



Alcohol and Other Drugs Policy

(All information is current as of 2-19-09. However, any portion of this document may be revised, updated, or modified as deemed necessary due to changes in laws, best practices, or community standards. For any changes see the Record of Changes on page 2).

Record of Changes

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Rationale Concerning the Use of Alcohol and Other Drugs

Grand Valley State University (GVSU) strives to offer members of the University community the same rights as those afforded to members of the larger community. All members of the University community are responsible for making decisions about their behavior within the context of Michigan law and university regulations.

These policy statements are written as evidence of GVSU's commitment to its students by:

- Encouraging a campus environment where healthful choices are made;
- Working to prevent alcohol and other drug abuse;
- Expecting responsibility for one's own choices and behavior;
- Encouraging alcohol-free programs;
- Supporting and empowering those who responsibly choose not to use alcohol;
- Enforcing University, federal, state, and local codes, ordinances and statutes which govern alcohol and other drug use.

GVSU considers all issues of alcohol and other drugs (AOD) to be of concern to the University community. However, alcohol is by far the number one drug of choice on the campus and causes the most frequent negative impact. Thus, alcohol warrants a special emphasis as demonstrated throughout this document.

Standards of Conduct

The unlawful manufacture, possession, use, distribution or dispensation of illicit or prescription drugs and the unlawful possession, use, or distribution of alcohol by faculty, staff, and students on GVSU property or as part of a university activity is specifically prohibited by GVSU policy and by state and federal law. Reports of any such violations will be investigated by the campus police and, if appropriate, charges will be filed.

Drug-Free Workplace Act of 1988

Consistent with the Drug-Free Workplace Act of 1988, GVSU is committed to providing a workplace which is free from the unlawful manufacture, distribution, dispensation, possession, or use of a controlled substance. The unlawful manufacture, distribution, dispensation, possession, or use of controlled substances is prohibited on any GVSU-owned or controlled property.

It is the intent of GVSU to provide a drug-free, healthful, safe, and secure work environment. No employee will report to work evidencing any effects of illegal drug use. The following are procedures and guidelines for maintain compliance with the Drug-Free Workplace Act of 1988:

Compliance as a Condition of Employment

All university employees will, as a condition of employment, abide by the terms of this standard practice guide.

Maintenance of a Drug-Free Workplace

GVSU must provide an annual drug-free workplace certification to appropriate federal-funding agencies, and make a good faith effort to comply with its certification to provide a drug-free workplace, and otherwise meet the requirements of the Drug-Free Workplace Act, including having a policy statement and a drug-awareness education program. The Human Resources Office oversees a drug-awareness education program provided to GVSU faculty and staff.

Employee Obligation for Notification of Conviction

The Drug-Free Workplace Act of 1988 requires all faculty and staff to notify the University in writing of their conviction for a violation of a criminal drug statute occurring in the workplace. Notification must be sent to the Human Resources Office (140 Lake Michigan Hall, Allendale, MI, 49401, Phone: (616) 331-2215, Fax: (616) 331-3216) no later than five (5) calendar days after such a conviction.

Sanctions for Violation or Non-Compliance

Violations of this standard practice guide will result in personnel action against the employee, up to and including dismissal, pursuant to university procedures relating to employee or student discipline.

Within thirty (30) calendar days of receiving notice of a criminal drug statute conviction, the Associate Vice President of Human Resources, or the Dean of Students must take steps to require:

- 1) That the faculty, staff, or student employee satisfactorily participates in a drug rehabilitation program, or
- 2) That personnel action consistent with the Rehabilitation Act of 1973, as amended, is imposed in accordance with appropriate collective bargaining agreements, employee handbooks, the Student Code of Conduct, or other university procedures.

Health Risks Related to Alcohol and Other Drugs

Drug use can start out as experimentation or casual use but progress into problem use and dependence. The abuse of alcohol and other drugs can erode the foundation of the University's goals and objectives and diminishes the personal attainment of intellectual, social, physical, and moral growth and development. This includes:

- Psychological and/or physical dependence.
- Impaired learning ability, memory loss, inability to solve complex problems.
- Inability to perform sexually, infertility problems.
- Increased risk of sexually transmitted diseases (including AIDS).
- Complications due to the combination of prescription medication and other drugs or alcohol.
- Death, coma or toxic reactions especially when combining alcohol with any other drug, including over-the-counter medicine or prescriptions.
- Guilt/regret over activities performed while under the influence of alcohol/drugs, i.e., regretting sexual encounters, fighting, risk-taking, legal difficulties.
- Organic damage to brain, cardiovascular system, liver, etc.

- Increased risk of cancer.
- Fetal alcohol syndrome, birth or genetic defects.
- Psychosis (hallucinations, loss of contact with reality, extreme changes in personality).
- Diet deficiencies.
- Other physiological, psychological or interpersonal problems.

Alcohol consumption causes a number of marked changes in behavior. Even low doses significantly impair the judgment and coordination required to drive a car safely, increasing the likelihood that the driver will be involved in an accident. Low to moderate doses of alcohol also increase the incidence of a variety of aggressive acts, including assaults and spouse and child abuse. Moderate to high doses of alcohol cause marked impairments in higher mental functions, severely altering a person's ability to learn and remember information. Very high doses cause respiratory depression and death. If combined with other depressants of the central nervous system, much lower doses of alcohol will produce the effects just described.

Repeated use of alcohol can lead to dependence. Sudden cessation of alcohol intake is likely to produce withdrawal symptoms, including severe anxiety, tremors, hallucinations and convulsions. Alcohol withdrawal can be life-threatening. Long-term consumption of large quantities of alcohol, particularly when combined with poor nutrition, also can lead to permanent damage to vital organs such as the brain and the liver.

Dangerous Drinking Is:

Drinking on an empty stomach - Alcohol irritates the lining of the stomach, and is one of the two most common causes of stomach cancer (smoking is the other cause). Alcohol is also causative in 75% of throat cancers.

Drinking when pregnant - Alcohol can damage a fetus resulting in a birth defect known as Fetal Alcohol Syndrome, which causes a distinct facial configuration and brain damage similar to Downs Syndrome.

Mothers who drink alcohol during pregnancy may give birth to infants with fetal alcohol syndrome. These infants have irreversible physical abnormalities and mental retardation. In addition, research indicates that children of alcoholic parents and/or children who have Attention Deficit Disorder/Attention Deficit Hyperactivity Disorder are at greater risk than other youngsters of becoming alcoholics.

