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SOC 490 Practicum: Career Service Internship

* **SOCIOLOGY 490**
	+ Graded as credit/no credit
	+ Offered Fall, Winter, and Spring/Summer
		- Spring/Summer count as one
* **PREREQUISITES**
	+ 15 hours in Sociology with permission from the coordinator
* **REQUIREMENTS**
	+ Choose between 1-9 credit hours
	+ Keep a daily reflective journal
	+ Schedule a meeting with internship coordinator
	+ Submit an evaluation of the place of internship
	+ Submit an 8-10 page document that explains how your sociology background helped with your internship
* **BENEFITS\***
	+ Hands-on experience for future career
	+ Exposure to new careers
	+ Increased network opportunities
	+ Stronger ties to your school, your community, and society
	+ Personal leadership development and personal growth
	+ Skill development and training on relevant topics desired by future employers

\*List of benefits taken from the Laker Leadership and Service Internship packet.