD YEAR Involvement in the Larger Community

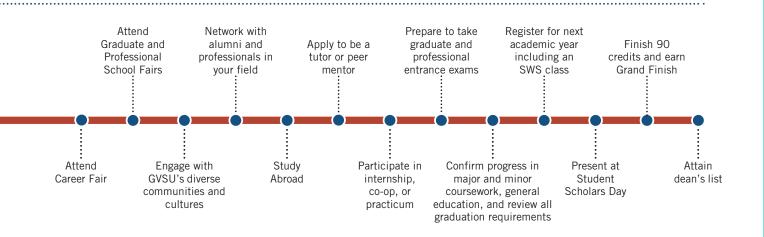


FOURTH YEAR Transition to Career









Update resume Network with Present at Present research and job search Complete professionals and Student at a national Attend portfolio grad survey Scholars Day meeting Commencement employers Participate in Attend GradFest Post photos of Learn about your Carry on the Mentor internship, successors in and Toast your favorite membership in Laker for a with T Haas Grand Valley Lifetime tradition co-op, or leadership roles places on practicum Alumni Association campus





- Stay Informed
- Get Involved
- Give Back
- Laker Pride

STUDY ABROAD

The Barbara and Stuart Padnos International Center facilitates study abroad programs for Grand Valley students. Study abroad is a unique opportunity for students to earn credit towards their degree in another country on programs ranging from two weeks to a full year. More than 800 Grand Valley students complete a study abroad program each year, with most students identifying their time overseas as one of the most impactful experiences of their college career.

Why Study Abroad?

- Intercultural communication skills
- Knowledge of other cultures
- Experience in an international academic/work/ social environment
- Ability to work in diverse teams
- Foreign language experience
- Maturity, flexibility, and independence

Cost and Funding

Study abroad program costs vary depending on the program. While some programs are similar in cost to a semester at Grand Valley, others are more or less expensive. There are about 15 study abroad programs that may save students money when compared to the cost of a semester at Grand Valley. Students can use financial aid, scholarships and grants to help fund their study abroad.



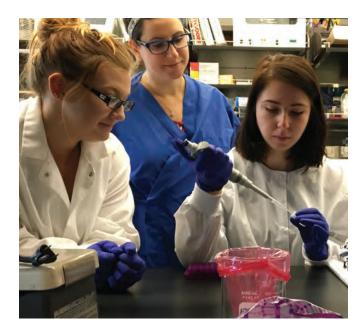
Safety Abroad

Student health and safety is the Padnos International Center's highest priority. The majority of study abroad programs have on-site support for students. PIC staff members regularly monitor the latest travel warning information from the U.S. Department of State and have protocols in place should a crisis occur. More than 300,000 U.S. students earn credit abroad each year, and the vast majority have a wonderful and safe experience.

Learn More

Visit gvsu.edu/studyabroad, contact the Padnos International Center at studyabroad@gvsu.edu, or visit 130 Lake Ontario Hall during office hours for more information.





RESEARCH AND SCHOLARSHIP

The Office of Undergraduate Research and Scholarship (OURS) offers a variety of opportunities and resources for undergraduates to pursue creative work, scholarship, and research in various disciplines under the direction of a faculty mentor. These opportunities will enrich academic experiences for students and challenge them to strengthen their critical, analytical, and writing skills. Students who participate in these opportunities will gain a competitive edge when applying to graduate schools and jobs post-graduation.

OURS programs and staff members support all aspects of the research and creative process including connecting with research faculty members, fellowships for conducting summer research, and travel grants to attend academic conferences and exhibits.

FELLOWSHIPS

The Frederik Meijer Office of Fellowships assists students who show extraordinary potential in disciplines all across campus in preparing and applying for nationally competitive scholarships and fellowships. Staff members match opportunities with students' strengths, interests, and ambitions; help students design a plan to attain their goals; and provide support throughout the application process. First year students are encouraged to prepare and plan ahead.



Learn More RESEARCH AND SCHOLARSHIP

Visit gvsu.edu/ours for more information.

FELLOWSHIPS

Visit gvsu.edu/fellowships for more information.



Cynthia A. McCurren, Ph.D., Dean Kirkhof College of Nursing

As parents, it is important to acknowledge that students will have success but also disappointment during this new journey into campus life. As a university, we want parents to be involved to encourage and congratulate your students, and also help pick them back up when things do not go well. What is the best way to help? Support your student to solve issues, but do not attempt to solve them yourself.

LAKER SUPPORT

Grand Valley offers numerous services to each student that help them develop and grow as a student and an informed citizen. Learn about the many resources available to your student while they attend Grand Valley.

CAREER CENTER

The No. 1 reason incoming students cite for enrolling at Grand Valley is to prepare for their future careers. Whether your student is confident, comfortable, or undecided with their major/career decisions, connecting early and often with the Career Center makes sense. The first year is the perfect time for students to begin building an individualized career plan, which will help lead to career success upon graduation.

Grand Valley has many resources to help your student get started:

Me-Search

The old adage of going to college to find yourself is partially true; knowing who you are is a great foundation for building a career plan. Grand Valley offers a variety of career assessments, opportunities to explore interests and passions, and exploratory coursework through general education. **US 102** is a career exploration course designed for undecided students to identify their interests, passions, and values and how they relate to majors and careers.

Get started at home with **Focus II**, an online, personalized career and educational planning tool that provides a complete picture of your student's interests, values, personality, skills, and leisure activities through assessments and interest inventories. After assessing personal attributes, the system searches its career and occupational information database to identify and analyze occupations and career paths that match personal characteristics.



Roy Olsson, Ph.D., Dean College of Health Professions

to begin; there will be pitfalls and great accomplishments. Be encouraging while allowing them to stand on their own.

Explore the World of Work

Majors Fair, Career Fairs, Grad Fair, informational interviews, and job shadows are just a few ways Career Center staff members help students connect to the world of work and explore the possibilities. Interaction within an industry, company, or field gives students perspective on work environments, valued skills, and pathways to employment.

Get Experience

On campus employment, summer jobs, volunteer positions, and internships are great ways to cultivate work-related skills and put to practice the education your student is learning. Additionally, 80 percent of internships lead to full-time employment offers!

All opportunities can be found on LakerJobs. This free, online job search tool is a partnership with Grand Valley employer partners to bring students part-time and full-time career opportunities. New opportunities are posted daily; your student can visit gvsu.edu/lakerjobs to get started.

Make Connections

About 75 percent of jobs, especially entry-level positions, are filled through networking. The Career Center has dedicated resources to help your student discover and nurture local, regional, and national employer connections.





Important Questions to Ask

Parents and families play a critical role, helping their student in the career development process, by asking questions about career choice and implementation.

Some questions to ask: What are you good at? What do you like to do? What are your interests, passions, and values? What are your skills and abilities? What are ways you can gain experience on campus? What did you learn about yourself from volunteering/attending an event/working on campus/doing research? Have you visited the Career Center website? Made an appointment with a Career Advisor? Attended a career event? Met with a faculty member?

Do you know about the world of work? Have you talked with a professional in your field of interest? Job shadowed to see what work is like? As it relates to your career, where do you want to go? How will you get there? Do you have short and long term plans related to your future? Have you considered using Career Center as a planning resource?

There are no right or wrong answers to career questions. Only individual answers; answers that may change through education, new experiences and engaging the world of work.

Learn More

Visit gvsu.edu/careers for more information.

UNIVERSITY COUNSELING CENTER

Located in the Student Services Building, the mission of the University Counseling Center is to enhance the healthy development of our diverse campus community through prevention and education, psychological services, and consultation.