Drinking while underage - Alcohol has twice the effect on teenage brains as it does on adults, resulting in permanent damage to the memory and to the individual's abilities to learn new information and to think critically. Being ticketed for underage drinking also carries financial penalties and a Minor in Possession (MIP) arrest remains on the record for at least seven years. A second or third MIP may include loss of driver's license, jail time, probation, higher fines, and costs for lawyers and court fees.

Drinking when taking medication - Many medications can interact with alcohol, leading to increased risk of illness, injury, or death. It is estimated that alcohol-medication interactions may be a factor in at least 25% of all emergency room admissions.

Drinking if you have alcoholism in the family - If you have inherited the genetics for alcoholism from parents or grandparents, your very first drink of alcohol is may trigger the disease, leading you to become a "practicing alcoholic" at a very early age. Most recovered alcoholics say that they essentially "fell in love" with alcohol when they first used it, usually at the age of 10 - 15. See the definitions for Misuse, Abuse and Dependence to determine whether or not you are in danger of addiction to alcohol.

Drinking if you have ADD or ADHD - Children who have severe Attention-Deficit/Hyperactivity Disorder (ADHD) are at greater risk of developing alcohol or other drug problems later in life. In fact, the risk is so high that having a history of ADHD is as important as having a family history of addiction in predicting future alcohol and other drug problems.

Drinking too much, too fast - e.g., "doing shots," averaging more than one drink per hour.

Drinking even one within an hour of driving - After just one drink, a driver begins to lose the ability to perform the tasks necessary to drive a car: braking, steering, changing lanes, and using judgment to adjust to changing road conditions.

Drinking competitively – e.g., drinking games.

Drinking and dating - 90% of acquaintance rapes involve the use of alcohol by one or both individuals involved.

“Safe” Drinking Is:

"Safe" (or appropriate or responsible) use of drugs, including alcohol, is generally defined as either "moderate" use or use which follows a prescription for a particular condition as diagnosed by a medical doctor.

There is no "safe" use of illegal drugs, nor is there a guaranteed safe use of alcohol, caffeine, aspirin or other legal drugs available without a prescription. However, it is generally believed that occasional and moderate use of such drugs is safe for most healthy adults over the age of 21.

The U.S. Department of Health and Human Services and the Department of Agriculture (re. nutrition), tell us that most healthy adults will have few, if any, negative effects from having *one serving of alcohol per day (the maximum limit for women) or, for men, two servings per day.* (One serving = 12 oz. of beer, 6 oz. of wine, 1.5 oz. of liquor.)

However, even one drink per day slightly increases the chances of breast cancer, and can

be quite dangerous to certain individuals depending upon their age and medical condition.

Definitions: Misuse, Abuse, and Dependence

Misuse of Alcohol - drinking too much or drinking for the wrong reasons, e.g., having more than one drink per day for women or more than two drinks per day for men, or using alcohol to "medicate" oneself. For instance, drinking enough to "forget" an emotionally upsetting event. Or, drinking in order to overcome "shyness" at a social event. Repeated misuse can lead to abuse.

Abuse of Alcohol - drinking too much and/or too fast, drinking to the point of becoming drunk (intoxicated). For instance, drinking more than one serving of alcohol per hour and/or drinking one or more servings of alcohol as rapidly as possible, or having more than one drink per day for women or more than two drinks per day for men. Experiencing one or more of the symptoms listed below within a 12-month period is a sign of abuse. Repeated abuse may be a symptom of addiction.

Dependence Upon Alcohol/Alcoholism/Alcohol Addiction - a disease characterized by drinking too much too often, a condition in which consuming alcohol becomes necessary in order to feel "normal," and in which the absence of alcohol in the body for more than a brief period of time causes one to feel sick with flu-like symptoms, to tremble or even have convulsions.

People who are chemically dependent upon alcohol risk their lives if they stop drinking suddenly and without the oversight of a health professional. The only way to "cure" addiction to alcohol and other drugs is to detoxify and remain totally abstinent. The "cause" of addiction is a chemical imbalance in the brain which is genetically determined. Children inherit the imbalance. If they begin to drink alcohol or use drugs, they activate the disease of addiction. Thus, dependence upon alcohol and/or other drugs is a disease similar to diabetes: it is inherited, chronic, and terminal if left untreated. Management of the disease requires significant behavioral change (e.g., abstinence from certain substances).

Symptoms of Misuse, Abuse, and Dependence

Experiencing one or more of the following symptoms is an indication of AOD misuse. Experiencing one or more symptoms during a 12-month period is an indication of AOD abuse. Experiencing three or more of these symptoms during a 12-month period is an indication of AOD dependence (addiction/alcoholism).

Tolerance - the ability to drink your friends "under the table," or simply an increase in the amount of AOD it takes for you to "get a buzz;" e.g., having four or five servings of alcohol without exhibiting signs of intoxication such as difficulty walking and talking.

Compulsiveness - being unable to stop using AOD, once you start, before serious impairment; e.g., intending to "have only one," and ending up intoxicated, or drinking before going to a party in order to "prime the pump."

Frequency - regularly exceeding the limits for moderate or social drinking or using prescription drugs more than ordered by the doctor. Moderate or social drinking is defined as having no more than two drinks per day for men, and no more than one drink per day for women; e.g., thinking that if one is good, two is better, or defining Thursday night as "part of the weekend" as a rationale for using.

Control Attempts - trying, unsuccessfully, to cut down the amount one consumes and/or the time spent using AOD; e.g., running out of your drug of choice and then driving long distances late at night to get a fix.

Negative Consequences - missing classes and/or work, getting into fights or serious arguments with friends, getting into legal trouble, developing health problems -- but continuing to use AOD anyway; e.g., chain-smoking even when you have Bronchitis.

Sacrificing Fun, Work, Friends - developing a "one-track mind" - giving up important work and fun activities in order to obtain, use, and recover from AOD. Being unable to have fun or relax without AOD; e.g., using marijuana the night before an important exam, or spending most of your grocery money on your drug of choice.

Withdrawal - feeling worse after a day of not using AOD, than after a day of using AOD and/or persistent cravings when not using; e.g., needing "just a little" to start the day/stop the trembles.

Blackouts - Loss of memory for periods of time, although the person may be able to carry on a conversation at the moment.

Legal Sanctions and Summary of Laws

Local, state, and federal laws make unlawful manufacture, possession, use, distribution or dispensation of drugs and alcohol serious crimes. Violations of local, state, or federal law may result in conviction of a misdemeanor and/or felony which can lead to imprisonment, fines, confiscation of real and personal property, and/or assigned community service, or any combination of these penalties. As a general rule, courts do not excuse persons convicted of drug or alcohol abuses from jail to go to college or to get to their jobs. Even more importantly, a record of a felony conviction will prevent an individual from entering many careers. Further, the University may impose sanctions pursuant to its policies.

