



ANNUAL MEMBERSHIP CORPORATE DISCOUNT

Receive **\$10 off the regular rate and half off enrollment**
\$59.99/month and \$49 enrollment

Must present valid employer ID to receive discount.

Valid at both Grand Rapids locations!

Downtown: 820 Monroe Ave. NW

South: 6670 Kalamazoo Ave. SE

Contact us!
616.920.0335

Get fit with our epic blend of high intensity interval and heavy resistance training. Perfect for both men and women and all fitness levels who seek an effective solution for weight loss, reducing stress, and getting toned!



Your New Body Starts Here

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