

inTeRactIOns

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Hours: M-F, 9-4

To stay up-to-date on all TRiO ETS information and events visit us here:

 gvsu.edu/ets

 @GVSUTRIOETS

 Search GVSU ETS

Back to School

Remember that polar vortex that gave us the such a horrible winter? How can you forget? It seems as if it happened just yesterday!

Even worse, what happened to summer, anyway? By the time you read this, you will have already met your new teachers, smelled the fragrant scent of a number 2 pencil, and (hopefully) cracked open your textbooks and planners.

Is this getting to be a little depressing? Then allow us to talk about some of the stellar things that happened this past school year:



Middle School students posing with the DJ Angus

- Another group of TRiO ETS students graduated and will be continuing their education around the state or country.
- TRiO ETS launched two successful camps (middle AND high

school) with trips to GVSU, Michigan's Adventure, Comprenew, the DJ Angus, and many more.

- TRiO ETS had a chance to work with Harrison Park and YMCA/ Believe 2 Become students through two different outreach camps.

- And finally, Sophie Delacruz, a TRiO ETS student from Union HS, won the prestigious Gates Millennium Scholarship, which will pay for 10 years of post-secondary education!

We are very excited about all of our students' accomplishments this past year, and are very much looking forward to what they will do during the 2014-2015 school year!

In this issue of *inTeRactIOns*, you will find information about some of our upcoming events, a refresher on TRiO ETS's student code of conduct, and an educational activity that students and parents can do together.

Thanks, and if we happen to have another polar vortex this year, at least you'll still have TRiO!❖



ETS High School campers at Post Family Farm

Code of Conduct

TRIO ETS is a program that seeks **talented** students who are interested in going to college. Here is a reminder of why our students are so talented.

- TRIO ETS students are active in TRIO workshops, in their schools, and in their communities
- TRIO ETS students pass all of their classes, maintain good grades, and have a desire to build relationships with school staff
- TRIO ETS students update their advisors when there is a change in information (ie. address, phone number, email)
- TRIO ETS students set goals for themselves
- TRIO ETS students don't dream about going to college; they plan to go to college
- TRIO ETS students attempt to create family within their program. They show:
 - Respect toward the idea of attending college
 - Respect toward the idea of achieving in school
 - Respect toward those willing to assist them in their goals of attending college and achieving in school
 - And respect toward those who share their same mission
- TRIO ETS students work hard to shape their lives, their professions, and their societies

Participating in TRIO Educational talent Search is a privilege, just as much as it is a privilege for our staff to work with such great students. While we work hard to help students stay on track, we at times must discontinue students' memberships in our program. If, for whatever reason, as student is seen as not following our code of conduct, it will be up to the TRIO ETS staff to decide whether or not said student shall continue in the program. ❖

S.M.A.R.T. Goals

Creating S.M.A.R.T. goals are a good way to start off your semester. Below you will find what a S.M.A.R.T. goal is, as well as what one should look like. On the back of this newsletter, take some time to come up with a S.M.A.R.T. goal for the semester.

Specific: A specific goal has a much greater chance of being accomplished than a general goal. To set a specific goal you must answer the six "W" questions: Who, What, Where, When, Which, Why.

Measurable - Establish concrete criteria for measuring progress toward the attainment of each goal you set. When you measure your progress, you stay on track, reach your target dates, and experience the exhilaration of achievement that spurs you on to continued effort required to reach your goal.

Attainable – When you identify goals that are most important to you, you begin to figure out ways you can make them come true. You develop the attitudes, abilities, skills, and financial capacity to reach them. You begin seeing previously overlooked opportunities to bring yourself closer to the achievement of your goals

Realistic- To be realistic, a goal must represent an objective toward which you are both **willing and able** to work. A goal can be both high and realistic; you are the only one who can decide just how high your goal should be. A high goal is frequently easier to reach than a low one because a low goal exerts low motivational force. Some of the hardest jobs you ever accomplished actually seem easy simply because they were a labor of love.

Timely – A goal should be grounded within a time frame. With no time frame tied to it there's no sense of urgency. Your goal is probably realistic if you truly **believe** that it can be accomplished. Additional ways to know if your goal is realistic is to determine if you have accomplished anything similar in the past or ask yourself what conditions would have to exist to accomplish this goal.

Example: *My goal is to get a 3.5 GPA for the first semester and to find one scholarship for which I will qualify when I am a senior.* ❖



CONGRATULATIONS SENIORS!

TRiO Educational Talent Search would like to congratulate
Talent Search seniors, class of 2014!



Adriana Salto

Michael Knowles Jr.

Evimar Ramirez

Kelly Veenstra

Marielaura Villegas

Sophie Delacruz

Victoria Guerrero

Kadesha Rufus

Rebecca Cruz

Roxanne Rivas

Anthony Rios

Fernanda Munoz

Omar Ahumada

Justin Mitchell-Garcia

Kiara Dougherty

Marvin McKenzie III

Dominga Grave

Kambriana Gates

Terrence Hunt

Amie Luong

Aslen Rabi

Nickol Sims

Pedro Benda

David Pham

Shany Perez

Deon Patin

Jessica Krasean

Tu Le

Tia Hodo

Phuc Nguyen

Khyla Frankfort

Deja Denise Harwick

Melvin Mejia

Nino McHanye

Antasia Copeland

Alexis Martinez

Denise Garcia

Sara Howard

Monesha Clyburn

Carlos Escalante

Suleiman Suleiman

Aubryana Swindall

Wilson Lopez

Marisol Vazquez

Oscar Robles

Giovanni Hernandez

Javier Ramirez

Elizabeth Hudson-Lee

Rufus Jackson

Maria Alegria

Tyler Hern

Darrien Howard

Toimu Nyhydro

Vanessa Garza

Jamal Cooley

Carlos Martinez

Crisoforo Reyes

Talia Magoon

Genesis Garcia

Yakelin Diaz

Charles Wysinger

Sheila Abreu Perez

Kevin McCasland

Levi Vance

Samantha Ashford

Tynesha Blade

Brittany Lyons

Becky Solis

Shonari Evans

Ernestina Sepulveda

Jovone Cohen-Reed

Sumaya Oda

Briasia Harris

Kabrea Cornelius

Keegan Bogdan

Taijah Claybrook

Rosio Delacruz

Alexis Gaertner

Kelly Le

Ivan Soto Jr.

Christopher Stevenson

Davion Lee

Brittany Martinez

Eugenio Alex Ramirez

Jackqueline Johnson

Gregory Epps

Derick Baker Jr.

Deshawn Madison

Philip Lam

Kimy Patzy

Brian Neal

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Creating S.M.A.R.T. Goals

Take some time to set your 2014-2015 S.M.A.R.T. Goals!
Ask your parent or guardian to help, then bring your goals to your advisor

Personal/Social Goal

Academic Goal

College/Career Preparation Goal

A Look Ahead at What's Coming Up in TRiO ETS



October 17 - Post Family Farm
6th-12th graders

October 18—Sticker Shock
9th-12th graders

November 4—College Visit
9th-12th graders

December 6—Holiday Family Event
TRiO students and families