MISSION: DEVELOPING A CAREER

GOAL: NARROWING

OBJECTIVE: SELF-EVALUATION IN RELATIONSHIP TO OCCUPATIONAL REQUIREMENTS

MODULE NUMBER: SIX

Adapted From Carkhuff Associates "Career Development Model"

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INTRODUCTION

Earlier you identified the physical, intellectual, and emotional requirements for your preferred occupation. You also identified the employer measurements for each of these requirements. Now let's take a look at where you stand in comparison to these requirements and the employer measurements. If you can do this module then you will know in what physical, intellectual, and emotional requirements you need to improve.

Begin this module by reviewing the tasks on the next page, then start with Task one found on page 3.
MISSION: Developing A Career

GOAL 2: Narrowing

OBJECTIVE 3: Self-Evaluation in Relationship to Occupational Requirements

Task 1
Evaluate your present physical, intellectual, and emotional functioning in terms of occupational requirements.

Task 2
Complete personal evaluation chart.

Task 3
Compare your aptitudes with those required for your preferred occupation.
You will now evaluate your present status in relation to each of the physical, emotional, and intellectual requirements. A good way to do this is to develop a personal evaluation chart. This chart will indicate the degree to which you meet the requirements of your preferred occupation.

Using the favorability scale you have developed of employer's measurements, compare yourself to those requirements.

Step 1: List requirements in proper blanks (a, b, c, for each physical, intellectual, and emotional requirement) from Module 5.
Step 2: Place a ✔ at the level you are at for each of the requirements. You may consult your counselor, teachers, and parents to give you a fair rating.

### PERSONAL EVALUATION CHART

<table>
<thead>
<tr>
<th>Level of Skills Development</th>
<th>Physical Requirements</th>
<th>Intellectual Requirements</th>
<th>Emotional Requirements</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>a.</td>
<td>b.</td>
<td>c.</td>
</tr>
<tr>
<td></td>
<td></td>
<td>a.</td>
<td>b.</td>
</tr>
<tr>
<td></td>
<td></td>
<td>a.</td>
<td>b.</td>
</tr>
</tbody>
</table>

-1  0  1  2  3

-1  0  1  2

-2  -1  0  1

-2  -1  0  1