Counseling Services

The University Counseling Center is staffed by a diverse team of professional counselors committed to the well-being of students and the campus community. Counselors and students work together to determine the best course of treatment, which may include individual counseling, group counseling, or referral to a community provider. Student concerns that might benefit from counseling are varied, but can include feelings of anxiety or depression, use of drugs or alcohol,

Individual sessions are limited per center policy. General therapy and skills groups are available weekly and offer both professional and peer support to students experiencing a wide range of personal concerns. Additionally, outreach workshops and events are scheduled throughout the year to provide students the knowledge and resources necessary to maximize their emotional and physical health.

Appointments

The center offers counseling at both the Allendale and Pew Grand Rapids campuses. Students may make appointments for either location by calling (616) 331-3266 or visiting the Allendale Campus office in 204 STU during business hours.

Fees

Counseling services are free to currently enrolled students. Psychological testing and other evaluation and documentation services are available for a fee.

Accreditation and Licensure

The University Counseling Center is accredited by the International Association of Counseling Services. Members of the professional staff who provide mental health services are appropriately licensed in their respective fields. The center also employs a number of doctoral and master-level interns, each of whom is supervised by a licensed clinician. Its doctoral internship program is accredited by the American Psychological Association.

Confidentiality

University Counseling Center services are confidential, with the following exceptions:

- Clear and imminent danger to self or others
- Disclosure of the abuse or neglect of a child or vulnerable adult
- · A court order for records
- Written permission by the client

Due to confidentiality, the center is unable to disclose a student's client status or information related to services that a student has received.

ACES

The Alcohol and Other Drugs Campus Education and Services (ACES) office provides information and support to students regarding alcohol and other drug issues. Substance use has a potential negative effect on student health, academic success, and career goals. ACES helps students learn to make responsible choices through a range of services, including prevention and education programs, non-court ordered counseling services, and recovery support. Students are educated that substances do not need to be at the center of one's college experience.

ACES also hosts daily 12-step meetings for students who may be starting a period of abstinence, are court-ordered to attend, or have a desire to stop drinking or using other drugs. In addition, ACES provides non-court ordered (or required) recovery coaching, limited individual counseling, and a substance abuse group to help support students in making a change or maintaining their abstinence.

Grand Valley takes alcohol and other drug issues seriously and enforces local, state, and federal laws. ACES helps students to be aware of health and safety issues, as well as consequences related to alcohol and drug use (MIP, DUI, Hosting and Furnishing to Minors, drug possession and use, etc.). Programs and materials are offered in a safe and non-judgmental environment.

Learn More

UNIVERSITY COUNSELING CENTER

Visit gvsu.edu/counsel for more information.

ACES SERVICES

Visit gvsu.edu/aces or call (616) 331-2537.

INFORMATION TECHNOLOGY SUPPORT

Students at Grand Valley have access to the latest in computer technology to prepare them with essential skills to succeed.

Resources include:

- Secure high-speed, campus-wide network
- Library access
- Computer labs/classrooms and kiosks
- Information Technology Help Desk
- Technology Showcase, an interactive and engaging environment to discover, learn, and share how innovative emerging technologies can enhance teaching and improve student learning
- Web and Mobile Services

Computer Accounts

All students have a single computer account that allows access to specific applications or services pertaining to technology. The following are provided to students:

Network Access: Main access to computer labs and library access

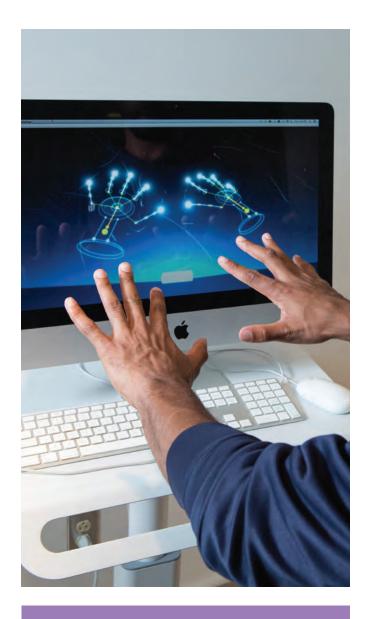
Email: GVSU Google email and Google Docs allows communication for university business

Blackboard: Courseware application that allows for communication of course materials

MyBanner: Scheduling, registration, and other tasks concerning classes as well as the ability to maintain and retrieve personal data stored with the Records Department

Network Storage: Students have access to 1 GIG of network disk storage for academic purposes. The storage space is for use in all courses and can be accessed on—or off—campus

Personal Web Space: Students have access to a server to develop personal web pages or for use in web development courses



Learn More

myGV Mobile App: The mobile app (myGV) provides secure access to data via mobile device. myGV is available to download on Google Play or the App Store.



Frederick J. Antczak, Ph.D., Dean College of Liberal Arts and Sciences

In the long run, what is most practical for students in college to study is what they're good at, and what they are excited about. As the website for each major can show you, there are jobs for graduates in any major. So choosing a course of study and getting the most for the money and the irreplaceable time they will invest is a choice about how to make a life as well as how to make a living.

DIVISION OF INCLUSION AND EQUITY

The Division of Inclusion and Equity advances Grand Valley's social justice framework for equity and inclusion and assures compliance with laws related to civil rights. The division coordinates sustainable and strategic institutional efforts to engage all members of the community while also intentionally supporting and advocating for historically underrepresented communities. The division's work furthers the university's liberal education and student-centered mission. The division carries out this work through a variety of offices including those listed on these pages.

CAMPUS INTERFAITH RESOURCES

Grand Valley provides opportunities for positive interfaith engagement around the religious, spiritual, and secular diversity of students, faculty and staff members. The aim of this work is to foster a campus climate inclusive of various identities and communities, to ensure that students are able to develop their worldviews in an affirming environment, and to promote an open and pluralist understanding of increasingly diverse schools, workplaces, and communities. We engage our community with sacred site visits, panels, and community conversations. We work closely with our thirty faith based student organizations to support the holistic development of students.

The Kaufman Interfaith Institute at Grand Valley is a community organization housed at the university, working with the wider West Michigan region to promote interfaith understanding and mutual respect through programs and conferences.

DISABILITY SUPPORT RESOURCES

Disability Support Resources (DSR), in Zumberge Hall, provides support resources and accommodations that enhance the environment for persons with disabilities, and helps educate the university community on disability issues. Program advisors work with students to assist with course selection, scheduling, and exploration of their areas of career interest. They may suggest referrals to other offices on campus for more comprehensive service in these areas. Alternative format textbooks, test taking, study skills, time management, transportation, assistive technology and resource agents are some of the services available in DSR.

MILTON E. FORD LGBT RESOURCE CENTER

The Milton E. Ford LGBT Resource Center offers many programs and resources to enrich and support the LGBTQIA+ campus community. Through a combination of educational programming and community-building opportunities, students connect with each other, the center, and the university.

Located in the Russel H. Kirkhof Center, the center is a community space where students meet with friends, spend time between classes, and access LGBTQIA+ inclusive resources. The center offers a variety of programs throughout the year, including featured guest speakers, Queer Connections Mentoring Program, Queer and Trans 101 workshops, Lavender Graduation, and events celebrating National Coming Out Day, Transgender Day of Visibility, and more. The center also hosts a number of ongoing programs facilitated by student leaders.

