

A CULTURE OF CARE:
SMALL INSTRUCTOR ACTIONS THAT MAKE A BIG
DIFFERENCE TO STUDENTS AND HELP ESTABLISH A
SUPPORTIVE, PRODUCTIVE LEARNING ENVIRONMENT

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1. LEARNING ENVIRONMENT MATTERS

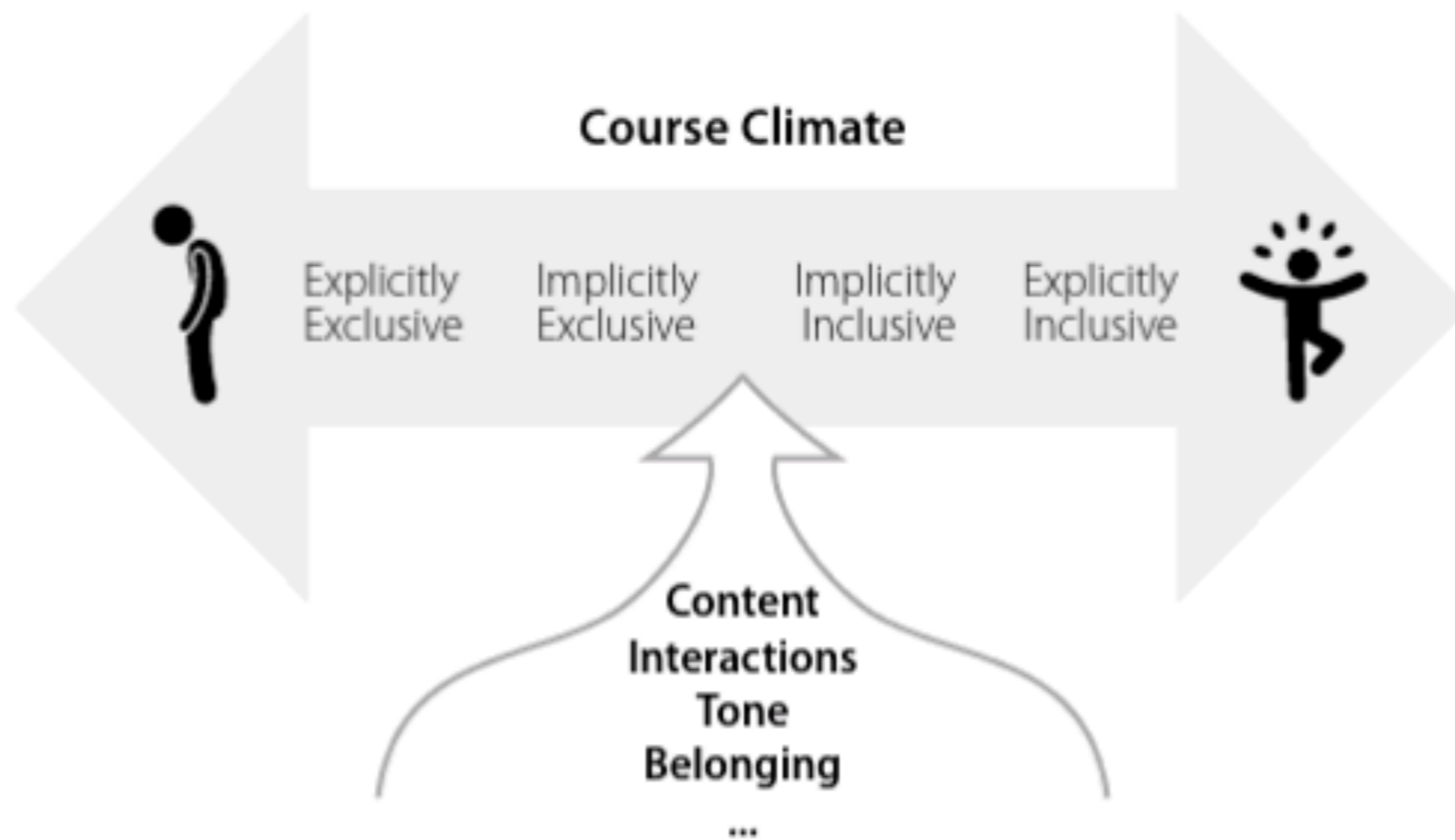


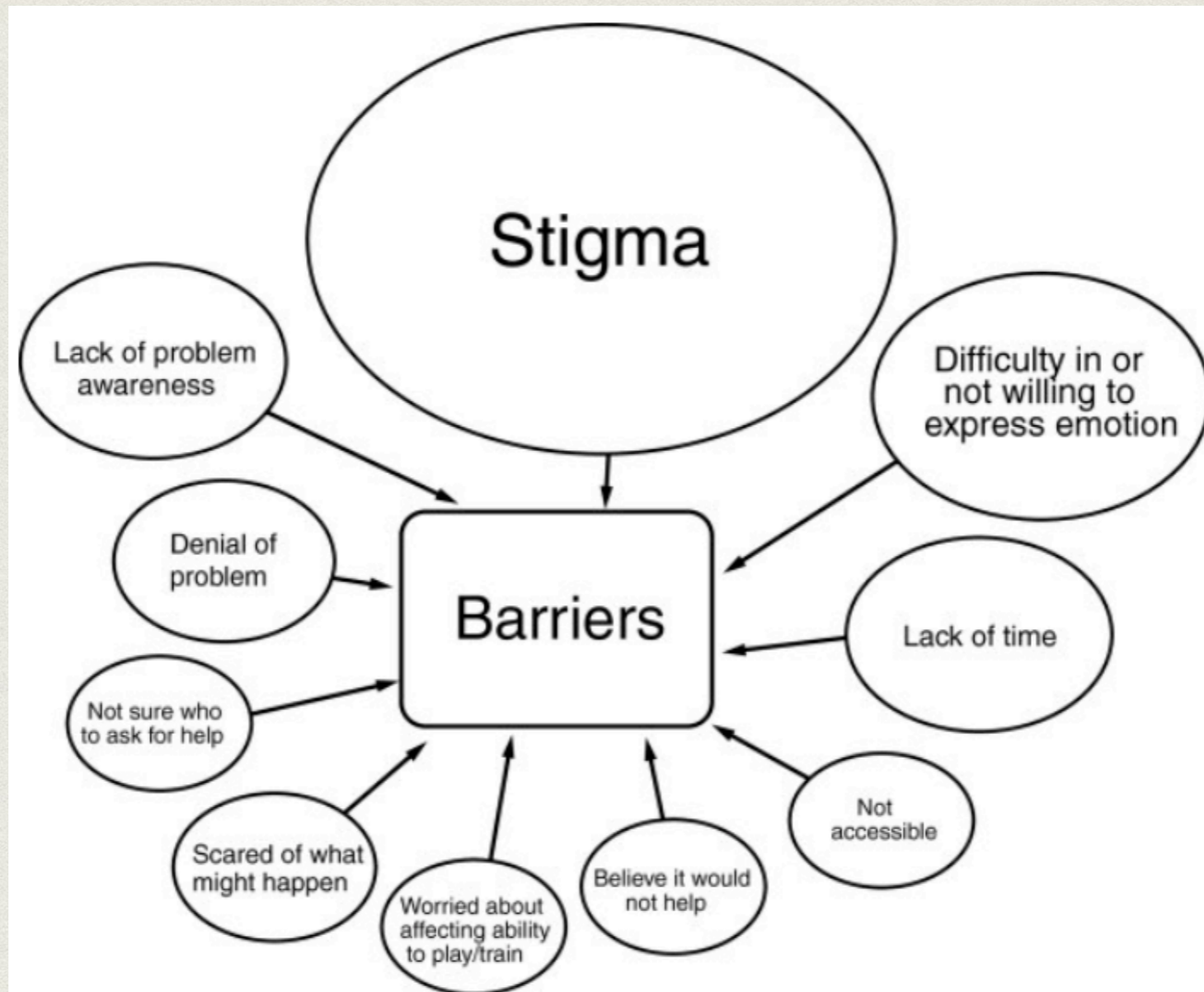
Figure 7.1. Factors That Influence Course Climate and Thus Learning and Performance