The following summary covers sections of the Michigan Liquor Control Act, being MLCA 436.1 et seq., relating to the possession, consumption, and sale of alcoholic beverages.

It is possible that not all laws relevant to a particular situation are included in this brief summary; therefore, no one should take action in reliance upon it. The summary is intended strictly as an educational tool, and should not be construed as legal advice.

Laws and administrative rules governing establishments licensed by the Michigan Liquor Control Commission, as well as sections of the law dealing with licenser, importation, taxation, wholesaling, and manufacturing of alcoholic beverage are not included in the summary.

Alcoholic Beverage Defined

"Alcoholic beverage" means any spirituous, vinous, malt, or fermented liquor, liquids and compounds, whether or not medicated, proprietary, patented, and by whatever name called, containing one-half of one percent or more of alcohol by volume which are fit for use for beverage purposes.

Alcohol: Legal Sanctions for All Ages

Driving While Intoxicated at 0.08 or Above

A person cannot operate a vehicle upon a highway or other place open to the general public, including parking lots, while intoxicated. "Operating while intoxicated" means: 1) the person is under the influence of alcoholic liquor, a controlled substance, or a combination of the two; or 2) the person has an alcohol content of 0.08 grams or more per 100 milliliters of blood.

A person convicted on this charge is guilty of a misdemeanor punishable by one or more of the following: 1) community service for a maximum of 360 hours; 2) imprisonment for a maximum of 93 days; and/or 3) a \$100 to \$500 fine. The court may also order vehicle immobilization.

A second conviction within seven years will result in a fine of \$200 to \$1,000 and one or more of the following: 1) imprisonment for five days to one year, and/or 2) community service for 30 to 90 days. The court will order immobilization of the vehicle.

A third conviction, regardless of the number of years since the prior conviction, is a felony punishable by a \$500 to \$5,000 fine and either of the following: 1) state prison for one to five years, or 2) probation with imprisonment in the county jail for 30 days to one year and community service for 60 to 180 days. The court will order immobilization of the vehicle.

Fraudulent Identification

A person who furnishes fraudulent identification to a person under 21 years of age or a person under 21 years of age who uses fraudulent identification to purchase alcoholic beverage, is guilty of a misdemeanor punishable by imprisonment for not more than 93 days and/or a fine of not more than \$100. In addition to penalties pursuant to the misdemeanor, the driver's license of a person convicted of using fraudulent identification shall be suspended for 90 days.

Transportation of Alcoholic Beverage (Open or Uncapped)

It is unlawful to transport or possess any alcoholic beverage in a container which is open, uncapped, or upon which the seal is broken, within the passenger compartment of a motor vehicle on the highways of Michigan. In addition, open or uncapped alcoholic beverage

cannot be in the passenger compartment of a moving vehicle in any place open to the general public or generally accessible to motor vehicles, including parking lots.

If the vehicle does not have a trunk or compartment separate from the passenger compartment, the container must be enclosed or encased and not readily accessible to the occupants of the vehicle.

A person who violates this section is guilty of a misdemeanor. As part of the sentence, the person may be ordered to perform community service and undergo substance abuse screening and assessment at his or her own expense.

Sell or Furnish Alcohol (Non-Retail Situation) to a Minor

Knowingly selling or furnishing alcohol to a person under the age of 21 or failing to make diligent inquiry whether the person is less than 21 years of age is a misdemeanor.

First violation. Up to 60 days in jail and/or \$1,000 fine.

Second violation. Up to 90 days in jail and/or \$2,500 fine.

Sell or Furnish Alcohol – Causing Death. Knowingly selling or furnishing alcohol to a person under the age of 21 or failing to make diligent inquiry whether the person is less than 21 years of age, and the subsequent consumption of alcohol by the minor is a direct and substantial cause of that person's death or an accidental injury that cause that person's death is a felony. The penalty is 10 years imprisonment and/or \$5,000.

Requirement of License to Sell. Under Michigan law, the sale or trade of alcoholic beverage, including alcoholic beverage for personal use, requires a license or other prior written authorization from the Liquor Control Commission. This includes "passing the hat" or a "cover" charge. A person who conducts any activity for which a liquor license is required without first obtaining the requisite license is guilty of a felony, punishable by imprisonment for not more than one year, and/or by a fine of not more than \$1,000.

Alcohol: Legal Sanctions for Those Under 21

Minor In Possession (MIP)

In Michigan it is illegal for a person under the age of 21 year to purchase (or attempt to), consume (or attempt to) or possess (or attempt to) alcoholic beverage.

The law does not prohibit a person less than 21 years of age from possessing alcoholic beverage during regular working hours and in the course of his/her employment if employed by an organization possessing a liquor license, by the Liquor Control Commission, or by the Commission's agents if the alcoholic beverage is not possessed for his/her personal consumption.

The law does not prohibit the consumption of alcoholic beverage by a person less than 21 years of age who is enrolled in a course offered by an accredited college or university in an academic building and under the supervision of a faculty member if the purpose is solely education and a requirement of the course.

A minor who violates this law is guilty of a misdemeanor punishable by:

First violation. A fine of not more than \$100. May be ordered to participate in substance abuse prevention services or substance abuse treatment and rehabilitation services, and may be ordered to perform community service and to undergo substance abuse screening and assessment at his/her own expense. Judges have the discretion to order up to 30 days in jail if the person fails to meet sentencing or probation conditions.

Second violation. A fine of not more than \$200 and/or 30 days in jail. May be ordered to participate in substance abuse prevention or substance abuse treatment and rehabilitation services, to perform community service, and to undergo substance abuse screening and assessment at his/her own expense. The person's driver's license will also be suspended for 90 days, with a restricted license available after 30 days.

Third (or subsequent) violation. A fine of not more than \$500 and/or 60 days in jail. May be ordered to participate in substance abuse prevention or substance abuse treatment and rehabilitation services, to perform community service, and to undergo substance abuse screening and assessment at his/her own expense. The person's driver's license will also be suspended for one year, with a restricted license available after 60 days.

Under 21 Operating a Motor Vehicle at 0.02 to 0.08

A person less than 21 years of age can not operate a vehicle upon a highway or other place open to the general public, including parking lots, with any bodily alcohol content. "Any bodily alcohol content" means alcohol content of 0.02 grams or more but less than 0.08 grams per 100 milliliters of blood.