- First-year Queer Alliance (FQA) helps firstyear LGBTQIA+ and allied students develop strategies for a successful first year by creating meaningful connections to each other and the campus community.
- Loud and Queer (L&Q) empowers LGBTQIA+ students in the second year and beyond by fostering a community of learning, celebration, and solidarity.
- T2 is a weekly group for transgender and nonbinary students as well as those questioning or exploring their gender.
- Ace of Clubs is a group for students who identify on the asexual or aromantic spectrums and meets twice a month to provide a space of support, discussion, and engagement.





OFFICE OF MULTICULTURAL AFFAIRS

The Office of Multicultural Affairs (OMA) is committed to building an inclusive campus that promotes acceptance and appreciation of the diversity of each individual. Through their signature Professionals of Color Lecture Series, cultural heritage celebrations, and social justice programs, OMA enhances student learning by fostering an appreciation for the history, tradition, and culture of different ethnic groups and empowering students to be active and engaged learners.

OMA, in the Kirkhof Center, also provides retention programs that engage all students while intentionally advocating for students from historically underrepresented communities. These programs help students achieve personal and academic success by promoting a smooth transition from high school to college, creating a sense of belonging, and connecting students to resources and mentors. High-impact learning experiences are built into programs and activities to motivate students to develop lifelong skills that will benefit their lives and careers after college.

TITLE IX AND GENDER EQUITY

The scope of Title IX of the Education Amendments of 1972 is vast: prohibiting sex or gender based discrimination in all federally funded education programs or activities. Put simply, Title IX ensures equal educational opportunity for all. Grand Valley's Title IX efforts extend beyond compliance to creating a welcoming environment free of hostilities that may adversely affect our students' educational pursuits. A primary goal is to reduce sexual harassment and violence on campus through increased education and understanding of consent and active bystander behaviors. Encourage your student to learn more about what it means to ask for consent, to give consent, and to be an active bystander who intervenes when others are in need.

Title IX Coordinator: Theresa Rowland

Office Phone: 616-331-9530 Email: rowlanth@gvsu.edu

GAYLE R. DAVIS CENTER FOR WOMEN AND GENDER EQUITY

The Gayle R. Davis Center for Women and Gender Equity is committed to creating meaningful learning around gender and advocates for gender justice through the education, engagement, and empowerment of students and the campus community.

The center is a place where all are welcomed and affirmed. It hosts a variety of programs and services each year to enhance your student's learning. Examples include a rotating art program, speakers and workshops, student organization, and ACTIVATE, a service-learning program that pairs students with nonprofit organizations in the community that further gender justice efforts.

The center has a fun location in the Russel H. Kirkhof Center that provides a safe place for people to relax in the lounge, complete academic work at study tables, host meetings, use our resource library, or seek resources and referrals from staff members on a variety of topics such as sexual assault, dating violence, service learning, food resources, or other issues.

It also offers many opportunities to enhance coursework, including internships for students in any major, as well as volunteer and employment opportunities.

Learn More

INCLUSION AND EQUITY

Visit gvsu.edu/inclusion

CAMPUS INTERFAITH RESOURCES

Visit gvsu.edu/interfaith

DISABILITY SUPPORT RESOURCES

Visit gvsu.edu/dsr

LGBT RESOURCE CENTER

Visit gvsu.edu/lgbtrc

OFFICE OF MULTICULTURAL AFFAIRS

Visit gvsu.edu/oma

TITLE IX AND GENDER EQUITY

Visit gvsu.edu/itsonus

WOMEN AND GENDER EQUITY

Visit gvsu.edu/women_cen

LAKER FINANCES

Even as Grand Valley's tuition is below the state average for public universities, the cost of college is a major investment. The Office of Financial Aid & Scholarships can help maximize your family's investment by determining your unique needs and how to effectively meet them. Contact The Office of Financial Aid & Scholarships to learn about the resources available.

FINANCIAL AID

The Office of Financial Aid & Scholarships is located in the Student Services Building on the Allendale campus. The office strives to educate students and their families with a variety of options to pay for the expenses associated with college.

Important Dates

- MID-JULY: Charges assessed and fall bills created
- AUGUST: Fall payment deadline
- OCTOBER 1-MARCH 1: Complete FAFSA and apply for scholarships
- MID-NOVEMBER: Charges assessed and winter bills created
- **DECEMBER:** Winter payment deadline

Planning Ahead

- Students need to file the FASFA each year by
 MARCH 1 in order to maximize their financial aid from Grand Valley and the State of Michigan
- Returning students receive their financial aid award each year in late May
- Students should check their Grand Valley email account regularly in order to receive important university communications

Learn More

STUDENT EMPLOYMENT

Visit gvsu.edu/studentjobs then Laker Jobs Student Login to search for current openings.

SCHOLARSHIPS

Visit gvsu.edu/scholarships for more information.

MONEYSMART LAKERS

Visit gvsu.edu/moneysmart, or send an email to moneysmart@gvsu.edu with questions on topics about creating a spending plan, learning how to build good credit, or understanding loans and repayment.

STUDENT EMPLOYMENT

Students who are interested in part-time employment while at Grand Valley can begin looking for jobs right now.

SCHOLARSHIPS

Grand Valley offers more than 400 endowed and department scholarships. The majority of scholarship deadlines fall between February 15 and March 1 for the following academic year. There are a wide variety of scholarships awarded based on interests, academic performance, special talents or major.

Many of these scholarships are made possible through generous donations. Students can apply for these scholarships each year through myScholarships, an online application system.

MONEYSMART LAKERS

MoneySmart Lakers is a financial literacy program on campus specifically focused on educating students about basic financial skills for their future. Information is provided through group presentations and individual appointments.

BANKING AND ATMS

Students should understand how to coordinate checking needs, ATM access, electronic account transactions, and access to debit/credit cards. A wide variety of area banks and credit unions are available in Allendale, Standale, Jenison, Grandville, and Grand Rapids.

The following banks have ATMs on campus: Lake Michigan Credit Union (LMCU), Fifth Third Bank (5/3), PNC, and Mercantile Bank. The ATMs are located in various locations across campus.

STUDENT ACCOUNTS

Electronic Bill (ebill)

All registered Grand Valley students will receive an email during the last week of July letting them know their electronic bill is available for viewing. Your student may give permission through myProxy for others such as their parents or sponsors to view and pay their bill.

Online Payments

Bills may be paid online with a credit card or an electronic check. A \$20 convenience fee is assessed for each credit card transaction. Grand Valley accepts Visa, MasterCard, and Discover. Electronic Check Payment transactions are not assessed a processing fee.

Grand Valley Deferment Plan

Grand Valley offers a deferment plan that covers all current semester charges on your student's account after financial aid has been applied. Past due balances cannot be included in the deferment plan and must be paid on or before the payment due date. There is a \$40.00 non-refundable fee to utilize the deferment plan. The account balance will be broken down into four monthly installments each semester. Payment must be made on or before each due date. The payment is not automatically withdrawn as the Office of Financial Aid & Scholarships does not save financial information for security reasons.

Charging Books

If your student has excess financial aid after the semester bill is paid, they may charge books to their student account at the Laker Store prior to the first week of classes.

Excess Financial Aid Refunds

For students who have accepted loans in excess of their GVSU charges, financial aid is refunded to your student during the second week of classes. To obtain their financial aid refund:

- Sign up for direct deposit and have the excess deposited in a designated bank account; or
- Have a check, made payable to the student, mailed to their permanent address.

Communication with Parents/Family

Without consent from your student, Grand Valley can give very limited information about accounts to parents. To release information, allowing the Student Accounts Office to discuss accounts, your student can logon to myBanner, click on "Messages/Documents" tab, "Student Accounts Office Release of FERPA Information."

