**Learning Skills Strategies Checklist**

Answer the following with Yes or No

**Effective time management:**

\_\_\_\_\_\_Do you know that you need a system to keep organized in college?

\_\_\_\_\_\_Do you know how to keep track of your assignments?

\_\_\_\_\_\_Are you able to organize your time to include both study time and fun time?

\_\_\_\_\_\_Can you keep track of everything you have to do?

**Working effectively with learning styles:**

\_\_\_\_\_\_Do you know what your learning style is?

\_\_\_\_\_\_Do you know how to use your learning style in class and when studying?

**Effective textbook reading:**

\_\_\_\_\_\_Do you know how to read textbooks with a purpose?

\_\_\_\_\_\_Do you read actively?

\_\_\_\_\_\_Do you have an effective method to use when too much reading overwhelms you?

**Effective note-taking:**

\_\_\_\_\_\_Do you know different methods for note-taking?

\_\_\_\_\_\_Are you aware of which method works best for you?

**Memory techniques:**

\_\_\_\_\_\_Do you know about different memory techniques?

\_\_\_\_\_\_Do you know what technique works best for you?

\_\_\_\_\_\_Are you aware that you need to practice your technique?

**General Studying and preparing for tests**

\_\_\_\_\_\_Do you set goals for your study sessions?

\_\_\_\_\_\_Do you complete and review your notes after class?

\_\_\_\_\_\_Do you know how to prepare for exams?

\_\_\_\_\_\_Are you doing as well as you would like on your tests/exams?

\_\_\_\_\_\_Do you know how to get help with courses you are struggling with?

\_\_\_\_\_\_Are you aware of the different ways to study depending on the type of exam you will be taking?

**Test-taking skills:**

\_\_\_\_\_\_Are you aware of the general strategies for taking tests?

\_\_\_\_\_\_Can you work effectively with multiple choice questions?

If you answered no to any of the strategies, you may want to set up an appointment for individual Study Skills Coaching.

To set up an appointment contact the Student Academic Success Center at 616-331-3588.

Grand Valley State University

Student Academic Success Center

200 STU

616-331-3588

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