

# Academic Success Workshops

Winter 2017

Time Management  
(Tips for Taking Control)  
Thursday, January 19th  
6-7pm @ Holton-Hooker MPR

Time Management  
(Tips for Taking Control)  
Tuesday, January 24th  
5-6 pm @ KC 1104

Ace that Test  
Monday, February 13th  
6-7pm @ Holton-Hooker MPR

There's Apps for That!  
Thursday, March 16th  
5-6pm @ KC 1104



@GVUSASC

Final Exam Prep  
Tuesday, April 11th  
5-6pm @ Holton-Hooker MPR

## Student Academic Success Center Workshops

### Time Management (Tips for Taking Control)

Balancing personal, professional and academic commitments, along with spending time with family and friends, can be a challenge. Developing your own system of organization and time management will help you be in control of your life and learning. You will assess your current approach and identify strategies that you can put in place immediately to help achieve your goals and improve your effectiveness.

### Ace That Test!

Doing your best on tests/exams requires a plan. Each course and each exam is different and successful test performance is a process that begins way before the test is given and continues after the test is over. This workshop will discuss the three stages of test-taking and help you establish a test preparation plan that you can use in each of your courses. The time to start preparing for your next exam is NOW!

### There's Apps for That!

Did you know that there are Apps that can help you study? Come to our workshop to find out about free Apps that can help make learning easier for you. Be sure to bring your laptop, I-pad, or smart phone device to try them out!

### A Final Exam Plan for Low Stress and High Success

Procrastination may be your middle name, but don't wait until a week (or a few days) before the final to begin your preparation! At this workshop, we will discuss test-taking tips and strategies specifically related to exams. Final exams can cause stress and anxiety levels to rise, even in the very best students. Come and identify strategies to deal with the stress that comes with taking tests.