A person who violates this law is guilty of a misdemeanor punishable by:

First violation. A fine of not more than \$250 and/or community service for not more than 360 hours. The person's driver's license will be suspended for 30 days.

Second (and subsequent) Violation (when occurring within seven years of one or more prior convictions). A fine of not more than \$500 and/or up to 60 days of community service. The person's driver's license will be suspended for 90 days.

Possessing or Transporting Alcohol in a Motor Vehicle by a Minor

It is a misdemeanor for a person under 21 years of age to knowingly transport or possess alcoholic beverage in a motor vehicle, unless such activities are in connection with the minor's employment pursuant to a liquor license or other authorized agent of the Liquor Control Commission. Charges apply equally to drivers and passengers. The penalty for

the misdemeanor conviction is 90 days in jail and/or a \$500 fine. The court may impose community service and a substance abuse assessment.

Summary of Alcohol Sanctions

All Ages	Under 21
<ul style="list-style-type: none"> ▪ <i>Driving While Intoxicated at 0.08 or Above</i> A person convicted on this charge is guilty of a misdemeanor punishable by one or more of the following: 1) community service for a maximum of 360 hours; 2) imprisonment for a maximum of 93 days; and/or 3) a \$100 to \$500 fine. The court may also order vehicle immobilization. A second conviction within seven years will result in a fine of \$200 to \$1,000 and one or more of the following: 1) imprisonment for five days to one year, and/or 2) community service for 30 to 90 days. The court will order immobilization of the vehicle. A third conviction, regardless of the number of years since the prior conviction, is a felony punishable by a \$500 to \$5,000 fine and either of the following: 1) state prison for one to five years, or 2) probation with imprisonment in the county jail for 30 days to one year and community service for 60 to 180 days. The court will order immobilization of the vehicle. ▪ <i>Fraudulent Identification</i> The penalty is imprisonment for not more than 93 days and/or a fine of not more than \$100. In addition, the driver's license of a person convicted of using fraudulent identification shall be suspended for 90 days. ▪ <i>Sell or Furnish Alcohol (Non-Retail Situation) to a Minor</i> <ul style="list-style-type: none"> ○ <i>First violation.</i> Up to 60 days in jail and/or \$1,000 fine. ○ <i>Second violation.</i> Up to 90 days in jail and/or \$2,500 fine. ○ <i>Sell or Furnish Alcohol – Causing Death.</i> The penalty is 10 years imprisonment and/or \$5,000. ○ <i>Requirement of License to Sell.</i> The penalty is imprisonment for not more than one year, and/or by a fine of not more than \$1,000. ▪ <i>Transportation of Alcoholic Beverage (Open or Uncapped)</i> As part of the sentence, the person may be ordered to perform community service and undergo substance abuse screening and assessment at his or her own expense. 	<ul style="list-style-type: none"> ▪ <i>Minor In Possession (MIP)</i> <ul style="list-style-type: none"> ○ <i>First violation.</i> A fine of not more than \$100. May be ordered to participate in substance abuse prevention services or substance abuse treatment and rehabilitation services, and may be ordered to perform community service and to undergo substance abuse screening and assessment at his/her own expense. Judges have the discretion to order up to 30 days in jail if the person fails to meet sentencing or probation conditions. ○ <i>Second violation.</i> A fine of not more than \$200 and/or 30 days in jail. May be ordered to participate in substance abuse prevention or substance abuse treatment and rehabilitation services, to perform community service, and to undergo substance abuse screening and assessment at his/her own expense. The person's driver's license will also be suspended for 90 days, with a restricted license available after 30 days. ○ <i>Third (or subsequent) violation.</i> A fine of not more than \$500 and/or 60 days in jail. May be ordered to participate in substance abuse prevention or substance abuse treatment and rehabilitation services, to perform community service, and to undergo substance abuse screening and assessment at his/her own expense. The person's driver's license will also be suspended for one year, with a restricted license available after 60 days. ▪ <i>Possessing or Transporting Alcohol in a Motor Vehicle by a Minor</i> Charges apply equally to drivers and passengers. The penalty for the misdemeanor conviction is 90 days in jail and/or a \$500 fine. The court may impose community service and a substance abuse assessment. ▪ <i>Under 21 Operating a Motor Vehicle at 0.02 to 0.08</i> A person who violates this law is guilty of a misdemeanor punishable by: <ul style="list-style-type: none"> ○ <i>First violation.</i> A fine of not more than \$250 and/or community service for not more than 360 hours. The person's driver's license will be suspended for 30 days. ○ <i>Second (and subsequent) Violation (when occurring within seven years of one or more prior convictions).</i> A fine of not more than \$500 and/or up to 60 days of community service. The person's driver's license will be suspended for 90 days.

(Current as of May 2008)

Michigan Anti-Hazing Law and Sanctions

“Hazing” means an intentional, knowing, or reckless act by a person acting alone or acting with others that is directed against an individual and that the person knew or should have known endangers the physical health or safety of the individual, and that is done for the purpose of pledging, being initiated into, affiliating with, participating in, holding office in, or maintaining membership in any organization. Hazing includes any of the following:

Physical brutality, such as whipping, beating, striking, branding, electronic shocking, placing of a harmful substance on the body, or similar activity.

Activity involving consumption of a food, liquid, alcoholic beverage, liquor, drug, or other substance that subjects the individual to an unreasonable risk of harm or that adversely affects the physical health or safety of the individual.

Legal Sanctions

A person who attends, is employed by, or is a volunteer of an educational institution shall not engage in or participate in the hazing of an individual. A person in violation is guilty of a crime punishable as follows:

If the violation results in physical injury, the person is guilty of a misdemeanor punishable by imprisonment for not more than 93 days or a fine of not more than \$1,000, or both.

If the violation results in serious impairment of a body function, the person is guilty of a felony punishable by imprisonment for not more than five years or a fine of not more than \$2,500, or both.

If the violation results in death, the person is guilty of a felony punishable by imprisonment for not more than 15 years or a fine of not more than \$10,000, or both.

University Sanctions for Students

University Response to Incidents Requiring Medical Assistance

In cases of intoxication for alcohol poisoning, the primary concern is the health and safety of the individual(s) involved. Individuals are strongly encouraged to call for medical assistance for him or herself or for a friend/acquaintance who is dangerously intoxicated. Unless there are extenuating circumstances, no student seeking medical treatment for an alcohol overdose on campus will be subject to legal sanctions by the GVSU Department of Public Safety for the sole violation of using or possessing alcohol. This policy shall extend to another student seeking help for the intoxicated student, unless there are extenuating circumstances. However, students will face university sanctions as a result of this incident.

