

What do MRIs tell us about if someone is to blame for a crime? What is the science behind happiness and, perhaps more importantly, fear? How can someone think they are blind yet still be able to see?

We have billions of neurons in our brain that underlie everything we do, from dreaming to falling in love, yet we know very little about how our brain performs our daily functions. This class is designed to help you understand how our brain causes our behavior and to (hopefully) ignite your interest in what we call neuroscience.

I specifically want you to appreciate the complexity of the brain and how it relates to the complexity of behavior. The specific learning objectives of the course are below. At the end of the semester, you will be able to do the following:

- Identify the structure and function of the major parts of the nervous system at a cellular and systems (functional neuroanatomy) level
- 2. Describe the process of action potentials
- 3. Describe the process of neurotransmission
- 4. Identify the behavioral function of major brain chemical systems
- 5. Discuss basic research in behavioral neuroscience
- 6. Relate biological processes to everyday behavior

#### Format:

This class is face-to-face and I hope to see you every Tuesday and Thursday. The structure of this class is set up to keep your attention, as psychological research says our attention span is ridiculously short. I will present information, we will discuss it together, and you will have daily activities to rehearse and apply the information. This should help you retain the information and maybe make it more enjoyable to learn. You will also have a daily Kahoot to test your knowledge at the end of each class, which will never hurt you but can help.

The way I set up this class is based on research suggesting that these methods will help you succeed, and helping you succeed is my job as your professor. Your job as a student is to show up, participate to the best of your ability, and put in the time and effort to understand the material. I know that this information may be a little unfamiliar (read: terrifying) to some and that's fine- you will be able to understand it by the end!

#### The Class:

Winter 2024 Sec 03:

TuTh 2:30-3:45 PM Au Sable 2310

**Sec 04:** TuTh 10-11:15 AM Lake Mich 114

#### The Professor:

Pre-req: PSY101

Dr. Natashia Swalve

#### **Student Hours:**

2137 Au Sable

M: 12-2 pm Tu/Th: 11:45-12:45 pm And always by appointment!

#### The Book:

Biological Psychology (14<sup>th</sup> edition) Kalat. 0357798120

This is offered through the GVSU save program (see details on BB Ultra) but feel free to use a physical older version or new version if that works better for you!

#### **Points/Grades:**

Exams: 400 points (100 pts/test)
Reflection Papers: 110 pts (10

pt/reflection)

Article Reflections: 60 pts (10 pts each) In-Class Activities: 46 pts (2 pts each)

**Total:** 616 points

I will round your grade up. You can determine your grade by counting up earned pts and dividing by total.

**A:** 94-100% **A:** 91-93% **B:** 88-90% **B:** 84-87% **C+:** 78-80%

**C:** 74-77% **C-:** 71-73% **D+:** 68-70% **D:** 60-67%

**F**: 0-59%

This syllabus is subject to updates and changes throughout the semester.

# Class Policies & Expectations

## **Exams:**

You will take 4 exams throughout the semester listed on the schedule, with each one being based on a section of the class. They will be a combination of multiple-choice, short answer, and essay questions that will be taken in class on paper (old school!). The goal of these exams is to have you apply the material you've learned, not simply repeat it. If you're going to miss a test due to an excused circumstance, let me know before the test itself- I won't allow make-up exams if you notify me after the test has started (even by a minute) because it's not fair to other students. I give feedback quickly for your benefit, so all make-ups need to be taken before the next class period. The final exam will be exam four (shorter) with a section for each of the previous exams. If you do better on any part of the final than you did on the previous section, I will replace the grade from the previous exam with the new score.

# **Assignments:**

The goal of this course is to get you to understand how the material relates to your own life. You will be listening to outside sources and reading scientific articles discussing these topics and then reflecting on that information. The article assignments cannot be late- they need to be read by 9 am on the day of class so that we can discuss them then. The reflections can be turned in late-you will lose 50% of the original grade if they're late but I will accept them until the last official day of class. If you need an extension, let me know before it's due! More information on these assignments is posted on BB Ultra.

# **Activities:**

There will be daily activities in class. These will count as points so make sure to show up! You cannot do the in-class activities after that class period in which they're due, so you have to come to class to participate in them and receive points for them. You will also be tested in Kahoots daily to help reinforce your knowledge. If you're in the Top 3 of the Kahoots at the end of each section, you will get 2 points extra credit. These activities are here to help you comprehend the material in low stakes ways.

### **Emails:**

I have a tendency to email back very quickly but, like you, I also have a busy schedule so my guarantee is that I will respond in 48 hours. I work hard to get back to your emails within 24 hours and I hope that you will try as well. If something is an emergency or urgent, put that in the subject so that I know to try to get back to you sooner (if possible). I also post announcements on BB so double-check that before coming to class and make sure those types of notifications are set up in your settings.

