## **Resources Shared During Designing Your Life Webinar**

If you would like to do more self-reflection and career exploration, I encourage you to visit the Career Center page for self-guided career exploration: https://www.gvsu.edu/careers/self-guided-career-exploration-386.htm

Here you will find multiple resources for self-assessment, career options to explore, support for getting organized and making decisions, and resources for job search and networking. Many of the resource links found here were discussed in the presentation.

Helpful Websites (many of these are also found in the self-guided career exploration section of our website)

The Muse: https://www.themuse.com/

- Great for researching companies by size and geography
- Excellent career advice on topics ranging from cover letters to handling conflict in the workplace

Career One Stop: <a href="https://www.careeronestop.org/">https://www.careeronestop.org/</a> and O\*Net: <a href="https://www.onetonline.org/">https://www.onetonline.org/</a>

- Department of Labor and Statistics Job Information related to salary and job market demands
- Good overview of knowledge, skills, and attributes (things I know, things I do, and things I am) for a wide variety
  of positions
- Helpful, reliable list of job postings for job seekers

What Can I Do with this Major: https://whatcanidowiththismajor.com/major/

- Can be helpful to organize your thoughts about what I want to do and some of the typical employers that hire someone for that job category
- Excellent list of professional associations and targeted job search boards listed at the bottom of each major

Here is an example from Linguistics:



GVSU Career Center Networking Resources: https://www.gvsu.edu/careers/networking-163.htm

GVSU Career Center Informational Interview Resources: <a href="https://www.gvsu.edu/careers/make-connections-informational-interviews-and-job-shadows-219.htm">https://www.gvsu.edu/careers/make-connections-informational-interviews-and-job-shadows-219.htm</a>

GVSU Work Like a Laker Podcasts: <a href="https://www.gvsu.edu/careers/work-like-a-laker-podcast-404.htm">https://www.gvsu.edu/careers/work-like-a-laker-podcast-404.htm</a>

• Easy to subscribe to and arranged by topic

## **Good Career Reads**

<u>Designing Your Life</u> by Bill Burnet & Dave Evans

<u>The New Rules of Work</u> by Alexandra Cavoulacos and Kathryn Minshew

<u>Skills for Career Success</u> by Elaine Biech

## Reflective Questions TedX Talk: https://youtu.be/2N03L6OaxeE

 <u>The Elevator Pitch is Broken</u> by Michelle Golden shares examples of reflective questions and new genuine ways to interact with others