Students or other individuals who become incapacitated as a result of drinking, drug usage, or a medical condition who require emergency medical care will be financially responsible for the costs of the medical care including ambulance and/or hospitalization costs.

Referral Guidelines for Alcohol Offenses

Regardless of whether or not an MIP or other legal action is taken, the following referrals are to be made for all students as described below. However, depending on the severity of the incident, a lower level referral may be skipped over or combined with a higher

level of referral. Also, referral sources (most typically a Housing & Residence Life Staff member) may require additional sanctions as well (e.g., writing a paper, doing a bulletin board, attending a campus program, etc.)

First Offense	Second Offense	Third or More Offense
<p>All first offenders of the University's alcohol policy are to attend an ACE (Alcohol Campus Education) Group within 30 days of meeting with the referring party regardless of law enforcement involvement.</p> <ul style="list-style-type: none"> ▪ ACE Group is a ONE TIME ONLY educational workshop. ▪ Duration: 3 hours ▪ Frequency: One (or more) groups are scheduled every week at various dates and times. ▪ Cost: Free ▪ Focuses on alcohol awareness topics such as: <ul style="list-style-type: none"> ○ Legal academic, and future impact of an MIP ○ Responsible vs. dangerous drinking ○ Risk reduction ○ Health and safety ○ Sexual assault 	<p>All second offenders, higher risk first offenders, or students who have already had multiple interactions with law enforcement (e.g., medical transports, arrived on campus with previous charges, etc.) are referred to ACE Individual.</p> <ul style="list-style-type: none"> ▪ ACE Individual is an alcohol/substance abuse assessment with a Counseling Center substance abuse specialist. ▪ Duration: 1 hour ▪ Frequency: Minimum one session assessment with possible recommendations for further treatment or intervention options (e.g., Holland Hospital's sponsored 5-week educational program, 12-Step Meetings) ▪ Cost: Free if it is only for an on-campus internal student referral. If it is also as a result of a court order or probation requirement there is a \$100 fee. An assessment that is for a court order or a probation requirement is \$100. If referred to the Holland Hospital's 5-week program there is a \$25 fee/week, payable to Holland Hospital. 	<p>All third offender referrals or incidents of a higher risk nature can receive this level of referral.</p> <ul style="list-style-type: none"> ▪ At this level there will be stronger, multiple, and more structured consequences. These will be determined by the referral sources and other necessary parties. ▪ Intervention and potential actions that could be taken at this level include: <ul style="list-style-type: none"> ○ Judicial referral ○ Meeting with Dean of Students Office ○ Individual assessment with a substance abuse specialist for recommendation of clinical interventions ○ Placement on a Behavioral Plan ○ Holland Hospital Intensive Outpatient Services or 5-week educational group, 12-Steps Meetings. ○ Other sanctions as appropriate (e.g., medical withdrawal, etc.). <p style="text-align: right;"><i>(Current as of May 2008)</i></p>

General Rules for Alcohol Use at On-Campus Events

As a member of the GVSU community there are specific values that student, staff, and faculty need to honor and observe, especially in the use of alcohol at campus events. Foremost at these events, each individual, including guests, is personally responsible for his/her own conduct.

While various venues and departments may have their own additional rules regarding alcohol use at functions, ALL events involving alcoholic beverage shall be conducted according to the following rules:

Planning

1. Sale or furnishing of alcoholic beverage on university property is permitted only when properly licensed, if legally required, and approved pursuant to university policy.
2. The sale, furnishing, possession and/or consumption of alcoholic beverage, which includes beer and wine, is permitted only at events properly registered with, and approved in advance by the appropriate administrator.
3. It may be required that individuals or groups sponsoring an event where alcoholic beverage will be available to hire additional police service. This service shall be coordinated through the University's Department of Public Safety (331-3255, www.gvsu.edu/publicsafety).
4. An approved university representative shall be present at all times during the event.
5. Individuals or groups sponsoring an event where alcoholic beverage will be available shall implement precautionary measures to assure that alcoholic beverage is not accessible or served to any person under the legal drinking age or to any person who appears intoxicated. This shall include, but not be limited to, checking identification and training serving people and bartenders in alcohol management techniques.
6. Individuals or groups sponsoring an event where alcoholic beverage will be available shall take responsibility to be fully informed of liability laws, University regulations, and any applicable insurance requirements.
7. Compliance with the terms of university insurance coverage is required. Questions regarding insurance coverage should be referred to the Director of Business Services (331-2284).
8. Advertisements for any university event where alcoholic beverage is served shall not focus on the availability of alcoholic beverage.
9. Each request to sponsor an event where alcoholic beverage will be available must provide a description of the food to be provided at the event. The Dean of Students and/or designee may reject any request which does not provide food for consumption.
10. Consumption of alcoholic beverage shall be permitted only within the approved area for the event.

During the Event

1. Each individual is responsible for his/her own conduct.
2. Non-alcoholic beverages shall be made available and identified at the same place as the alcoholic beverage and be featured equally and at least as prominently as the alcoholic beverage.
3. Individual drinking containers are limited to 12 ounces maximum.
4. No event shall include any form of "drinking contests" or "drinking games."
5. Food must be made available during the event as long as alcohol is being served.

Guidelines for Alcoholic Beverage Marketing on Campuses

1. Michigan Liquor Control Commission guidelines for marketing alcoholic beverages on university campuses must be adhered to (http://www.state.mi.us/orr/emi/admincode.asp?AdminCode=Single&Admin_Num=43601301&Dpt=LG&RngHigh=).
2. Newspaper, radio, and television operations within the University's domain shall comply with all Michigan Liquor Control Commission advertising guidelines and are encouraged to follow the marketing guidelines contained in the policy.
3. All other on-campus media and promotional materials, excluding those listed above, shall conform to the marketing guidelines contained in the policy. Any exceptions must have the written consent of the President or designee.
4. All outlets broadcasting University events must be made aware of and be encouraged to follow the guidelines for alcohol beverage marketing as outlined in the policy.
5. Any sign, billboards, scoreboards, posters, etc., erected on campus shall conform to the alcohol beverage marketing guidelines as outlined in this policy unless prior written approval is received from the Dean of Students (331-3585).
6. Alcoholic beverage marketing programs specifically targeted for students and/or held on campus should conform to GVSU's Student Code, and should avoid demeaning, sexual, or discriminatory portrayal of individuals.
7. Promotion and/or advertising to encourage use of alcohol is discouraged.
8. Alcoholic beverage should not be provided as free awards to individual students or campus organizations.
9. Alcoholic beverage sampling or "drinking contests" as part of campus marketing programs will not be permitted.

