

RECOVERY MEETINGS

Winter Semester 2020

SUN.	MON.	TUES.	WED.
6:00 PM Alcoholics Anonymous	5:30 PM Adult Children of Alcoholics	3:00 PM Alcoholics Anonymous	7:00 PM Alcoholics Anonymous
	7:00 PM SMART Recovery		
THURS.	FRI.	SAT.	
3:00 PM Alcoholics Anonymous	3:00 PM Alcoholics Anonymous	10:30 AM Alcoholics Anonymous	
7:00 PM Alcoholics Anonymous	Visit aa.org , na.org , adultchildren.org , or smartrecovery.org for other available meetings in the area.		

LOCATION

0073 Kirkhof Center

MEETING UPDATES

Schedule may differ due to building or campus closures. Please see www.gvsu.edu/aces for schedule updates.

Meetings will not be held on the following dates:

Feb 21 | Apr 25 -26 |

5:30/7:00 PM meetings will not be held on the following dates: Feb 29 - Mar 7

PARKING

University parking regulations are enforced and any fines will be the responsibility of the individual. For parking information visit: www.gvsu.edu/parking - There is pay to park parking space in Lot H.

MEETING EXPLANATIONS

Alcoholics Anonymous (AA) is a 12-step program for individuals who share their experience, strength, and hope with each other that they may solve their common issues and help others recover from an alcohol problem. Per AA, the only requirement for membership is a desire to stop drinking.

Adult Children of Alcoholics and Dysfunctional Families (ACA) is a program for individuals who grew up in alcoholic/drug addicted or otherwise dysfunctional home. Members discover how childhood affected them in the past and influences their present, taking steps to move on and cope with current relationships in a healthy manner.

SMART Recovery is a scientifically based recovery program utilizing cognitive behavioral modifications implemented by developing more healthy thought patterns to deal with the issues of addiction, obsessive, and compulsive behavior.