2. CURIOSITIES VS. ASSUMPTIONS



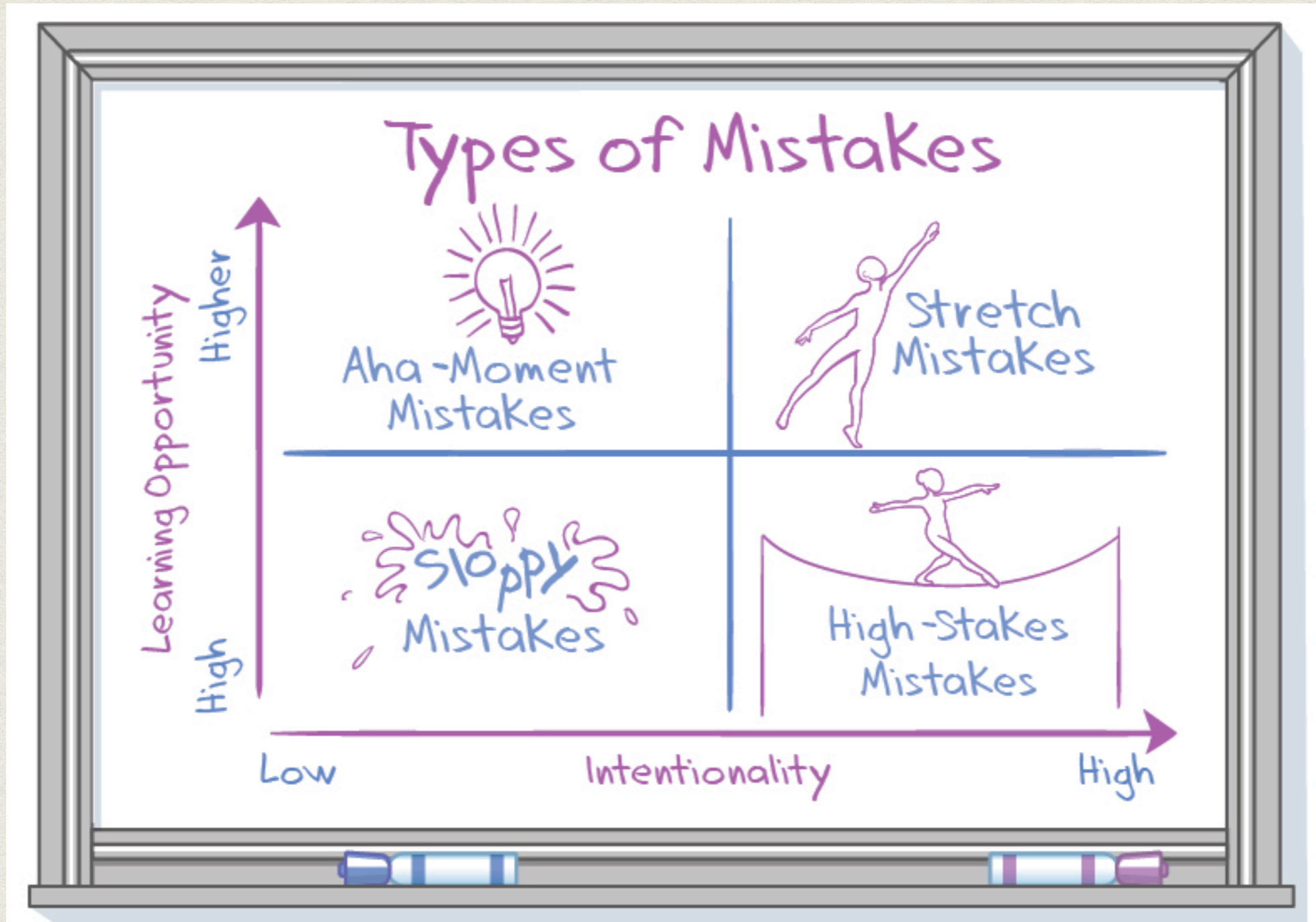
- Experiences
- Prior knowledge
- Digital literacies
- Learning and life context
- Behaviors
- Learning gains
- Perceptions of course

3. ENCOURAGING HELP-SEEKING BEHAVIOR



Barriers to help-seeking for mental health problems reported by elite athletes. Larger shape indicates a greater number of barriers reported in this topic.

4. REGULARIZING MISTAKES AS PART OF LEARNING



SUMMARY

1. Learning environment matters - content, interactions, tone, and belonging are not value neutral
2. Curiosities vs. assumptions
3. Encouraging help-seeking behaviors
4. Regularizing mistakes are part of learning

RESOURCES

- How learning works: Eight research-based principles for smart teaching, 2023 (University Libraries eBook) Slide 2 source
- Gulliver, Amelia & Griffiths, Kathleen & Christensen, Helen. (2012). Barriers and facilitators to mental health help-seeking for young elite athletes: A qualitative study. *BMC psychiatry*. 12. 157. 10.1186/1471-244X-12-157. Slide 4 source
- <https://eab.com/insights/podcast/student-success/how-to-encourage-student-help-seeking-behavior/>
- Why understanding these four types of mistakes can help us learn, *KQED Mindshift Newsletter* Slide 5 source
- Informal and formative feedback strategies:
 - <https://poorvucenter.yale.edu/Formative-Summative-Assessments>
 - <https://citl.indiana.edu/teaching-resources/assessing-student-learning/classroom-assessment-techniques/index.html>