Testing an Interprofessional Collaborative Practice Model to Improve Obesity-related Health Outcomes with a Statewide Consortium

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Project Goals

- **Goal #1**
  - Allow emergent nurse leaders to demonstrate interprofessional collaborative practice (IPCP) leadership

- **Goal #2**
  - Incorporate training opportunities for nursing and other health professional students into the IPCP practice environment of two pilot clinics

- **Goal #3**
  - Develop long-term plan for the dissemination and sustainability of the IPCP clinic-based innovation through a statewide initiative

Clinical Sites

- **Grand Valley State University’s Family Health Center**
  - Located in Grand Rapids, MI
  - Surrounding area is home to 203,601 residents
  - 79% of these residents ages 18-74 live below the poverty line
  - 34.5% of children are overweight
  - 10.5% of children are obese

- **Wayne State University’s Campus Health Center**
  - Located in Detroit, MI
  - Serves a population of 33,091 students
  - 40% come from Medically Underserved Areas (MUA)
  - 25% of current patients are overweight or obese
  - >5% are suffering from hypertension or diabetes

Community Project

- Community projects will be developed at each clinic using the 5-2-1-0 method to encourage the development of a conducive environment for healthier lifestyles by partnering with like-minded community organizations

- Community project products may include
  - Information brochures & videos, food & activity logs, shopping and cooking workshops, health fairs,
  - Partnerships with local restaurants, biking/walking groups, and after school programs

Expected Outcomes

- **Year 1**
  - Both clinics complete self-assessment
  - Training completed using WMIPEI tools
  - IPCP activities begin
  - Evaluation process implemented by end of Year 1

- **Year 2 & 3**
  - Evaluation process continues

Conclusion

- This project will advance the IPCP efforts through the expansion of two clinical sites and eventually infuse IPCP into multiple practices statewide.