10. Promotional activities should not be associated with otherwise existing campus events or programs without written consent of the Dean of Students (331-3585).
11. Display or availability of promotional materials should be determined in consultation with the Dean of Students (331-3585).
12. Informational marketing programs should have educational value and subscribe to the philosophy of responsible and legal use of the products represented.
13. Alcoholic beverage marketers should support campus alcohol awareness programs that encourage informed and responsible decisions about the use or non-use of beer, wine, or distilled spirits.
14. If permitted, alcoholic beverage advertising on campus or in institutional media, including that which promotes events as well as product advertising, should not portray drinking as a solution to personal or academic problems of students or as necessary to social, sexual, or academic success.

Drug and Alcohol Prevention, Counseling, Rehabilitation, and Re-Entry Programs

Recognizing that alcohol or drug abuse may be treatable, GVSU is supportive of students, faculty, staff and their families in finding the best possible treatment.

GVSU encourages students, faculty, and staff with alcohol or other drug dependency problems to use the services of the University or community counseling services for assistances. The following is a list of those services:

For Students

The GVSU Counseling and Career Development Center provides personal counseling, which can include services for those with drinking and/or other drug issues. The Counseling and Career Development Center houses the ACES program. This program coordinates education, intervention, and recovery programs on campus. Individual alcohol assessments and outpatient counseling are available for those with substance abuse or dependency issues. Fees will be charged for court ordered assessments.

ACES (Alcohol Campus Education and Services), 616-331-2537, www.gvsu.edu/aces
Counseling and Career Development Center, 616-331-3266, www.gvsu.edu/counsel.

The ACE Group is a three-hour workshop for those who have been referred due to violating the campus alcohol policy for the first time. If students have violated the campus alcohol policy two or more times, they are referred for a substance/alcohol assessment with a substance abuse counselor (in addition to other sanctions imposed by housing or the judicial process). Fees may be charged for court-ordered evaluations (and services).

If treatment for drug and/or alcohol dependency is needed, students on the Allendale campus are encouraged to contact ACES at 331-2537 or the Counseling Center at 331-3266. Students on the Pew campus are encouraged to contact ACES at 331-2537 or the Counseling Center at 331-7596.

12-Step Groups

Students may also find information and a current schedule of on-campus 12-Step Groups by visiting the ACES website (www.gvsu.edu/aces).

For Faculty, Staff, and Their Families

The Employee Assistance Program (EAP), also known as Encompass, is GVSU's resource which provides five free counseling sessions for faculty, staff and their families to deal with a variety of life issues. These include everything from issues with elder care, child care, the birth of a child or the death of a loved one, and alcohol and other drugs assessment and treatment. Resources and referrals are also available for those who are experiencing financial or legal problems.

Work Life Connections is a GVSU program designed to assist faculty and staff in getting the information and answers needed, through on-campus education and programming, on a wide variety of topics related to life, health and wellness opportunities and general support to help faculty/staff maintain a healthy work life balance. For further information on GVSU Work Life Connections and Encompass, visit www.gvsu.edu/healthwellness.

Appendices

Registered Student Organization

Alcohol Policy and Event Regulations

University Policies on Alcohol Use on University Owned or Controlled Property

Football Tailgating Policy

Resources and Informational Website Links

Registered Student Organization

Alcohol Policy and Event Regulations

Recognizing the considerable independence and autonomy of student organizations while at the same time recognizing the increased consumption of alcohol on college campuses, and in many instances increased occurrences of alcohol abuse and malicious destruction of property, driving accidents, personal injury, and other related activities, GVSU has adopted the following guidelines pertaining to alcohol use by Registered Student Organizations:

- Registered Student Organizations are encouraged to promote alcohol awareness programs and to help promote such programs on campus.
- Organizational leadership and members must become educated about the signs and symptoms of alcohol problems, how to refer individuals with possible alcohol problems, and local sources of assistance.
- Organizations must educate their members regarding liability and responsibilities associated with the use of alcohol at activities.
- Organizations must not promote irresponsible and/or illegal use of alcoholic beverages.
- Organizations must not portray drinking as a solution to personal or academic problems (e.g., through posters, t-shirts, fliers, etc).
- Organizations must not portray alcohol consumption as being necessary for social, sexual, personal, or academic success (e.g., through posters, t-shirts, fliers, etc).
- Organizations must adhere to the General Rules for Alcohol Use at On-Campus Events outlined on page 16.
- Activities must not be scheduled in which alcoholic beverages are offered as prizes or incentives or at which alcoholic beverages are served to persons under 21 years of age.
- Activities must not be scheduled which promote drinking contests or alcohol abuse.
- Alcohol must not be part of new membership recruitment programs.

Alcohol Beverage Application and Service Policy for Registered Student Organization

Introduction

The following policy regulations clarify the specific requirements and application process for the use of alcoholic beverages by registered student organizations at GVSU facilities. These regulations are in addition to the established policies and procedures already established for each facility.

Facility Options Available

Registered student organizations sponsoring events that include alcoholic beverage service may only schedule these events in the licensed rooms within the Kirkhof Center, the Alumni House, the Meadows, the DeVos Center and the Eberhard Center. All alcoholic beverage service for student organizations must utilize the option for cash bar service. Complete information regarding costs for service is available through each facility.

Application Process

Registered Student Organization officers considering an event with alcoholic beverages must first schedule a meeting with the Director of Student Life to review the application process and all policy requirements of event sponsors. A completed "Application for Alcoholic Beverage Service for Registered Student Organizations" must be submitted to the Director of Student Life a minimum of 30 days prior to the requested event date. The application must include the rationale for having alcohol beverages at the event and include a detailed plan for monitoring the student use of alcohol at the event. The application is reviewed by the Director of Student Life and if approved is then sent to the Dean of Students for review and final approval. Upon submission of an application the student organization will be notified within five work days if they have been approved for alcoholic beverage service. The Director of Student Life may appoint another department staff member to coordinate the application process in the event of his/her absence from campus.

Staffing and Security Requirements

Events are required to have a professional staff member from the Office of Student Life present for the entire event. This staff member will be assigned by the Director of Student Life. The sponsoring organization may also be required to hire additional police or security coverage as determined by the Director of Student Life. Police coverage will be coordinated with the University's Department of Public Safety for events held on the Allendale Campus or Pew Campus Security for events held on the Pew Campus in Grand Rapids.

Identification Requirements

All individuals attending must present a current picture ID such as a state driver's license or state ID card and possess this identification throughout the event.

