

# College Student Volunteer Program

Thank you very much for your interest in volunteering with Mary Free Bed Rehabilitation Hospital. We are excited for you to join our team!

Mary Free Bed's college student volunteer program is great for undergraduate students looking to gain insight into their chosen careers and exposure to a hospital setting. This program can accommodate undergraduate OT, PT, Rec. Therapy. We also have limited opportunities in some niche areas, including pain rehabilitation, orthopedic rehab, and aquatic recreational therapy and nursing.

## **Program Description**

The main responsibilities for the Student Volunteers are to assist with cleaning our therapy gyms and help set up before and after therapy sessions.

The CSVP Program offers 3 sessions; Fall (Aug- Dec), Winter (Jan- April) and Summer (May – Aug) and is scheduled based on the semesters of local universities. Students are expected to volunteer on the same day each week for the entire 13-15-week session. Volunteer Shifts are 3-4 hours and the average student receives 40-50 hours per session.

Student Volunteers can also receive an average of 10-15 observation specific hours during the mentioned 40-50 hours of volunteering. However, this is not guaranteed (more info is below).

## **Observation Hours**

We do not guarantee one-to-one shadowing or observation with a therapist. We will do our best to get you the most exposure to the program of your choosing. We ask that students be proactive and check in with therapists each volunteer shift for shadow opportunities that day.

As an added incentive, if students volunteer for 2 sessions and have at least 75 volunteer hours logged with us, we can offer 10-15 additional hours of specific observation – with no volunteer responsibilities (cleaning, set-up, etc.) during those hours. Students will coordinate this directly with the therapist.

## **How to sign up**

If you cannot commit, please do not request a spot. The expectation is that you will be here each week for your shift for all 13-15 weeks, including holidays (if the department is open).

If you are interested in joining our program, please Submit an Interest Form by visiting [www.maryfreebed.com/volunteer](http://www.maryfreebed.com/volunteer). In the Form, please specify the session list you would like to be placed on (Fall, Winter, Summer). We will review your form and confirm your name has been added to our contact list. An email will be sent out proximately 6 weeks prior to the start of the next session, with sign up instructions.

If you have any questions, please contact **Volunteer Services** at [volunteer@maryfreebed.com](mailto:volunteer@maryfreebed.com).