14th ANNUAL ART & SCIENCE OF AGING CONFERENCE

Revisiting Relationships
INTIMATE, INTERGENERATIONAL, AND MORE

SESSION SCHEDULE
Friday, February 22, 2019
8:30 am - 4:30 pm

9:00 AM
Keynote: Christina Pierpaoli Parker

10:30 AM Breakouts
1 “Sexual Health Promotion in Long Term Care”
   Sally Pelon, Lihua Huang
2 “Healthy Aging and Intergenerational Programs”
   Julie Lake, Anne Larson
3 “Generational Stew: Finding Common Ground and Shared Knowledge in the Studio”
   Laura Armenta
4 “Helping Our Loved Ones be Proactive for a Change”
   Karen Vander Laan
5 “Changing the End of the Story: Bringing Families Together Through Distress, Grief, Art Therapy and Resiliency”
   Leara Glinzak, Tim Tuttle
6 “Your Grandmother Uses Technology Better Than You: Using Technology to Facilitate Better Relationships with Seniors”
   Veronica Kirin

1:00 PM
7 “Breaking Up and Shaking Up: Divorce and Repartnership in Later Life”
   Anna Hammersmith
8 “Breaking the Age Barrier on Friendships: The Beauty of Intergenerational Care”
   Anne Kulik, Kathlaine Moore
9 “Just do it: Cognitive Behavioral Strategies for Promoting Healthy Sexuality with Aging”
   Christina Pierpaoli Parker
10 “Movement Influences Cognition: So Why Don't We MOVE More”
   Meri Goehring
11 “Sexy and Brainy: How They Go Together in Aging?”
   Jing Chen
12 “Leading Heterogeneous Teams in Senior Care Settings: What They Don't Teach You in Leadership 101”
   Jana Broughton

2:15 PM
13 “Let's Talk About Sex: Helping Health Care Providers Talk to Patients About Intimacy in Chronic Illness”
   Iris Zink
14 “The Evolution and Modern-Day Practices of Experiential Dementia Training”
   Tricia Harney
15 “Paint, Write and Dance for Your Life”
   Loretta Konecki
16 “Menopause, Manopause, and Redefining Sexuality”
   Justine Bradford, Nisha McKenzie
17 “Social Ties in the Third Place”
   Lihua Huang
18 “Currency for Retirement: Investing in Physical Capital”
   Chris Dondzila, Steve Glass

3:30 PM Closing Session
“Intimacy in Later Life: What You've Always Wanted to Know but were Too Timid to Ask”
Panelists: Braford, McKenzie, Parker, Zink, Goehring
Moderator: Feuerstein
**DRIVING and PARKING INSTRUCTIONS**

From HOLLAND and points WEST and southwest of downtown Grand Rapids: Take I-196 toward Grand Rapids all the way to the US-131 South exit. Take US-131 south to the Pearl Street/Downtown exit (#85B). Move to the far right lane as you come off the ramp from US-131. At the first light (Pearl Street) turn right. Go through the light at Winter Street, [note Pearl Street changes to Lake Michigan Drive here] and immediately turn into the left turn lane to enter the Seward Parking Ramp, on the left.

From LANSING and points EAST of downtown Grand Rapids: Take I-196 west to the Ottawa Street exit (#77). Move to the right lane, and turn right onto Michigan Street, going west. Stay in the left lane and turn left onto Mount Vernon (only a left turn is allowed from this lane). Move to the far right lane, and at the first light at Pearl Street (by Big Boy) turn right. Go through the light at Winter Street, [note Pearl Street changes to Lake Michigan Drive here] and immediately turn into the left turn lane to enter the Seward Parking Ramp, on the left.

From MUSKEGON and points NORTH and northwest of downtown Grand Rapids: Take I-196 east to US-131S exit. Continue south to the Pearl Street/Downtown exit (#85B). Move to the far right lane as you come off the ramp from US-131. At the first light (Pearl Street) turn right. Go through the light at Winter Street, [note Pearl Street changes to Lake Michigan Drive here] and immediately turn into the left turn lane to enter the Seward Parking Ramp, on the left.

From KALAMAZOO and points SOUTH of downtown Grand Rapids: Take US-131 north to the Pearl Street exit (#85B). Turn left onto Pearl Street. Continue west on Pearl Street through the light at Mount Vernon. Go through the next light at Winter Street, [note Pearl Street changes to Lake Michigan Drive here] and immediately turn into the left turn lane to enter the Seward Parking Ramp, on the left.

**PARKING IS FREE FOR ATTENDEES. NO TICKETS WILL BE ISSUED IF YOU PARK IN THESE DESIGNATED LOTS. ALL OTHER LOTS REQUIRE PARKING PERMITS.**