

Resources for Supporting LGBTQ Children, Youth, and Families

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Basics - Sexual Minorities, Sexual Orientation & Gender Identity

- **Answers to Your Questions About Individuals with Intersex Conditions** American Psychological Association, 2006. <http://www.apa.org/topics/lgbt/intersex.pdf>
- **Answers to Your Questions About Transgender People, Gender Identity, and Gender Expression** American Psychological Association, 2014. <http://www.apa.org/topics/lgbt/transgender.pdf>
- **Answers to Your Questions For a Better Understanding of Sexual Orientation & Homosexuality** American Psychological Association, 2008. <http://www.apa.org/topics/lgbt/orientation.pdf>
- **Gender Spectrum** at <https://www.genderspectrum.org/explore-topics/>
- **GLBTQ - The Survival Guide for Gay, Lesbian, Bisexual, Transgender, and Questioning Teens** Kelly Huegel, 2011. (Book)
- **Injustice at Every Turn: A Report of the National Transgender Discrimination Survey** Jaime Grant, Lisa Mottet, Justin Tanis, Jack Harrison, Jody Herman, Mara Keisling, 2011. http://www.thetaskforce.org/static_html/downloads/reports/reports/ntds_full.pdf
- **3 Barriers that Stand Between LGBT Youth and Healthier Futures** Andrew Cray, 2013. <https://www.americanprogress.org/issues/lgbt/news/2013/05/29/64583/3-barriers-that-stand-between-lgbt-youth-and-healthier-futures/>
- **Transgender 101, A Simple Guide to a Complex Issue**, Nicholas Teich, 2012. (Book)

Child Welfare & Foster Care

- **A Place of Respect: A Guide for Group Care Facilities Serving Transgender and Gender Non-Conforming Youth** Jody Marksamer, 2011. http://www.nclrights.org/wp-content/uploads/2013/07/A_Place_Of_Respect.pdf
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- **Caring for LGBTQ Children & Youth, A Guide for Child Welfare Providers** Human Rights Campaign Foundation, 2013. <http://www.hrc.org/resources/entry/all-children-all-families-caring-for-lgbtq-children-youth>
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- **Getting Down to Basics - Tools to Support LGBTQ Youth in Care** A CWLA/Lambda Legal Joint Initiative, 2012. http://www.lambdalegal.org/sites/default/files/gdtb_2013_complete.pdf
- **How to Create a Support Group for LGBTQ Youth** Family and Youth Services Bureau, 2015. <https://ncfy.acf.hhs.gov/news/2015/09/how-create-support-group-lgbtq-youth>
- **Lesbian and Gay Foster and Adoptive Parents, Recruiting, Assessing, and Supporting an Untapped Resource for Children and Youth** Gerald P. Mallon, 2006. (Book)
- **LGBTQ Youth Issues - A practical guide for youth workers serving lesbian, gay, bisexual, transgender, and questioning youth.** Gerald P. Mallon, 2010. (Book)
- **Recommended Practices To Promote the Safety and Well-Being of Lesbian, Gay, Bisexual, Transgender and Questioning (LGBTQ) Youth and Youth at Risk of or Living with HIV in**

Child Welfare Settings CWLA, 2012.

<http://www.lambdalegal.org/sites/default/files/publications/downloads/recommended-practices-youth.pdf>

- ***Safe & Respected – Policy, Best Practices, & Guidance for Serving Transgender & Gender Non-Conforming Children and Youth Involved in the Child Welfare, Detention, and Juvenile Justice Systems*** NYC Administration for Children’s Services, 2014. http://www1.nyc.gov/assets/acs/pdf/lgbtq/FINAL_06_23_2014_WEB.pdf
- ***Sexual & Gender Minority Youth in Los Angeles Foster Care*** Wilson, Cooper, Kastanis, and Nezhad, 2014. <https://williamsinstitute.law.ucla.edu/research/safe-schools-and-youth/lafys-aug-2014/>
- ***Supporting Your LGBTQ Youth: A Guide for Foster Parents*** Child Welfare Information Gateway, 2011. <https://www.childwelfare.gov/pubs/LGBTQyouth/>
- ***True Inclusion Assessment*** True Colors Fund, 2015. <https://truecolorsfund.org/true-inclusion-assessment/>
- ***Working with Lesbian, Gay, Bisexual, and Transgender (LGBT) Families in Adoption*** Child Welfare Information Gateway, 2011. <https://www.childwelfare.gov/pubs/f-profbulletin/>