Learn More

Visit gvsu.edu/financialaid for more information.



LAKER LIVING

The mission of the Office of Housing and Residence Life is to provide resources and opportunities for student learning and success by collaborating to build inclusive residential communities and experiences.

HOUSING AND RESIDENCE LIFE

Grand Valley State University proudly offers the newest, most sustainable, and widest variety of on campus housing facilities in the state of Michigan First year students enjoy the community, cocurricular offerings, and convenience of traditional, cluster, suite and apartment style buildings. Upper-class students appreciate the increased space and independence of apartment living on south campus.

Living on campus offers students a greater level of safety, support, and social engagement than off campus living. Students who live on campus are statistically proven to graduate sooner than those who choose to live off campus. This is due to the resources campus housing is able to provide, meaning less debt and greater earning potential for students in the long run.

Benefits of Living On Campus

SAFETY, SECURITY AND HEALTH: Working closely with the Campus Health Center, Grand Valley State Police Department, and the University Counseling Center, Housing and Residence Life staff provide a safe and secure environment in which to learn, live, and work. All living centers feature card access security and 24-hour on call professional staff members.

SUPPORT & FRIENDSHIPS: Each living center has a support network that includes Resident Assistants, a Living Center Director, and Assistant Living Center Director assigned to each community. Living on campus allows students to form new and lasting friendships through community building.

Learn More

Visit gvsu.edu/housing and reference the Move-In Guide provided at Orientation for housing assignment information and an extensive list of what to bring, including items prohibited in on campus housing. All residents are encouraged to have renters insurance coverage or check coverage provided under their family's homeowners policy.

ACADEMIC SUCCESS: Students who live on campus earn higher grades, are more likely to graduate, and enjoy a more rewarding college experience than students living off-campus. By living on campus, students have quick access to faculty fellows, tutoring, study groups, and the North C Success Center.

CONVENIENT CHOICES: Living on campus means students are closer to their classes, computer labs, the library, faculty, dining options, and the fitness center. Housing leases are for the academic year and all utilities are included in the cost, giving students and parents flexibility and peace of mind.

LEADERSHIP & ON CAMPUS EMPLOYMENT: There are a variety of leadership opportunities available for students living on campus, including: Community Activities Board, Residence Housing Association, and National Residence Hall Honorary. Students not only have the opportunity to work on campus as Resident Assistants and department support staff, but can also find employment in a variety of other on campus departments. Students can earn their own money, develop discipline, and build references on campus where they already live and learn.

sustainability & Natural Beauty: From campus recycling and composting to energy saving competitions, sustainability is a way of life at Grand Valley. All new building projects are constructed to Leadership in Energy and Environmental Design (LEED) silver standards or better. Grand Valley's commitment to sustainability ensures that students will enjoy the beautiful wooded ravines and natural green spaces for years to come, making Grand Valley one of the most scenic campuses in Michigan.





Housing Options

There are several styles, various amenities, and a range of price points for first year and upperclass students.

- FIRST YEAR: There are 5 north campus first year living center styles available (14+ Meal Plan included in semester rate).
- SECOND YEAR (AND BEYOND): Students
 move from living centers in north campus to full
 apartments on south campus, where Meal Plans
 are optional.
- Students have the opportunity to reside in a
 Living-Learning Community on campus. Benefits
 of these communities include built-in academic
 support, faculty interactions, and programming
 related to community curriculum area.
 - Art Housing (located in Calder)
 - Gender Justice House (located in VanSteeland)
 - Honors (located in Niemeyer)
 - International House (located in Murray)
 - Movement Science House (located in South D)
 - WISE- Women in Science and Engineering (located in South C)



Diana Lawson, Ph.D., Dean Seidman College of Business

At GVSU opportunities to learn abound (KNOW). You'll practice what you're learning both in the classroom and in the community (DO). Ultimately, this transformational experience will prepare you to make a difference (RE). Know-Do-Re, It's all here at GVSU."

Housing and Residence Life Staff

- The Central Housing Office is located in the newest housing building (third floor of Holton Hooker Living Center)
- The Living Center Director and Assistant Living Center Director staff offices are located within each community
- There are 12 Living Center Directors (post-masters professionals) and 14 Assistant Living Center Directors (full-time masters students) who live on campus
- Every resident is assigned a Resident Assistant (undergraduate students) as a resource and referral agent
- 115 Resident Assistants live on campus

Roommates

A successful roommate relationship is one in which residents are able to co-exist safely and respectfully. Clear, open, and frequent communication between roommates is necessary for effective relationships. The most common areas of conflict pertain to cleaning, safety, and guests. Most roommate conflicts can be avoided with proactive communication and open sharing of experiences between residents. Students experiencing concern or conflict with a roommate are encouraged to consult their community Resident Assistant for assistance. Room change requests are reviewed on a case-by-case basis, facilitated based on space availability, and considered only after the completion of required meeting and mediation efforts.

DINING ON CAMPUS

Dining On Campus

Grand Valley is proud to offer a dining program that provides variety, convenience, and flexibility with valuable Meal Plan options. Students in traditional, suite style, and apartment style living centers receive a Meal Plan as part of their housing contract. Students can maximize their value by upgrading to the Unlimited Fresh Plan. South Campus residents and commuters are encouraged to purchase a Meal Plan for added value and convenience.

Meal Plan Benefits:

Save time by:

- Notplanning meals.
- Not grocery shopping.
- Not cooking.
- · Notcleaning.
- Don't have a car? No problem. There are 22 locations to serve students between the hours of 7:30 a.m. midnight.

Save money by:

- Enjoying discounted Meal Plan pricing.
- Example: All-inclusive dining at Fresh Food Company using a 14+ Meal Plan is just \$6.03 per meal. Lunch without a Meal Plan is \$10.50. You save \$4.47 per meal...that's up to \$62 per week and \$930 per semester.

Meal Plan Options

There are nine Meal Plan options available including weekly and semester plans. Meal Plans consist of two features: Meals and Dining Dollars.

Meals

Meals are offered in seven of the nine Meal Plan options. Use Meals to enjoy all-inclusive dining in the Fresh Food Company and to purchase Meal combos at various dining locations. Each time a Meal is used at the Fresh Food Company or a Meal combo is purchased, one Meal is subtracted from the Meal balance.

Students on weekly Meal Plans may use up to four Meals per day. Weekly Meals expire at the end of each week while Semester Meals roll from week to week and into the winter semester.

Dining Dollars

All nine Meal Plans include Dining Dollars. Dining Dollars are a debit account attached directly to your student's Meal Plan. Dining Dollars are accepted in all Campus Dining restaurants, C-stores, coffee shops, and concession stands. They can be used for beverages, snacks, or full Meals at any time. Your student can check their account balance online, at Campus Dining registers or by using the GV Mobile app. You or your student can add dollars online, gvsu.edu/campusdine, or by visiting the Campus Dining office, 100 Commons on the Allendale Campus. Dining Dollars carry over from the fall to winter semester.

How It Works

The barcode on the back of your student's GVSU photo ID card serves as their secure pass to a plan and the ability to eat when and how they like. Meals and Dining Dollars must be used before they expire at the end of the academic year.

Learn More

Visit gvsu.edu/campusdine for more information.







Jeffrey Potteiger, Ph.D., Dean The Graduate School

"Successful college students are actively engaged inside and outside the classroom. Talk about taking advantage of the many different opportunities that will be available."