# **Technology:**

Everything required for this class will be posted on Blackboard Ultra, which means that you will need a computer and internet. If you're struggling with having access to a regularly working laptop, please visit this site for potential help. I use Zoom for virtual meetings. You will be expected to turn things in in either .doc or .pdf form- if I can't open the document, I can't guarantee you have it done by the due date and you will receive a 0. GVSU provides access to Microsoft Office 365 and the Zoom business license for free.

## **Attendance:**

I hope that you will come to every class. I will drop the two lowest in-class activities, so you can miss up to two days without missing any points for any reason. I do not keep track of absences so do not feel as though you have to let me know that you will be missing that day. If you're going to miss class for a longer period of time (e.g. COVID, athletics, etc.), that's when you should let me know and we will figure out a plan to stay on track.

# **Academic Integrity:**

I understand that you don't come to class expecting to commit academic dishonesty, so take a look at what constitutes it <a href="here">here</a>. Common examples include using ChatGPT or other AI to complete assignments, presenting work from other students as your own, or taking information directly from others without citations. If you're having problems with the class, talk to me so we can try to come up with a solution before you reach the point of no return. If you do cheat, you will receive a failing grade for that activity and other consequences as laid out in GVSU's policy, up to receiving an F for the class. You will also be reported to the Office of Student Conduct and Conflict Resolution.

# **Accommodations:**

If you need accommodations, the office of Disability Support Resources is here to help, and I am as well! I will need a memo outlining accommodations from them first to work with you to make sure we're abiding by all of the federal/state laws. Please contact the Disability Support Resources office by calling 331-2490 or emailing <a href="mailto:dsrgvsu@gvsu.edu">dsrgvsu@gvsu.edu</a> for additional support. My goal is to have you come out of this class with a thorough understanding of the material, so I want to work with you to achieve that. All information related to accommodations will be confidential. If you wish to speak with me about specific needs, I'm always available via email or in person, depending on your comfort level.

# **Psych Friends Peer-to-Peer Mentors**

Psych Friends mentors are upper-level psychology and behavioral neuroscience students who are trained to provide support in many areas, such as: effective studying and time management techniques, exam preparation and reflection skills, understanding the PSY and BNS major requirements, potential jobs and careers in the field, the process of applying for graduate school, and how to maintain physical and mental health as a student. Visit <a href="https://www.gvsu.edu/navigate">https://www.gvsu.edu/navigate</a> to schedule an online or in-person meeting today!

# **Course Policies**

This course is subject to the GVSU policies listed here.

# **Course Schedule**

Date	What We're Talking About	Listen to/Watch This	Read This	Turn This In
1/9 Tu	Introduction			Pre-Class Survey
1/11 Th	Neurons	Lost and Found	Module 1.1/1.2	Reflection #1 (due Sun)
1/16 Tu	Neurotransmission		Module 1.3	
1/18 Th	Neurotransmitters	Wonder What's Living In You?	Module 2.1/2.2	Reflection #2 (due Sun)
1/23 Tu	Neuroanatomy		Module 3.1/3.2 Maguire Paper	Daily Article Response 1
1/25 Th	Methods	Face Blind	Module 3.3	Reflection #3 (due Sun)
1/30 Tu	Test 1			
2/1 Th	Hearing	Colors	Module 6.1	Reflection #4 (due Sun)
2/6 Tu	Vision		Module 5.1/5.2/5.3	
2/8 Th	Mechanical Sense		Module 6.2 Danziger Paper	Daily Article Response 2
2/13 Tu	Chemical Senses	Taste	Module 6.3	Reflection #5 (due Sun)
2/15 Th	Thirst/Hunger		Module 9.2/9.3 Vocks Paper	Daily Article Response 3
2/20 Tu	Temperature		Module 9.1	
2/22 Th	Test 2			
2/27 Tu	Sleep	Sleep	Module 8.1/8.2/8.3	Reflection #6 (due Sun)
2/29 Th	Stress		Module 11.3	
3/4-3/10		SPRING BR		
3/12 Tu	Emotions Fear, and Aggression	Fearless	Module 11.1/11.2	Reflection #7 (due Sun)
3/14 Th	Reproduction		Module 10.1/10.2 LeVay Paper	Daily Article Response 4
3/19 Tu	Sexual Differentiation	Fronads		Reflection #8 (due Sun)
3/21 Th	Biopsych in Courtroom			
3/26 Tu	Test 3			
3/28 Th	Social Neuroscience		Bartel Paper	Daily Article Response 5
4/2 Tu	Drugs and Addiction	Good Samaritan	Module 14.1	Reflection #9 (due Sun)
4/4 Th	Learning		Module 13.3	
4/9 Tu	Memory	Man With the Seven Second Memory	Module 12.1/12.2/12.3	Reflection #10 (due Sun)
4/11 Th	Language		Module 13.1	Daily Article Response 6

			Bella or Fedorenko Paper		
4/16 Tu	Disorders I	Dr. Money and the Boy with No Penis	Module 14.2	Reflection #11 (due Sun)	
4/18 Th	Disorders II		Module 14.3/14.4		
4/22	FINALS WEEK: Test 4 + cumulative final				