ICE BREAKERS

(used in MOV. 101, PED 265, 266 first day of class) 32 pax

8 groups, 4 pax in each group

GOALS

1. To put people into groups by majors so they get to know one another and you as the instructor get to know them, attendance, class group activities, leadership role.

2. Go over the written syllabus (students bring a copy-advised on blackboard-major assignments.

3. Rules of the Room

4. Mov’t Closure Activity

Need

Large yellow-color and multi-color Post-it notes

White Board—Draw a map of Michigan, maybe surrounding states/foreign country

Procedure

1. Each student puts their full name and where they are from on yellow Post-it, instructor checks off their name on attendance sheet, they introduce themselves to the whole class and puts Post-it note on map on board where they are from.

2. Each student puts their full name on post-it note and their major, student places their post-it note under their major which is listed on the board.

3. From the majors board—instructor puts students into groups

4. Give them a topic to discuss to get to know one another.

5. Give a ‘THINK-IT INK-IT’ written assignment (1/2 sheet of paper)

6. Give a mov’t Closure Activity if time permits. (This relates to their specific class etc.)
NOTE CARDS ACTIVITY (for small class 20 or less)

Need 3 X 5 cards white or multi-color

List

Full Name on 1 side of the card,

Other side of the card - major, hometown, favorite color, new skill you learned this summer.

Put the cards in a basket-mix them up each student picks a card and must find that person and talk with them. (Moving around the room)

Give them their own card back.

Each person will introduce that person they had to the class. Fold your card on your desk as a placement name card. End of class put all cards back in the basket for a door prize drawing.