Wristbands

Those individuals who are at least 21 years of age will receive a plastic wristband on their right wrist. This will be placed on the wrist, secured, and trimmed by the staff member supervising the entrance to the event. Wristbands will be available through the Office of Student Life.

Drink Tickets

Those individuals who have received a plastic wrist band will be eligible to purchase drink tickets from the cash bar ticket seller. Tickets will be color coded for various beverage price options. An individual will be limited to purchasing one alcoholic beverage ticket at a time. Beverage tickets are then presented to the bartender for service.

Advance Sales/Guests Lists

Student organization events that will have alcoholic beverage service must 1) be by invitation only, or 2) sell tickets in advance of the event. "At the door" sales are prohibited. An official typed final guest list of those individuals attending the event must be submitted to the Office of Student Life Professional Staff member working the event at least one hour prior to the start of the event. Individuals without tickets sold in advance or formal invitation will not be permitted to enter the room containing the alcoholic beverage service. Alcoholic beverage service is only available for a scheduled event, and is not open to the general public. The regulations of advance sales and guest list are not required at the Meadows, as the license type for this facility is not "conference facility."

Food Service Requirements

Student organizations sponsoring events where alcoholic beverage service will be available must provide appropriate food items (e.g., meal or hors d'oeuvres) through Campus Dining Services. All food requirements will be reviewed and approved by the Director of Student Life.

Costs Associated With Event

Various additional costs will be charged for events using alcoholic beverage service. These may include (but not limited to) food service, security, insurance, alcohol service fee, wristbands, and bartenders. These costs will be calculated during the application process and indicated on the Event Management System (EMS) room confirmation.

University Policies on Alcohol Use on University Owned or Controlled Property

Licensed University Facilities

The University is authorized by the Michigan Liquor Control Commission (MLCC) to provide beverage services at certain licensed University locations. Cocktails, beer and wine may be made available to patrons of scheduled events at these licensed facilities. Beverages are provided in conformance and compliance with the requirements of the MLCC and the laws of the State of Michigan. The University is responsible for all liquor provision and sales: no liquor may otherwise be made available or brought onto the licensed premises. The University reserves the right to withhold alcoholic beverage service to any individual.

Regardless of the location, it may be required that those sponsoring an event arrange for police or security services when alcoholic beverages are available. This shall be coordinated through the University's Department of Public Safety (331-3255, www.gvsu.edu/publicsafety) as part of the contract and will be at the sponsoring organization's expense.

Licensed facilities have their own rules and procedures concerning the serving and consumption of alcohol. If you wish to book space in any of these facilities, you will need to contact the facility representative to obtain their site policy and procedures.

1. Kirkhof Center (<i>see page 27</i>)	Allendale Campus	616-331-2350
2. Meadows Club and Gazebo	Allendale Campus	616-895-1000
3. Alumni House and Visitor Center	Allendale Campus	616-331-3590
4. DeVos Center	Pew Campus	616-331-6620
5. Eberhard Center	Pew Campus	616-331-6620
6. Holland Campus	Meijer Campus	616-331-6660
7. Annis Water Resources Institute	Muskegon	616-331-3749
8. Michigan Alternative and Renewable Energy Center (MAREC)	Muskegon	616-331-6900
9. Muskegon Community College	Muskegon Campus	616-331-7360
10. Northwestern Michigan College	Traverse City Campus	231-995-1215

Other University Locations/Programs

University Housing

Alcoholic beverages and containers, including paraphernalia, are prohibited in first year living centers and apartments. The designated "first year" living centers and apartments are alcohol-free environments regardless of the age of the residents. In designated apartment areas, anyone who is under 21 years of age in possession of alcohol or anyone

consuming alcohol in a public area, or anyone 21 or older consuming alcohol with a minor present is in violation of this policy.

Beer kegs or other pressurized containers are not permitted.

Allendale Campus, Allendale, MI

Alcoholic beverages may be permitted in other areas of the campus with the prior approval of the Dean of Students or his/her designee. Call 331-3585 for further information.

Pew Campus, Grand Rapids, MI

Alcoholic beverages may be permitted in certain areas of the campus with the prior approval. For more information call 331-6660.

All events are staffed by Conference and Event Planning, who have a Client Services Manager present for all functions. Alcohol is served by professional bartending staff; no alcohol is dispensed directly by customers.

For functions where alcohol is served, Pew Campus Security is alerted. Security then determines if they will staff the event or just include the event on their rounds, depending on the size and scope of the event.

Meijer Campus, Holland, MI

Alcoholic beverages may be permitted in certain areas of the campus with the prior approval of the appropriate administrator. Any Continuing Education event held on or off the Holland site proposing to serve alcohol must be approved by the Executive Director of Continuing Education, Simone Jonaitis (616-331-7360).

Annis Water Resource Institute

On occasion, alcoholic beverages may be permitted in certain areas of the Water Resource Institute with prior approval. Contact the Office Coordinator (616-331-3749) to schedule space. Contact the Client Services Coordinator for Lake Michigan Center (Conference Services) at 616-331-6624 to make further arrangements, including alcoholic beverages approval.

Michigan Alternative and Renewable Energy Center (MAREC)

On occasion, alcoholic beverages may be permitted in certain areas of the MAREC with prior approval. Begin process by contacting MAREC at 616-331-6900.

Muskegon Campus (at Muskegon Community College)

Serving alcohol for any reason on the Muskegon Community College (MCC) campus is prohibited. If any Continuing Education event held off the MCC site proposes to serve alcohol, this must be approved by GVSU's Executive Director of Continuing Education, Simone Jonaitis (616-331-7360).

Traverse City Campus (at Northwestern Michigan College)

Serving alcohol for any reason on the campus of Northwestern Michigan College (NMC) must be approved by the NMC Director of Facilities, Ed Bailey (231-995-1215). If any Continuing Education event held off the NMC site proposes to serve alcohol, this must be approved by GVSU's Executive Director of Continuing Education, Simone Jonaitis (616-331-7360). In the event that a function is sponsored by another university unit (e.g., President's Office, Alumni Relations), the policy enacted by that unit would apply.

Kirkhof Center Alcohol Beverage Service Policy

Alcoholic beverage service in the Kirkhof Center is regulated by the Michigan Liquor Control Commission and the GVSU Drug and Alcohol Policy.

