

## **Corporate Wellness Program – GVSU**

Join a community, not just a gym. Employee health and wellness is good business. The YMCA is a leader in improving the health and wellness in our community. Partnering with the Y creates an environment for healthier, happier and more productive employees.

- 10% Discount on Basic and Full-Service Monthly Membership Rates
- No Joiner's Fee
- FREE Access to Most YMCA's Across the Country

## WHAT'S INCLUDED IN MEMBERSHIP:

- State of the Art Fitness Facility
- Fitness Classes
- Lockers
- Child Care
- 2 indoor pools 25-yard lap and therapy
- Sports Lab
- Strength Studio
- Racquetball Court
- Indoor Track
- Multi Sports Complex (MSC) reserve courts for basketball, volleyball, pickleball, tennis, soccer, etc.
- And more!



Battle Creek Family Y 182 Capital Ave NE Battle Creek, MI 49017 269-963-9622 ymcabattlecreek.org

Stop by our Welcome Desk for a tour and get started today!

## REDUCED RATES FOR MEMBERS ON PROGRAMMING:

- Specialty Classes
- Golf Simulator \$30 per hour for members, \$50 per hour for non-members

## **ANNUAL EVENTS:**

- Cereal City Classic 5k/10k in the spring
- Goguac Lake Swim in the summer
- 5k Turkey Trot on Thanksgiving morning