

Site/Room GVSU CEC

Michigan Department of Education  
Child and Adult Care Food Program



Month August Year 2017

## Menu Record

\*Skim milk provided for all children over the age of 2.

	DATE: 8/7/2017	DATE: 8/8/2017	DATE: 8/9/2017	DATE: 8/10/2017	DATE: 8/11/2017
<b>Breakfast</b> 1. Fluid Milk 2. Fruit, Vegetable, or Juice 3. Grain/Bread Other/Combination Foods	*Milk Cereal- Cheerios/ Corn Chex Strawberries	*Milk Waffles Peaches	*Milk Oatmeal Strawberries	*Milk Mixed berry muffins Raspberries	*Milk Cereal- Cheerios/ Corn Chex Pears
<b>AM Snack (serve 2 of 4)</b> 1. Fluid Milk 2. Meat or Meat Alternate 3. Fruit, Vegetable, or Juice 4. Grain/Bread	*Milk Banana/ Peanut butter ww. Tortilla Wraps	*Water Cottage Cheese Pineapple	*Milk Trail Mix	* Water Yogurt Strawberry smoothie granola	*Milk Rice Cakes
<b>Lunch</b> 1. Fluid Milk 2. Meat or Meat Alternate 3. Fruit or Vegetable 4. Fruit or Vegetable 5. Grain/Bread Other/Combination Foods	Chicken Alfredo and Noodles H.M. *Milk Baked Chicken Ww spaghetti noodles Broccoli Blueberries	Baked Chicken Wrap H.M. *Milk Baked Chicken Ww Tortilla Lettuce/ tomato Pineapple Peas	Mac N' Cheese H.M. *Milk ww. noodles Shredded cheese Green beans Watermelon	Pizza H.M. *Milk WW Pizza crust Shredded Cheese Peppers and tomatoes from garden Mixed veggies Cantaloupe	Turkey Burgers H.M. *Milk Ground Turkey ww. buns Peaches Cucumbers
<b>PM Snack (serve 2 of 4)</b> 1. Fluid Milk 2. Meat or Meat Alternate 3. Fruit, Vegetable, or Juice 4. Grain/Bread	*Milk Pretzels	Water Cheese cubes crackers	*Milk Farmer's Market Snack	*Milk Watermelon	*Milk Chips and Salsa

### Non-Discrimination Statement

The U.S. Department of Agriculture prohibits discrimination against its customers, employees, and applicants for employment on the bases of race, color, national origin, age, disability, sex, gender identity, religion, reprisal, and where applicable, political beliefs, marital status, familial or parental status, sexual orientation, or all or part of an individual's income is derived from any public assistance program, or protected genetic information in employment or in any program or activity conducted or funded by the Department. (Not all prohibited bases will apply to all programs and/or employment activities.) If you wish to file a Civil Rights program complaint of discrimination, complete the USDA Program Discrimination Complaint Form, found online at [http://www.ascr.usda.gov/complaint\\_filing\\_cust.html](http://www.ascr.usda.gov/complaint_filing_cust.html), or at any USDA office, or call (866) 632-9992 to request the form. You may also write a letter containing all of the information requested in the form. Send your completed complaint form or letter to us by mail at U.S. Department of Agriculture, Director, Office of Adjudication, 1400 Independence Avenue, S.W., Washington, D.C. 20250-9410, by fax (202) 690-7442 or email at [program.intake@usda.gov](mailto:program.intake@usda.gov). Individuals who are deaf, hard of hearing or have speech disabilities may contact USDA through the Federal Relay Service at (800) 877-8339; or (800) 845-6136 (Spanish). USDA is an equal opportunity provider and employer.