TRANSPORTATION

Vehicles

Grand Valley is a permit or pay-to-park campus. Students may purchase parking permits from Parking Services at either the Allendale or Pew Grand Rapids Public Safety locations. Specific parking lots are designated for use by both residents and students who commute. No cost parking is available by utilizing the free transit system operating between both campuses, with park and ride locations centralized between Allendale and Grand Rapids. Charging stations are also available on both campuses to accommodate electric vehicles; a parking permit is required while charging.

Bikes

Bikes are encouraged on campus and must be stored outside; there are bike racks available. Bikes are not permitted in university buildings, including living center rooms. Students should register bikes with Grand Valley Police Department. The Campus Recreation Bike Shop offers low-cost bike rental and a self-service maintenance station with mechanics on staff to assist.

Car-free Lifestyle

We all make choices according to what is important to us. Many of us are concerned about reducing greenhouse gas emissions or increasing physical activity. Whatever a student's motivation, Grand Valley is an ideal place to try a car-free lifestyle and participate in a healthy and sustainable community.

Is Having a Car on Campus Worth the Cost?

Using a car on campus may be an invitation to frustration for your student. Resident students are limited to parking in designated residential lots with exceptions during evenings and weekends. The cost of auto ownership, vehicle repairs, gasoline, insurance, and parking can be expensive.

Learn More

Visit gvsu.edu/parking for more information.



Free Bus Service — The Rapid

One way to get around campus and off campus is by using the bus system. The Rapid bus system is free seven days a week, with a valid Grand Valley ID. Bus arrival information is available from the 2020 Information Desk, and with mobile applications such as Rapid Connect, or MyStop App.

Route 50 runs throughout the day and night stopping at the Meijer store in Standale. Your student is also eligible with a student ID to ride free on all of The Rapid's fixed bus routes. This is a great resource that connects to shopping, cultural, and entertainment venues throughout the greater Grand Rapids area. All the buses have bike racks.

Transportation Safety

The main campus in Allendale covers more than 1,300 acres. Every day pedestrians, buses, cars, cyclists, and delivery trucks travel around campus. This poses a significant challenge in maintaining a safe and pleasant environment for all. Many find that walking combined with biking and using the bus is the most convenient and practical way to get around.

Traffic safety is everyone's responsibility. Remind your student to look before stepping out into a crosswalk.

The Rapid Bus Routes

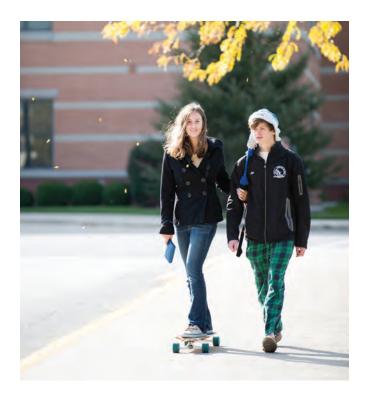
- CAMPUS CONNECTOR ROUTE ROUTE 50:
 - A connecting route between the Allendale and Pew Grand Rapids campuses. Weekday service frequency approximately six minutes during peak hours of 7 a.m. 6 p.m.
- NORTH CAMPUS EXPRESS ROUTE 37:

 An off-campus shuttle route that serves the perimeter apartment complexes adjacent to the Allendale Campus. Weekday service frequency is approximately six to seven minutes.
- SOUTH CAMPUS EXPRESS ROUTE 48:
 A shuttle that services south campus and other off-campus apartment complexes adjacent to the Allendale Campus. Weekday service is approximately four to five minutes.
- APARTMENT CONNECTOR ROUTE 85: Combined 37 and 48 routes for early morning and weekends.

(Weekend bus service available during fall & winter semesters)

Learn More

Visit gvsu.edu/bus and ridetherapid.org for complete bus information.



LIVING OFF CAMPUS

Some students choose to live at home for a variety of reasons. For many, the ability to reduce costs of attending college is a factor. Students living at home still have many of the same challenges as those students who move away from home and reside on campus. Students are often feeling anxious about whether they will be accepted, fearful of the difficulty of their classes, and wondering how they will make friends in a new place.

At the same time, commuter students have many of the same opportunities as students living on campus. Commuter students make up a large portion of the new students attending Grand Valley each fall. It is important for families to encourage their commuter students to be involved in the vibrant campus-life experience; several things can help get your student engaged in the campus community.



Paul Plotkowski, Ph.D., Dean Seymour and Esther Padnos College of Engineering and Computing

The first year of college is a time of many new discoveries for students, some of these are exciting, some can cause stress. As the parent of two GVSU students, I have tried to be there if they need my support, but also try and stand back and let them take the lead in their college experiences.

Recommendations for Your Student

- Attend Transitions, the new student orientation.
- Identify some student organizations to participate in, or look for other involvement opportunities in intramural sports, music, or theatre.
- Form a study group with classmates.
- Purchase a Campus Dining Meal Plan and eat with other students while on campus.
- Meet new students and expand their circle of friends.
- Review the university events calendar to learn about what is happening on campus.
- Pick up a copy of the Lanthorn, the student newspaper that is distributed every Monday and Thursday at campus locations, or check out their online updates at lanthorn.com.

Traveling To and From Campus

Students attending Grand Valley live throughout the West Michigan area. They commute to classes on multiple campuses. Review the following topics with your student regarding their travel.

- Parking rules and regulations: permits, designated areas
- Carpooling
- Campus bus service options: park and ride
- Traffic congestion during the first couple of weeks — arrive early
- School closing policy
- · Traveling during the winter
- Contacting professors when absent from class
- Emergency contact procedures
- Automobile road service plan



LAKER LIFE

With community service opportunities, leadership development initiatives, more than 400 registered student organizations, and music, dance, and theatre opportunities, your student has a wide variety of options to be involved in extracurricular activities both on and off campus. Learn more about the great opportunities Grand Valley offers.

STUDENT LIFE

Your students *Become More* through participation in a variety of campus events and activities. On average, students spend 30 percent of their time in class during a normal week of college life. Historically, students who are successful in school have developed a plan for how they will spend the remaining 70 percent of their time. Employers look for employees who have a broad range of experiences and are comfortable working with others.

Russel H. Kirkhof Center

Located in the center of campus, the Russel H. Kirkhof Center, our student union, provides plenty to do between classes. The big screen theater shows movies four times daily; next door the games room is filled with pool tables, foosball tables, and several gaming systems. Games are available at the 2020 Information Desk by checking them out with a student's ID. The lounge areas located throughout the building create great places for students to study alone or with a group and the dining options add the student's favorite incentive — food! A quiet, spiritual space is also offered in the prayer/meditation room.





Get Involved

The Office of Student Life, located in the Russel H. Kirkhof Center, creates an exciting environment for the campus community. Our experienced staff, along with graduate students and many student employees, work diligently to make sure there is always a lot happening on campus.

Student Life provides opportunities for students to *Become More* by joining a student organization, actively engaging with their communities, serving as leaders on campus, and gaining real world experience. Encourage your student to be successful by getting involved outside the classroom.

Commitment to Community Service

The Community Service Learning Center (CSLC) provides students with opportunities to get involved in the community and further develop as active citizens. As students spend time volunteering with local nonprofit organizations, they gain a better understanding of themselves, the community in which we live, the importance of giving back, and of being an active and informed citizen.

Consultants in the CSLC help students match their passion with local needs by hosting nonprofit volunteer and internship fairs each semester, coordinating campus-wide days of service, overnight local service trips, and more!