Culture, Ethnicity and Identity

- ***A Map of Gender Diverse Cultures***, Independent Lens, PBS. http://www.pbs.org/independentlens/content/two-spirits_map-html/
- ***Alone in the Trenches, My Life as a Gay Man in the NFL*** Esera Tuaolo, 2006. (Book)
- ***Becoming a Visible Man*** Jamison Green, 2004. (Book)
- ***Brother Outsider, The Life of Bayard Rustin***. (DVD) <http://rustin.org/>
- ***Family is Still Family – Multilingual PSA Campaign, Opening the Closet Door for our LGBTQ Kids*** National Queer Asian Pacific Islander Alliance (NQAPIA), 2016. (Videos) <http://www.nqapia.org/wpp/api-parents-who-love-their-lgbt-kids-multilingual-psa-campaign/>
- ***Transgender Warriors: making history from Joan of Arc to Dennis Rodman*** Leslie Feinberg, 1996. (Book)
- ***Mia Yamamoto*** An interview with a Japanese American attorney at law who is also a transgender woman. (Video) <https://vimeo.com/106295990>
- ***Of God and Men, A Life in the Closet*** Raymond Alikpala, 2012. (Book)
- ***Memoirs of a Samoan, Catholic, and Fa’afafine*** Vanessa, 2007. (Book)
- ***Q&A Space - Coming Out Stories By Asian Pacific Islanders*** API Equality-LA. <http://qaspace.apiequalityla.org/>
- ***Redefining Realness, My Path to Womanhood, Identity, Love & So Much More*** Janet Mock, 2014. (Book)
- ***The Meaning of Mahu, - Beyond the Binary*** Jade Snow, Mana Magazine, March 2014. <http://www.welivemana.com/articles/beyond-binary>

Family Support

- ***A Practitioner’s Resource Guide: Helping Families to Support Their LGBT Children*** SAMHSA, 2014. <http://store.samhsa.gov/shin/content/PEP14-LGBTKIDS/PEP14-LGBTKIDS.pdf>
- ***Anyone and Everyone*** Susan Polis Schutz, 2007. Experiences of parents of various cultures and faiths with gay children. Documentary film on You Tube. <https://www.youtube.com/watch?v=-qUSmcoPl6w>
- ***Faces and Facets of Transgender Experience*** PFLAG Boulder, CO Chapter, 2010. <http://pflagboulder.org/pflag-resources/faces-facets/> (DVD)

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- **GLBTQ – The Survival Guide for Gay, Lesbian, Bisexual, Transgender, and Questioning Teens** Kelly Huegel, 2011. (Book)
- **My Daughter He, Transitioning With Our Transgender Children** Candace Waldron, 2014. (Book)
- **Our Daughters And Sons - Questions and Answers For Parents Of Lesbian, Gay, Bisexual and Transgender Youth and Adults** PFLAG. <http://community.pflag.org/document.doc?id=495>
- **Our Trans Loved Ones: Questions and Answers for Parents, Families, and Friends of People Who Are Transgender and Gender Expansive** PFLAG. <https://www.pflag.org/ourtranslovedones>
- **Resources for professionals and families, such as how-to guides, research, training materials, and other tools to create inclusive environments to support children, youth, and parents** Gender Spectrum. <https://www.genderspectrum.org/resources/>
- **Supportive Families, Healthy Children, Helping Families with Lesbian, Gay, Bisexual & Transgender Children** Family Acceptance Project, 2009. http://familyproject.sfsu.edu/sites/default/files/FAP_English%20Booklet_pst.pdf
- **The Transgender Child - A Handbook for Families and Professionals** Stephanie Brill and Rachel Pepper, 2008 (Book)
- **This is a Book for Parents of Gay Kids - A Question & Answer Guide to Everyday Life** Dannielle Owens-Reid & Kristin Russo, 2014. (Book)
- **Two Spirits, One Heart - A Mother, Her Transgender Son, and Their Journey to Love and Acceptance** Marsha Aizumi with Aiden Aizumi, 2012. (Book)
- **The Transgender Teen – A Handbook for Parents and Professionals Supporting Transgender and Non-Binary Teens** Stephanie Brill and Lisa Kenney, 2016. (Book)
- **Transgender 8 year-old makes granpa Congressman Mike Honda proud.** <http://www.nbcnews.com/storyline/transgender-kids/transgender-8-year-old-makes-grandpa-congressman-mike-honda-proud-n345731>
- **Welcoming Our Trans Family and Friends - A Support Guide for Parents, Families and Friends of Transgender and Gender Non-Conforming People** PFLAG. <http://community.pflag.org/Document.Doc?id=202>