- All alcoholic beverages must be provided by GVSU that are purchased from authorized and licensed distributors.
- No alcoholic beverages are permitted in the Kirkhof Center other than those offered by GVSU.
- Alcoholic beverage service is licensed only for the Grand River Room (KC 2250), Pere Marquette (KC 2204), KC 2201, KC 2215/2216, Thornapple Room (0058), and the KC Lounge, Solarium, and Deck. Alcoholic beverages are not permitted in other areas of the building. Alcoholic beverages may be consumed only in the above approved scheduled areas.
- Alcoholic beverage service is available for scheduled events only with specific invitation for invited guests of the function, and are not open to the general public.
- Sponsoring groups have two options for alcoholic beverage service which are 1) a traditional cash bar where each guest pays for individual drinks, or 2) the sponsor may elect to provide alcoholic beverages to guests by paying for the alcoholic beverages.
- All alcoholic beverage service must be paid for at the close of the event.
- Alcoholic beverages, whole or in part, may not be removed from the Kirkhof Center.
- Alcoholic beverages shall not be sold or furnished to a person unless the person has attained 21 years of age. Proper picture identification is required.
- Michigan sales tax of 6% will be charged for all alcoholic beverages.
- GVSU reserves the right to withhold alcoholic beverage service to any individual.
- Bartender service is scheduled at a ratio of one bartender for each 100 guests expected.
- Alcoholic beverage service must end by 12:30 am.
- Designated Driver Programs are encouraged.
- Individual drink limited to 12 oz maximum.
- All functions which serve alcohol must arrange for food to be served while alcohol is being served.

For more details, contact Event Services, 1110 Kirkhof Center, (616) 331- 2350 (Office), (616) 331- 2355 (Fax).

Leased Sites

Occasionally, the University leases additional space. Alcoholic beverages may be served in designated, approved areas in conjunction with University Policy, State Law and the policies of the landlord or owner of the property.

President's Residence

Alcoholic beverages may only be served in conjunction with State Law.

International Programs

Alcohol and drugs impair the ability to function clearly. Impaired abilities combined with an unfamiliar location have caused tragedies to student travelers in the past. Situations can turn very bad very fast, leaving a person vulnerable. For your safety, respect cultural norms, avoid excessive drinking and indulging in unbecoming activities.

Remember that:

1. You are subject to the local laws regarding your personal conduct and behavior.
2. You are subject to the GVSU Student Code of Conduct.
3. Disruption of the learning environment for other students—whether because of alcohol or drug abuse or other reasons—is grounds for dismissal from the program (without refund).
4. Your status as a U.S. student will not protect you from prosecution if you are found in violation of local laws.
5. Anti-drug laws in your host country may be more strict than in the U.S., and penalties may be more severe.
6. As a GVSU student, you are expected to exercise good judgment and behave responsibly at all times - not simply during the week while in class. Remember: you are perceived by others as an ambassador for yourself, for GVSU, and your country.

Please contact the Padnos International Center (331-3898) with specific questions.

Football Tailgating Policy

Location

Alcohol consumption is allowed only in designated areas: Lot A (VIP), Lot B, Lot C, Lot F, Lot G, and the Irwin Club Lot adjacent to the Stadium.

Hours

Alcohol consumption is permitted from three hours prior to kickoff until kickoff. There may not be any alcohol consumption during the game or at halftime. Tailgating and alcohol consumption is allowed after the completion of the game for no longer than one hour.

If You Choose to Consume Alcoholic Beverages

- You must be able to prove that you are over 21 (no underage drinking). Campus Police may request tailgaters, who appear to be consuming alcoholic beverage, to produce identification. They will conduct random checks of people who appear to be below the legal drinking age.
- You must respect the rights of others who choose not to drink.
- You should utilize a non-drinking designated driver.
- No drinking games/contests.
- No kegs, party balls, pooling or mass purchase of alcohol. No glass containers. All beverages should be in aluminum cans, plastic bottles, paper or plastic cups.
- No alcohol outside the tailgate area.
- Alcoholic containers or packages may not be carried on campus grounds unless in cooler or in sealed packaging to a designated tailgate area. Campus Police will cite violators for open alcohol and consumption of alcohol on campus grounds.
- Individual drink containers are limited to 12 oz. maximum.

Serving to Other Parties

It is risky to serve alcoholic beverages to anyone other than yourself and your immediate party. Michigan law requires a license before a person can sell, trade or give away alcoholic beverages. A violation of this law is a felony. A social host does not need a license to serve his/her invited guests who fall within the usual understanding of friends and personal visitors. A social host may be liable for guests and others for injuries resulting from serving alcohol, especially to a minor.

No Unauthorized Stand-Alone Tents

Only campus departments/offices and corporate tents will be considered for authorization. For authorization, contact the Athletics' Marketing and Promotions Office (616) 331-3264.

All Tailgaters MUST Clean Up Their Trash

Dumpsters are provided in the immediate area of the tailgate lots.

Violation of Policy

Any violation of tailgating policies may result in immediate termination of tailgating privileges and criminal prosecution or disciplinary action through the GVSU Dean of Students Office.

Resources and Informational Website Links

For the most up-to-date local resources, visit these organizations national websites or www.gvsu.edu/aces.

Online Screenings for Alcohol and Other Issues for Students, Faculty, and Staff

[Counseling and Career Development Center](http://www.gvsu.edu/counsel) (www.gvsu.edu/counsel) - Click “Alcohol/Drug Services.” At bottom of web page, select “Online Alcohol Assessment Tools.”

Resources for Those Seeking Help for Their Self, Family, and/or Friends

[Alcoholics Anonymous](http://www.aa.org) (www.aa.org)

[Al-Anon/Alateen](http://www.al-anon.alateen.org) (www.al-anon.alateen.org)

[Narcotics Anonymous](http://www.michigan-na.org/michigan_region/) (www.michigan-na.org/michigan_region/)

[Marijuana Anonymous](http://www.marijuana-anonymous.org/) (www.marijuana-anonymous.org/) 1-800-766-6779

[Students Against Drunk Driving \(SADD\)](http://www.sadd.org/) (www.sadd.org/)

Alcohol Resources for Further Information and Research

[Center for Disease Control – Alcohol](http://www.cdc.gov/alcohol/index.htm) (www.cdc.gov/alcohol/index.htm)

[Center for Disease Control – Substance Abuse](http://www.cdc.gov/nchs/fastats/druguse.htm) (www.cdc.gov/nchs/fastats/druguse.htm)

[SAMHSA](http://www.samhsa.gov/) (www.samhsa.gov/)

[NIAAA](http://www.niaaa.nih.gov/) (www.niaaa.nih.gov/)

[Go Ask Alice!](http://goaskalice.com/Cat2.html) (goaskalice.com/Cat2.html)