Sororities and Fraternities

Over 8 percent of our student population belongs to a sorority or fraternity on campus. The academic support and social engagement provided by these groups encourage excellence in leadership, scholarship, service, and philanthropy. Parents attest to the personal growth and motivation shown by their students as part of the brotherhood or sisterhood experience.

Leadership Development

The Office of Student Life provides opportunities for leadership development which encourage growth as life-long leaders of integrity and social change within their lives, professions, and communities. First year students are encouraged to participate in the First Year Leadership Experience, a 6-week program designed to assist students in creating and enhancing their personal philosophy of leadership while developing basic leadership skills and learning about all of the leadership opportunities the GVSU community has to offer.

Programs are offered in many formats including one-day workshops, leadership lectures, and full day conferences. Additionally, student leaders are recognized on campus through the "I am Grand Valley" leadership recognition program and the national leadership honor society, Omicron Delta Kappa.

Learn More

Visit gvsu.edu/studentlife or follow @GVSUStudentLife on social media for more ways to connect to the GVSU community.

More About Student Life

Students are encouraged to explore our website and research the various ways to get involved, meet new friends, build their resume, and make a difference on campus. They should examine the list of student organizations to find ones that interest them. Successful students seek out resources early to find their community.

Campus Life Night is a great place to make connections. It is held the Tuesday after Labor Day from 6 - 8 p.m. in Parking Lot H and is one of the biggest events on campus in the fall. It is a "one stop shop" with almost all student

information about their organization, including how to join.

Traditional Events

Each year students are able to take advantage of many traditional Laker events. The Laker Traditions Team plans several major events such as, Laker Kick-Off Party, Family Weekend, Homecoming, Founders Day, Sibs and Kids Weekend, Presidents' Ball, Intercultural Festival, and ExtravaGRANDza. These events help to build community and are part of the Grand Valley experience. All dates are listed on the Grand Valley events calendar.

Spotlight Productions

Our campus programming group, Spotlight Productions, supplies the campus with weekly entertainment varying from large concerts, and movies to comedians, lectures, and interactive games. Students can gain valuable experience through the planning and implementation of bringing small and large productions to campus.

STUDENT ORGANIZATIONS

Being a member of a Registered Student Organization (RSO) is a great way to get involved while meeting people with similar interests. Your student's experience in an organization will vary. Some students are very invested and take on leadership roles, while others use their membership as a way to take an hour of their week to participate in an activity or meeting.



Learn More

Student Organizations

Visit gvsu.edu/studentlife for more information on how to connect with student organizations.

Events

Visit gvsu.edu/events for information regarding events on campus.

Types of Registered Student Organizations

- Academic and Professional
- Campus Programming
- Club Sports
- Community Activities Board
- Cultural
- Fraternities and Sororities
- Graduate Students
- Honor Societies
- Interfaith
- Media
- Performing Arts
- Professional Fraternities
- Service and Advocacy
- Special Interest
- Student Senate



Questions Your Student Should Ask When Learning About Registered Student Organizations (RSO)

When are the meetings?

Make sure meeting times fit into your class schedule.

Do you charge a membership fee or dues?

Any financial commitments need to fit into your budget.

Are new members expected to do anything extra? If so, how long will I be considered a new member?

Do not join a group if you feel uncomfortable about membership requirements. Also, the university has a very clear policy against hazing.

Who is your campus advisor?

Every RSO has a faculty/staff advisor. This person can assist you with any questions or concerns.

What kinds of awards have you won and what are you involved in on campus?

These are two great questions every organization should be able to answer!

What If My Student Cannot Find An Organization In Which They Are Interested?

It's easy for students to start a new organization. They only need four members, a faculty/staff advisor, and a constitution. Our Student Life staff is available to help.

Staying Informed

With so many things happening on campus all the time, it's hard to know what to do! Students will want to read the Lanthorn, our newspaper, which is published twice weekly. They can either read it online at lanthorn.com or pick up a copy from several areas throughout campus.

Our radio station (WCKS) and cable access television station grandvalleytv.com can also be found online. Besides keeping students current with Grand Valley information, all these forms of media offer wonderful opportunities for internships and ways for students to gain practical experience.

Grand Valley's events calendar can also be accessed online for the most current information regarding events on campus. Students should get in the habit of checking this site regularly to make the most of the events happening. In addition, Student Life is very active on social media.



Stephen Glass, Ph.D., Acting Vice Provost for Student Affairs and Dean of Students

"Education is about impacting the person as a whole. That means engagement within the classroom and activities and opportunities outside the classroom. Get involved! Stretch yourself and discover who you might become!"



STAYING ACTIVE

Campus Recreation

Campus Recreation, in the Recreation Center on the Allendale Campus, offers students programs and services for fitness, wellness, outdoor adventures and competitive sports throughout the year. Campus Recreation enhances and engages the Grand Valley community by providing inclusive and diverse recreational opportunities that inspire participation, promote health and well-being, and encourage student development and success.

Fitness and Wellness Services

Over 50 group exercise, mind/body, and spinning classes are taught weekly by a staff of certified instructors. Classes offer effective and safe workouts in a fun, friendly, and social atmosphere. To encourage healthy lifestyles, Fitness and Wellness offers a variety of services: massage, nutrition, swim lessons, personal training, free Ufit plans, small group training, equipment orientation, fitness assessment, health screenings, and CPR and First Aid classes. Many of these services are free or at a reduced cost for students.

Club Sports

The Club Sports program provides opportunities for students to remain physically active in sports throughout their college career. Participation promotes sportsmanship, aids in the development of skills, encourages regular physical activity, and membership is open to all students.

Club Sports provide an exciting athletic alternative that bridges the gap between intramural play and varsity athletics. There are currently over 55 club sports organizations that range from recreational to highly competitive. Many of our team sports are affiliated with national associations and compete on a regional and national basis. Competitive teams often have coaches and faculty advisors. Whether students are interested in a high level of competition, want to learn a new sport or skill, or simply have fun and meet new people, they will enjoy the recreational fun offered through club sports. Specific clubs and contact information can be found at gysuclubsports.com.

Intramural Sports

The Intramural Sports program allows students to play and compete with their peers. More than 20 intramural sports for men's, women's, corecreational, and individual divisions of play are offered in the fall, winter, and spring semesters. Intramural sports promote student development in an environment in which sportsmanship, safety, and fun take a higher priority over winning and losing.

Outdoor Adventures

The Outdoor Adventures program offers a variety of programming and resources for the outdoor enthusiast, including:

- Outdoor skills workshops
- Trips
- Indoor rock climbing
- Bicycle & backpacking equipment rental
- Bicycle maintenance

Learn More

Visit gvsu.edu/rec for a complete list of schedules, registration, employment opportunities, and other information. Follow on social media @GVSUrecreation.

Department of Music, Theatre, and Dance Opportunities

Music

Students of all majors are encouraged to pursue their musical interests at Grand Valley, even if they are not planning to major or minor in music. Your student can pursue their passion in the fine arts at Grand Valley through one or more of the following opportunities:

- Concert Bands
- Choral Ensembles
- JazzEnsembles
- · Laker Marching Band
- Opera Theatre
- Percussion & Steelband Ensembles
- Symphony Orchestra

Encourage your student to fill out an Interest Form to begin a conversation with the Department of Music, Theatre, and Dance about specific interests.

Dance

Students of all majors are eligible to participate in Momentum, a student-service organization, focused on providing dance experiences to the wider Grand Valley and Grand Rapids communities.





