

Grand Valley State University Athletic and Recreation Facilities Liability Form

Name of Attendee: _____ Date of Birth: _____

Address: _____ City & Zip _____

Parent/Guardian (if participant is minor) : _____

Emergency Contact Name/Phone: _____

GENERAL FACILITY RULES:

1. Participants utilize all facilities "at your own risk".
2. Users may not enter the facility under the influence of alcohol or controlled substances, no alcohol or tobacco products are allowed in the facility.
3. All Recreation spaces require appropriate attire. This includes non-marking clean shoes. Shirts and workout gear, swimwear is restricted to the locker rooms and required in pool areas.
4. Book bags and personal items are your responsibility. Please secure in a locker or cubby, provided at the facility. Do not bring valuable items into the facility.
5. Any display of poor conduct, abusive language, fighting, or willful destruction of property may result in loss of facility use privileges.
6. Animals are prohibited unless assisting others or in special circumstances approved by facility administration.
7. Foods and beverages are permitted only in designated areas only. Water bottles are allowed in activity areas.
8. Bicycles, rollerblades, hoverboards, and skateboards are prohibited.

9. Weapons of all types are prohibited.
10. The staff reserves the right to interpret and enforce policies and procedures in its best interests. Such interpretation will not likely be in writing.

TURF, TRACK, and OUTDOOR SPACE RULES

1. Metal track spikes must be ¼ inch or less (no other metal spikes/cleats allowed)
2. No field paint
3. No spitting on any surface
4. Perimeter doors are for emergency exit only
5. No using walls as a rebound or backstop
6. Store and secure all equipment after use
7. Report all damages or injuries to building staff
8. Parking or unloading is not permitted on or near fields.
9. Cease activity during inclement weather, .
10. Plastic cleats are allowed, no metal cleats on turf.
11. Track spikes must be pyramid spikes no longer than 1/4 inch on the track surface.
12. Hitting of golf balls is not permitted on fields.
13. Use of drones is not permitted on any GVSU outdoor fields or courts.

This is a legally binding release made to Grand Valley State University. By signing below, I recognize that there are dangers and risks to which I may be exposed by participating in an event on the campus of Grand Valley State University. I understand the University cannot guarantee my safety while I am participating in an event. There are dangers and risks associated with all physical activity including the risk of physical injury. During this event, you may be invited to participate in a variety of physical activities. All physical activity involves a range of inherent risks. Consequently, you should ensure your health status is adequate to participate in these activities. It is your responsibility to check with a physician of your choice about your health status if there is any question regarding your fitness for participation. If at any time during participation, you experience any physical distress or have any questions or concerns regarding your participation, see your instructor immediately. Your participation in an activity is voluntary. Some types of equipment used in physical activity have unique characteristics and, if improperly used, can be dangerous and result in injury. Before you use any equipment, make sure you know how it works and it is in safe working order. Safety equipment may be required for some activities. Failure to use equipment as intended will increase your risk of injury to yourself and, possibly, to others.

People participating in events offered on the campus of Grand Valley State University assume the following responsibilities:

- Will comply fully with all rules, directions, and guidelines concerning physical activities and the safe use of equipment.
- Will notify the instructor or building manager immediately if any unsafe situations or unsafe practices come to his/her attention.
- Will limit his/her participation to planned class/event activities as directed by the instructor.
- Will stop participating if the participant feels he/she cannot continue safely.

I have read the above statements describing risks and responsibilities. I understand the potential risks associated with participation in physical activity. I understand I should consult with a physician to determine my suitability for participation if there is any question about its appropriateness. I understand I should consult with the leadership if I have any uncertainty or concerns regarding my participation as well as questions/doubts about safety during class activities. My questions about this agreement have been answered to my satisfaction. While I participate in this event, I agree to follow the space rules as outlined and if I do not comply with those conditions or any of the responsibilities outlined above, I understand this may result in dismissal from the event.

By signing below, I acknowledge having read and agreed to the guidelines listed above.

Signature _____

Date _____ (Form expires one year after this date)