BACHELOR’S DEGREE PROGRAM INFORMATION

<table>
<thead>
<tr>
<th>Institution</th>
<th>Grand Valley State University</th>
</tr>
</thead>
<tbody>
<tr>
<td>Degree/Program</td>
<td>Bachelor of Science – Exercise Science/Health Fitness Instruction</td>
</tr>
<tr>
<td>Credits Required</td>
<td>120</td>
</tr>
</tbody>
</table>

MICHIGAN TRANSFER AGREEMENT (MTA)
The MiTransfer Pathways builds on the Michigan Transfer Agreement (MTA). The MTA allows transfer students to select designated courses to complete a minimum of 30 credit hours fulfilling MTA distribution requirements. Students following MiTransfer Pathway agreements should complete the MTA in accordance with the sending institutions’ course designations and consider whether any recommended MiTransfer Pathways major-specific courses will “double count” to fulfill MTA distribution requirements in planning their transfer. More information about the MTA is available at www.mitransfer.org.

The MTA Mathematics distribution area allows students to complete one of three math pathways. The Exercise Science MiTransfer Pathways faculty recommended that students complete a course in the Pathway to Calculus. Designate the required mathematics course(s) in your program below. Add lines as necessary.

<table>
<thead>
<tr>
<th>Mathematics Requirement(s)</th>
<th>Subject/ Course Number</th>
<th>Course Title</th>
<th>Credit Hrs</th>
</tr>
</thead>
<tbody>
<tr>
<td>STA 215</td>
<td></td>
<td>Introductory Applied Statistics</td>
<td>3</td>
</tr>
</tbody>
</table>

MITRANSFER PATHWAYS COURSES
These courses are commonly agreed upon for transfer in this program around the state among participating institutions.

<table>
<thead>
<tr>
<th>Pathway Course</th>
<th>Subject/ Course Number</th>
<th>Course Title</th>
<th>Credit Hrs</th>
</tr>
</thead>
<tbody>
<tr>
<td>Anatomy &amp; Physiology 1 (w/lab)</td>
<td>BMS 250**</td>
<td>Anatomy and Physiology I</td>
<td>4</td>
</tr>
<tr>
<td>Anatomy &amp; Physiology 2 (w/lab)</td>
<td>BMS 251**</td>
<td>Anatomy and Physiology II</td>
<td>4</td>
</tr>
<tr>
<td>General Chemistry I (w/lab)</td>
<td>CHM 109*</td>
<td>Introductory Chemistry</td>
<td>4</td>
</tr>
<tr>
<td>Overview of Exercise Science</td>
<td>MOV 101</td>
<td>Foundations of Human Movement Science</td>
<td>3</td>
</tr>
<tr>
<td>Introduction to Psychology</td>
<td>PSY 101</td>
<td>Introductory Psychology</td>
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REMAINING DEGREE REQUIREMENTS
These are required, recommended, or optional courses that transfer students could complete at a community college to fulfill degree requirements at the university/ receiving institution. Add lines as necessary.

<table>
<thead>
<tr>
<th>General Education or Program Requirement</th>
<th>Subject/ Course Number</th>
<th>Course Title</th>
<th>Credit Hrs</th>
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</thead>
<tbody>
<tr>
<td>Program Requirement</td>
<td>MOV 217</td>
<td>Principles of Athletic Training</td>
<td>2</td>
</tr>
<tr>
<td>Program Requirement</td>
<td>BMS 105</td>
<td>Basic Nutrition</td>
<td>3</td>
</tr>
</tbody>
</table>

*CHM 109 is not required for the Health/Fitness Instruction emphasis at GVSU. It will fulfill the Physical Science/Lab requirement in the General Education program.

**Transfer credit granted for the full BMS 208 + BMS 290 + 291 sequence will substitute for the BMS 250 and 251 requirement in the Exercise Science/Health Fitness Instruction major.
**EXERCISE SCIENCE MiTRANSFER PATHWAY**

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<tr>
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<td>BIO 120</td>
<td>General Biology I</td>
<td>4</td>
</tr>
<tr>
<td>Program Requirement</td>
<td>BMS 105</td>
<td>Human Nutrition</td>
<td>3</td>
</tr>
<tr>
<td>Program Requirement</td>
<td>CHM 231</td>
<td>Introductory Organic Chemistry</td>
<td>4</td>
</tr>
<tr>
<td>Program Requirement</td>
<td>CHM 232</td>
<td>Introductory Biological Chem</td>
<td>4</td>
</tr>
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<td>MOV 217</td>
<td>Principles of Athletic Training</td>
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<tr>
<td>Program Requirement</td>
<td>PHY 200</td>
<td>Physics for Life Sciences</td>
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**Transfer credit granted for the full BMS 208 + BMS 290 + 291 sequence will substitute for the BMS 250 and 251 requirement in the Exercise Science/Clinical major.**