Theatre

All students are invited to continue their participation in drama activities at Grand Valley, regardless of whether or not they're planning a major in theatre. Encourage your student to become involved in theatre, and to attend university stage productions each year. Your student has the following opportunities in which to do so:

- Production and performance opportunities
- Shakespeare Festival
- Intercultural Diversity Show
- The "Bard-To-Go"
- Performance Studio Series
- Musical/Opera Theatre

Grand Valley Theatre welcomes all students who wish to volunteer their time and serve as vital parts of stage productions. Working as crew, ushers, actors, stagehands, or shop assistants, your student will develop important skill sets in creative thinking, group problem solving, self-expression, communication, ethical awareness, and other areas.

Learn More

Visit gvsu.edu/mtd for more information about Music, Theatre, and Dance at GVSU or to fill out an Interest Form. Follow on social media: @gvsumtd.



LAKER RESOURCES

Remember to keep this guide throughout your student's academic career, and use it as a quick reference to the wide variety of resources available.



Metro Health

GVSU Campus Health Center

Metro Health provides convenient care for students and faculty right on campus. Count on us for general medical care

Medical Services:

- STD Testing
- Women's Health
- Complete Physicals
- Immunizations
- FluShots
- SportsMedicine
- Lab Tests
- · Allergy Care



Family practice physicians and additional services are available at Metro Health Allendale, just two miles west of campus.

gvsu.edu/campushealth (616) 252-6030

Protect Your Student's Health

Kirkhof College of Nursing

Most vaccines are given in childhood, but the Centers for Disease Control and Prevention (CDC) and the American College Health Association recommend certain vaccinations for college students. Grand Valley State University does not require students to obtain vaccinations, but to protect their health incoming college students should consider obtaining the following vaccinations:

Immunizations Recommended for College Students:

- Meningococcal (Meningitis)
- Tetanus, Diphtheria, Pertussis (Tdap)
- Human Papillomavirus (HPV)
- AnnualSeasonal Influenza (Flu)

Childhood Vaccines

- Measles, Mumps and Rubella (MMR)
- Hepatitis A & B
- Varicella (Chickenpox)
- Polio

gvsu.edu/fhc (616) 988-8774

Children's Enrichment Center

The framework to our program philosophy is grounded on our values that include:

- Access
- Education
- Family
- Character
- Community



With a growing number of nontraditional students earning degrees, the Children's Enrichment Center is an on campus resource that strives to create an environment that is dedicated to early learning and care for young children and families.

gvsu.edu/child (616) 331-5437

FREDERIK MEIJER HONORS COLLEGE

College Offerings

- Personalized instruction
- · Interdisciplinary adventio
- Living/learning community
- Undergraduate research opportunities
- Cultural experiences
- Honors status

The Frederik Meijer Honors College offers a distinctive learning community and extraordinary opportunities for academically motivated students. Both incoming first-year students and continuing students are eligible to apply. For more information on qualifications and procedure go to the website below.



gvsu.edu/honors

(616) 331-3219



SAFETY • SERVICE • SUPPORT

The Grand Valley Department of Public Safety is a multi-disciplined department. We strive to provide a safe and secure environment in which to work, live, and learn. In the event of an emergency dial 911. For nonemergency assistance, please call (616) 331-3255.



GVSU Alert

Sign Up for Text Alerts www.gvsu.edu/gvsualert

GVSU Guardian App

Stay Safe. Stay Connected.

gvsu.edu/gvpd (616) 331-3255



Veterans Network

The Veterans Network provides support services and resources to active service members, military veterans, Guard/Reservists, and family members.

The Veterans Network coordinates the GVSU Peer Advisor for Veteran Education (PAVE) program which pairs a returning student veteran with each entering student. The Veterans Network also provides training for faculty and staff members; outreach with community and governmental agencies; events for military veterans; and support and assistance for the GVSU Chapter of the Student Veterans of America (SVA) in creating a channel for student veterans to connect and support one another.

GVSU Student Veterans' Lounge: Kirkhof Center Second Floor (Allendale Campus)

gvsu.edu/veterans 616-331-5437



Student **Employment**

Student Employment aids students in obtaining employment that will help finance their education and develop work skills for their future career choice.

Students can visit our site and log in to LakerJobs if interested in part-time employment.

- There are over 3,500 student employees working on Grand Valley's campus.
- Studies show that students who work, do as well or better academically as compared with students who do not work.
- LakerJobs is updated daily with new job postings. Previous job searches can be saved, and students can receive notifications. when new jobs are posted.
- The Student Employment Office puts on annual events such as the Summer Job Fair and Student Employee Appreciation Days.

gvsu.edu/studentjobs (616) 331-3238



Iakerstore

Our Products and Services

GVSU Laker Store is your source for textbooks, Grand Valley clothing, gifts, school supplies, art supplies, and technology (computer, tablets, headphones, and accessories). Stop by and we will be happy to help you find whatever you're looking for!

Two Locations to Serve You

ALLENDALE:

Located in the Marketplace on Campus Drive.

GRAND RAPIDS:

Located in Building C of the DeVos Center on the Pew Campus.

lakerstore.gvsu.edu (616) 331-3520

SUSTAINABILITY: A CORE VALUE



The Office of Sustainability Practices provides Grand Valley students with the knowledge and resources necessary to become better stewards and responsible global citizens.

We encourage students to become more involved with sustainability efforts at Grand Valley and around the world by offering the following:

- · Sustainability related major, minor, emphasis, and certificate programs
- · Volunteer, internship, and associate positioning opportunities
- Student-led projects such as the Sustainable Agriculture Project

gvsu.edu/sustainability (616) 331-7366



The Fredrick Meijer Our well-trained peer **Center for Writing** & Michigan Authors

Any undergraduate or graduate student at Grand Valley can receive free writing feedback from a staff of trained peers simply by coming to the center during drop-in hours or by scheduling an appointment.

consultants can help with:

- brainstorming ideas
- organizing content
- integrating research
- polishing a draft
- correctly documenting sources.

gvsu.edu/wc

(616) 331-2922



Student Ombuds



Takeelia Garrett

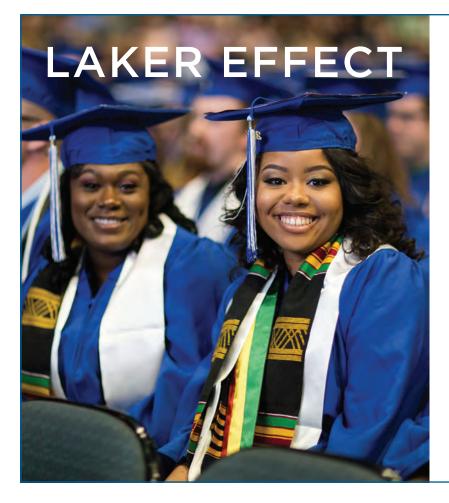
The Ombuds strives to promote fairness and foster a positive campus environment by offering students a number of mechanisms for early conflict resolution and problem-solving.

