A Qualitative Assessment of Needs for Medicare/Medicaid Seniors

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Introduction

The purpose of this research:

- To explore and identify the social determinants Medicare/Medicaid(M/M) seniors face accessing vital health care and community resources.
- To determine whether community services meet the needs of M/M seniors

Participant Demographics

Insurance Coverage:

12 Medicaid & Medicare

12 Medicare Only

Race:

Hispanic (1)

- African American (14)
- White (9)

Age:

- 65-69: (5)
- 70-79: (12)
- 80-89: (6)
- Over 65 but unidentified: (1)

Participant Conditions

	Medicare & Medicaid - 12	Medicare Only - 12
# Chronic Conditions	None: 0 1-2: 4 3-4: 4 5+: 4	None: 1 1-2: 3 3-4: 8 5+: 0
# Emergency Department Visits	None: 9 1: 2 2: 1	None: 9 1: 3 2: 0
Hospital Stays	None: 8 1: 3 2: 1	None: 9 1: 2 2: 1

Why is this important?

- Medicare/Medicaid beneficiaries are one of our nation's most vulnerable populations.
- 40% of Medicare/Medicaid seniors have a cognitive or mental impairment
- Medicare/Medicaid recipients are three times more likely to represent a racial minority
- 24% of Medicaid's spending goes toward Medicare/Medicaid seniors

Community Sites



Interview Questions

- What are your priorities? Top priority? (food, housing, medications, or utilities)
- 2. Plans to age healthfully?
- 3. Personal experience with accessing services?
- 4. Services you find most accessible in the community?

Findings

- 42% of Medicare participants said all of the options were necessary
- 50% of M/M participants were able to reason out their priority choice
- 79% said they did not have a plan set in place
- 32% said they believed God would provide
- The hospital identified as most dependable resource.
- Community resources were found to be most accessible.

(nutrition sites, local recreation centers, and churches)

Results

Dependence on informal supports and locality, dependence on hospitals when in need of a service, and most seniors had no set plan for aging. Needs identified were: housecleaning services, transportation/bus line access, sidewalk feasibility, home repair, and Medicare navigation.