Grand Valley State University
Public Health

What’s happening in Public Health?

Local News

- A year after land swap, GVSU eyes $30M state funding for health building
- Expansion of health sciences education to address talent needs in West Michigan
- Van Andel Institute event focuses on depression research, treatment

State News

- EPA to audit Michigan drinking water program following Flint lead crisis
- New state cancer plan unveiled at Michigan Cancer Consortium annual meeting
- MDHHS urges residents to protect against carbon monoxide poisoning as Winter nears
- 8 tools and tips for Michiganders navigating the “Obamacare” exchange

National News

- APHA closing session: “Stop asking for a seat at the table… we belong at the head of the table”
- Cause for celebration: World Health Organization declares Sierra Leone’s Ebola outbreak is over
- Binge watching TV linked to higher rates of depression and anxiety
- Teens substance use is risky even with parents’ knowledge

November is American Diabetes Month

Diabetes is a disease in which blood glucose levels are above normal.

It can cause serious health complications including heart disease, blindness, and kidney failure.

29.1 million Americans have diabetes; 1 out of 11 people.

Moderate weight loss and exercise can prevent or delay type-2 diabetes among adults.