

Bachelor of Science (B.S.) Recreational Therapy

Secondary Application Required¹

1st Year		
Fall	Winter	Spring/Summer
AHS 110 Introduction to Health Care 3	⁴ BIO 120 General Biology I GE Life Science 4	As Needed
² CHM 109 Introductory Chemistry GE Physical Science 4	PSY 101 Introductory Psychology GE Soc & Behav Science 3	
³ MTH 110 Algebra Prerequisite for STA 215 4	⁵ WRT 150 Strategies in Writing GE WRT 4 or WRT 120 and WRT 130	
General Education Course GE Art 3	General Education Course Philosophy & Literature 3	
Total 14	Total 14	
2nd Year		
Fall	Winter (Apply to program by Feb. 15 th) ¹	Spring/Summer
AHS 100 Medical Terminology 3	BMS 251 Anatomy & Physiology II 4	As Needed
BMS 250 Anatomy & Physiology I 4	PSY 303 Psychopathology 3	
PSY 364 Life Span Developmental Psychology 3	STA 215 Introductory Applied Statistics GE Math 3	
General Education Course Historical Analysis 3	General Education Course U.S. Diversity 3	
General Education Course Social & Behavioral Sciences 3	General Education Course Global Perspectives 3	
Total 16	Total 16	
3rd Year		
Fall	Winter	Spring/Summer
RTX 300 Foundations for Rec. Therapy SWS 3	RTX 306 Comprehensive Rec. Therapy Prog. 3	RTX 390 Fieldwork (3 Credits)
RTX 302 Leisure, Health, and Wellness Issues 3	RTX 308 Leadership for Recreational Therapy 3	
RTX 304 Diagnostic Groups in Rec. Therapy 3	RTX 310 Interventions in Recreational Therapy 3	
RTX 389 Recreational Therapy Placement Prep. 1	*RTX 313 Rec. Therapy for Physical Disability 3	
PSY 325 Educational Psyc. or PSY 365 Cognition 3	*RTX 316 Rec. Therapy with the Older Adults 3	
Elective 3		
Total 16	Total 15	
4th Year		
Fall	Winter	Spring/Summer
MOV 300 Kinesiology 3	MOV 304 Introduction to Exercise Physiology 3	RTX 490 Internship (6 Credits)
RTX 404 Trends & Issues in Rec. Therapy 3	*RTX 317 Recreational Therapy for Pediatrics 3	
RTX 407 Assess. & Documentation in Rec. Therapy 3	RTX 405 Management for Rec. Therapy 3	
*RTX 315 Recreational Therapy for Mental Health 3	RTX 410 Research and Eval in Rec. Therapy 3	
General Education Course Issues 3	General Education Course SWS 3	
Total 15	Total 15	

Curriculum Notes

¹ Students must apply and be admitted to the Recreational Therapy program to begin "RTX" designated courses. See application information on reverse side.

² An alternative physical science course may be substituted with approval of your academic advisor

³ MTH 108 and MTH 109 may be taken in place of MTH 110

⁴ BIO 120 is not required for the RTX program and is listed only as a prerequisite to BMS 250.

⁵ Students may choose the writing "Stretch" sequence of WRT 120 and WRT 130 or WRT 150.

* Courses marked with an asterisk are RTX electives. Students are required to take a minimum of two RTX electives.

First Aid/CPR certification (MOV 102) must be current before registering for RTX 390 & 490. Water Safety Instruction (W.S.I.) certification is often an internship requirement in a clinical rehabilitation setting. Students interested in physical rehabilitation/aquatics should consider this certification by taking PED 215 at GVSU.

Special Notes:

- This is a suggested curriculum guide and might not be applicable to every student.
- Courses that include 'GE' are required classes that are in the major **AND** fulfill a General Education requirement.
- Two (2) Supplemental Writing Skills (SWS) courses are required.
- Student must have a **minimum of 120 credits** to graduate with **58 of the 120 credits** being from a senior level institution and the **final 30 of the 120 credits** completed at GVSU.

Application Process for Recreational Therapy

Application Information

The Recreational Therapy program at Grand Valley State University (GVSU) is a "Secondary Admission Program" which means that any person interested in taking courses within the program must first be admitted to GVSU and upon meeting admission prerequisites (see below), are required to submit a "Secondary" application.

Transfer students will follow the same process and meet the same criteria. Transfer students should provide a copy of the course syllabus for any recreation/therapeutic recreation classes they want to transfer to Grand Valley State University.

The admissions process for Recreational Therapy consists of three phases. These phases are outlined below:

Phase I

The following application prerequisites should be met or in progress at the time of application.

- Overall GPA of 2.7 or above
- PSY 101 Introductory Psychology
- CHM 109 Introductory Chemistry (or other approved physical science substitution)

Phase II

The application consists of the following components, all of which must be completed and submitted by **February 15th**, for priority consideration. Applications will continue to be accepted until all program seats are filled. Applications and supplemental forms are available online at www.gvsu.edu/rectx

- ✓ GVSU Undergraduate Application (only required for students who are not currently a GVSU student)
- ✓ Recreational Therapy Program Application (submitted online)
- ✓ Essay on why you have selected Recreational Therapy as a major. Be sure to include your leadership experience and work with individuals who have disabilities.
- ✓ Statement of Professional Goals identifying future goals in Recreational Therapy
- ✓ Fifty (50) hours of volunteer or paid work in a therapeutic setting. Twenty (20) hours must be under the supervision of a Certified Therapeutic Recreation Specialist (CTRS)
 - Document using "Verification of Paid/Volunteer Work History" form (on website)
- ✓ Official and updated transcripts from all non-GVSU colleges/universities sent directly to GVSU Admissions
- ✓ Two (2) Recommendations on program specific forms from Recreational Therapist, related health care, or other recreation professionals with whom the applicant has completed volunteer or paid work hours.

Phase III

Upon completion of Phases I and II, applicants will be notified of provisional admission into the program and will be asked to set up an advising appointment with a member of the Recreational Therapy faculty and will be able to register for the first semester of program coursework (RTX 300, RTX 302, RTX 304 & RTX 389). Upon successful completion of these four courses (80% competency/B- in each course), they will be granted full admission into the Recreational Therapy program.

For priority consider application and all supplemental materials should be submitted online by February 15. Applications will be accepted after the deadline until all program seats are filled.

Questions regarding application should be directed to...

College of Health Professions
Grand Valley State University
Cook-DeVos Center for Health Sciences
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