Health

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- **Affirming gender: Caring for gender-atypical children and adolescents** Ilana Sherer, Joel Baum, Diane Ehrensaft, Stephen Rosenthal, 2015. <http://contemporarypediatrics.modernmedicine.com/contemporary-pediatrics/news/affirming-gender-caring-gender-atypical-children-and-adolescents?page=full>

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- **Improving Emotional & Behavioral Outcomes for LGBT Youth, A Guide for Professionals** Sylvia Fisher, Jeffrey Poirier, Gary Blau, 2012 (Book)
- **Lesbian, Gay, Bisexual, and Transgender Health - LGBT Youth** Centers for Disease Control and Prevention, 2014. <http://www.cdc.gov/igbthealth/youth.htm>
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- **LGBT Resources** AMA, 2015 <http://www.ama-assn.org/ama/pub/about-ama/our-people/member-groups-sections/glb-advocacy-committee/glb-resources.page?>
- **Living as a Man, Fighting Breast Cancer: How Trans People Face Care Gaps** Denise Grady, 2016. https://www.nytimes.com/2016/10/17/health/transgender-health-care-breast-cancer.html?_r=0
- **National Transgender Discrimination Survey Report on Health and Health Care** Jaime Grant, Lisa Mottet, Justin Tanis, 2010. http://www.thetaskforce.org/static_html/downloads/resources_and_tools/ntds_report_on_health.pdf
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- **Safe Spaces, Safe Places: Creating Welcoming and Inclusive Environments for Traumatized LGBTQ Youth** National Child Traumatic Stress Network, 2015. <http://www.nctsn.org/products/nctsn-safe-places-video>
- **Suicide and Bullying, Issue Brief** Suicide Prevention Resource Center (SPRC). http://www.sprc.org/sites/sprc.org/files/library/Suicide_Bullying_Issue_Brief.pdf
- **The Report of the 2015 U.S. Transgender Survey (USTS)** S.E.James, J.L.Herman, S.Rankin, M.Keisling, M.Mottet, M.Anafi, 2016. <http://www.ustranssurvey.org/report/>

Homelessness

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Juvenile Justice

- ***Bridging the Gap: Strengthening LGBTQ Youth and Police Relations*** Queens Neighborhood Youth Justice Council, 2015. http://www.courtinnovation.org/sites/default/files/documents/ONYJC_final_report.pdf
- ***Hidden Injustice - Lesbian, Gay, Bisexual, and Transgender Youth in Juvenile Courts*** Katayoon Majd, Jody Marksamer, and Carolyn Reyes, 2009. http://www.equityproject.org/pdfs/hidden_injustice.pdf
- ***LGBT Youth in Juvenile Court, Practice Tips for Juvenile Defenders*** Equity Project. http://www.equityproject.org/pdfs/LGBT_Youth_in_Juvenile_Court.pdf
- ***Law Enforcement and the Transgender Community – CRS Roll Call Training Video*** Community Relations, U.S. Department of Justice, 2016. You Tube. <https://www.youtube.com/watch?v=gfGPx4xjHvM>
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Schools & LGBT Students

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- **Children's Books to Develop LGBTQ Inclusive Elementary Schools** Welcoming Schools. <http://www.welcomingschools.org/resources/books/lgbtq-inclusive-schools/>
- **Creating Safe & Welcoming Schools For All Children and Families** Resources for elementary schools, Welcoming Schools. <http://www.welcomingschools.org/>
- **Gender NonConforming Youth: Discipline Disparities, School Push-Out, and the School-to-Prison Pipeline** Hilary Burdge, Zami Hyemingway, Adela Licona, gsanetwork, 2014. http://www.gsanetwork.org/files/aboutus/GSA_GNC_FINAL-web.pdf
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- **One Teacher in 10, In The New Millennium, LGBT Educators Speak Out About What's Gotten Better...and What Hasn't** Kevin Jennings, 2015. (Book)
- **Out in the Silence** Film on being gay and bullied in school, and community discrimination, Dean Hamer and Joe Wilson, 2009 <http://legacy.wpsu.org/outinthesilence>
- **Ordinary 'Ohana** Lee Cataluna, Cheyne Gallarde, 2016. (Book)
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