

Revisiting Relationships

INTIMATE, INTERGENERATIONAL, AND MORE



SESSION SCHEDULE

Friday, February 22, 2019

8:30 am - 4:30 pm

9:00 AM

"Lovers & Friends: A Millennials Thoughts on Love, Intimacy and Relationships in Later Life"

Keynote: Christina Pierpaoli Parker

10:30 AM Breakouts

- 1 "Sexual Health Promotion in Long Term Care"
Sally Pelon, Lihua Huang
- 2 "Healthy Aging and Intergenerational Programs"
Julie Lake, Anne Larson
- 3 "Generational Stew: Finding Common Ground and Shared Knowledge in the Studio"
Laura Armenta
- 4 "Helping Our Loved Ones be Proactive for a Change"
Karen Vander Laan
- 5 "Changing the End of the Story: Bringing Families Together Through Distress, Grief, Art Therapy and Resiliency"
Leara Glinzak, Tim Tuttle
- 6 "Your Grandmother Uses Technology Better Than You: Using Technology to Facilitate Better Relationships with Seniors"
Veronica Kirin

1:00 PM

- 7 "Breaking Up and Shaking Up: Divorce and Repartnership in Later Life"
Anna Hammersmith
- 8 "Breaking the Age Barrier on Friendships: The Beauty of Intergenerational Care"
Anne Kulik, Kathlaine Moore
- 9 "Just do it: Cognitive Behavioral Strategies for Promoting Healthy Sexuality with Aging"
Christina Pierpaoli Parker

- 10 "Movement Influences Cognition: So Why Don't We MOVE More"
Meri Goehring

- 11 "Sexy and Brainy: How They Go Together in Aging?"
Jing Chen

- 12 "Leading Heterogeneous Teams in Senior Care Settings: What They Don't Teach You in Leadership 101"
Jana Broughton

2:15 PM

- 13 "Let's Talk About Sex: Helping Health Care Providers Talk to Patients About Intimacy in Chronic Illness"
Iris Zink

- 14 "The Evolution and Modern-Day Practices of Experiential Dementia Training"
Tricia Harney

- 15 "Paint, Write and Dance for Your Life"
Loretta Konecki

- 16 "Menopause, Manopause, and Redefining Sexuality"
Justine Bradford, Nisha McKenzie

- 17 "Social Ties in the Third Place"
Lihua Huang

- 18 "Currency for Retirement: Investing in Physical Capital"
Chris Dondzila, Steve Glass

3:30 PM Closing Session

"Intimacy in Later Life: What You've Always Wanted to Know but were Too Timid to Ask"

Panelists: Bradford, McKenzie, Parker, Zink, Goehring

Moderator: Feuerstein





GRAND VALLEY
STATE UNIVERSITY

Robert C. Pew
Grand Rapids Campus



Park in **Seward Parking Ramp** and **Seward Lot**. Enter from
Fulton or Lake Michigan Dr. Shuttle Bus  service to DeVos Center



**DeVos Center
Building E**

AARP

Real Possibilities



Warner

Samaritas
Senior Living



GRAND VALLEY
STATE UNIVERSITY
COLLEGE OF COMMUNITY
AND PUBLIC SERVICE



GRAND VALLEY
STATE UNIVERSITY
COLLEGE OF LIBERAL
ARTS AND SCIENCES

unity
of Grand Rapids
A positive path for spiritual living.



Holland Home

CLARK

PINE
REST
Christian
Mental Health
Services

GLHC
GREAT LAKES HEALTH CONNECT

Emmanuel Hospice

PORTER HILLS

Rethinking Dementia
Accelerating Change

PILGRIM
MANOR

GRAND VALLEY
STATE UNIVERSITY
COLLEGE OF
HEALTH PROFESSIONS

AREA
AGENCY
ON AGING
OF WESTERN
MICHIGAN
The Source for Seniors

Senior
NEIGHBORS
no longer alone

GRAND VALLEY
STATE UNIVERSITY
KIRKHOFF COLLEGE
OF NURSING

Donijo Robbins

ADVOCATES
for Senior Issues

DRIVING and PARKING INSTRUCTIONS

From HOLLAND and points WEST and southwest of downtown Grand Rapids: Take I-196 toward Grand Rapids all the way to the US-131 South exit. Take US-131 south to the Pearl Street/Downtown exit (#85B). Move to the far right lane as you come off the ramp from US-131. At the first light (Pearl Street) turn right. Go through the light at Winter Street, [note Pearl Street changes to Lake Michigan Drive here] and immediately turn into the left turn lane to enter the Seward Parking Ramp, on the left.

From LANSING and points EAST of downtown Grand Rapids: Take I-196 west to the Ottawa Street exit (#77). Move to the right lane, and turn right onto Michigan Street, going west. Stay in the left lane and turn left onto Mount Vernon (only a left turn is allowed from this lane). Move to the far right lane, and at the first light at Pearl Street (by Big Boy) turn right. Go through the light at Winter Street, [note Pearl Street changes to Lake Michigan Drive here] and immediately turn into the left turn lane to enter the Seward Parking Ramp, on the left.

From MUSKEGON and points NORTH and northwest of downtown Grand Rapids: Take I-196 east to US-131S exit. Continue south to the Pearl Street/Downtown exit (#85B). Move to the far right lane as you come off the ramp from US-131. At the first light (Pearl Street) turn right. Go through the light at Winter Street, [note Pearl Street changes to Lake Michigan Drive here] and immediately turn into the left turn lane to enter the Seward Parking Ramp, on the left.

From KALAMAZOO and points SOUTH of downtown Grand Rapids: Take US-131 north to the Pearl Street exit (#85B). Turn left onto Pearl Street. Continue west on Pearl Street through the light at Mount Vernon. Go through the next light at Winter Street, [note Pearl Street changes to Lake Michigan Drive here] and immediately turn into the left turn lane to enter the Seward Parking Ramp, on the left.

PARKING IS FREE FOR ATTENDEES. NO TICKETS WILL BE ISSUED IF YOU PARK IN THESE DESIGNATED LOTS. ALL OTHER LOTS REQUIRE PARKING PERMITS.