Students may contact the Ombuds at any time during a conflict for assistance. The Ombuds will listen, help them come up with next steps, and discuss other resources that might be helpful.

ombuds@gvsu.edu (616)

(616) 331-2491







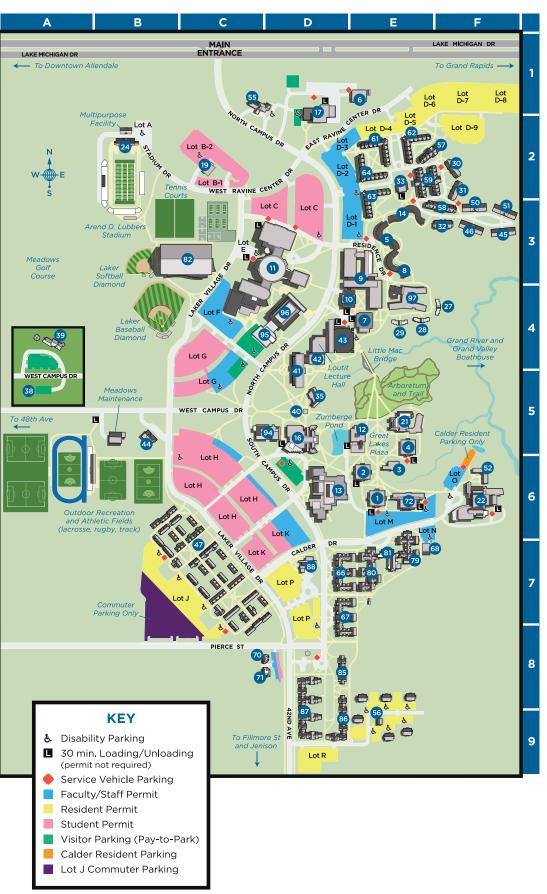
When you become a Laker, you look outward, focusing on others instead of yourself. With professors' caring guidance, you learn how to make a lasting difference. Then, as you go forward into the world, you're ready to tackle challenges and make meaningful contributions. Like West Michigan itself, your positive impact will be far reaching. That's the Laker Effect.

gvsu.edu

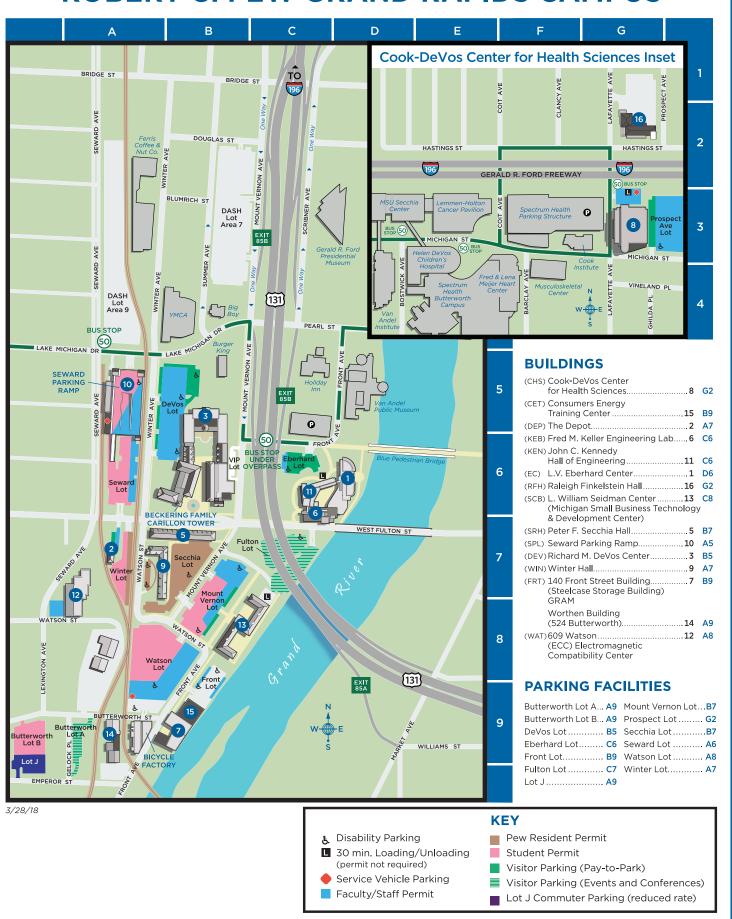


ALLENDALE CAMPUS





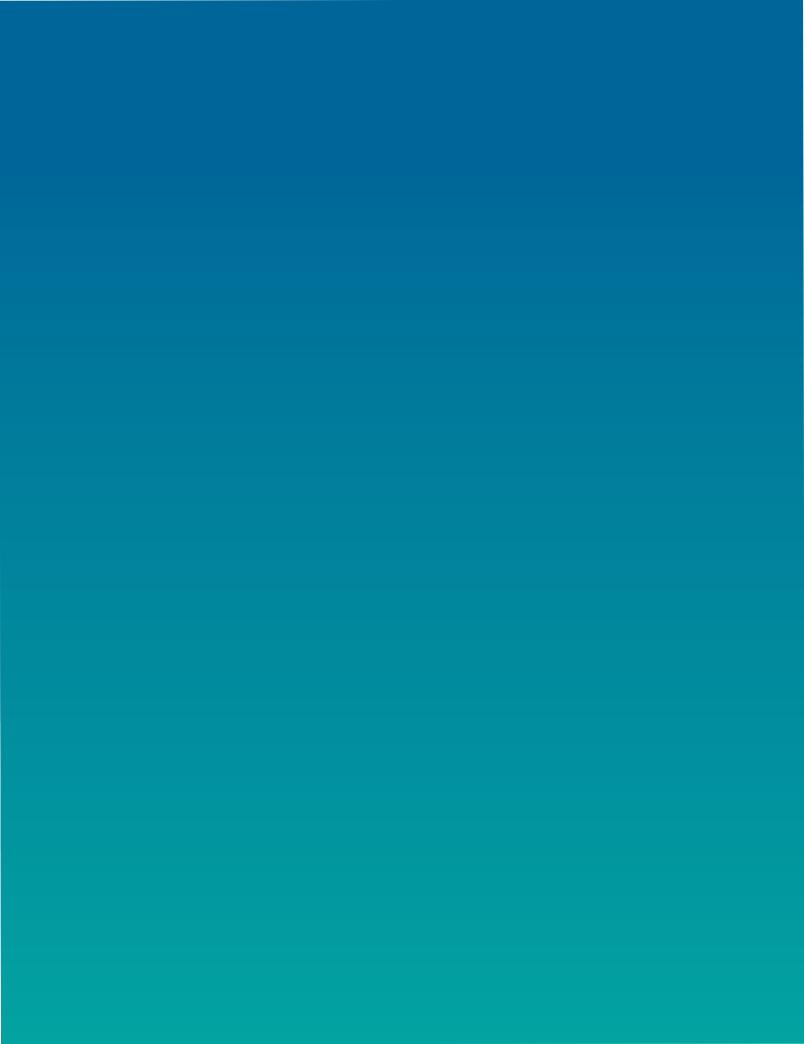
ROBERT C. PEW GRAND RAPIDS CAMPUS



NOTES







MEIJER CAMPUS IN HOLLAND

515 South Waverly Road Holland, MI 49423

(616) 331 3910 // gvsu.edu/holland

MUSKEGON REGIONAL CENTER

JAMES L. STEVENSON CENTER FOR HIGHER EDUCATION AT MUSKEGON COMMUNITY COLLEGE 221 South Quarterline Road, Room 1106 Muskegon, MI 49442

(231) 777 0505 // gvsu.edu/muskegon

TRAVERSE CITY REGIONAL CENTER

NORTHWESTERN MICHIGAN COLLEGE UNIVERSITY CENTER 2200 Dendrinos Drive, Suite 102 Traverse City, MI 49684 (231) 995-1785/(888) 922-1785 // gvsu.edu/traverse

Grand Valley State University is an affirmative action, equal opportunity institution. It encourages diversity and provides equal opportunity in education, employment, all of its programs, and the use of its facilities. It is committed to protecting the constitutional and statutory civil rights of persons connected with the university. 4/18

