

GVSU ATHLETIC TRAINING NEWS LETTER



Athletic Training Program Update

To be recognized as an outstanding undergraduate program that provides exceptional education through the utilization of interactive classroom instruction and clinical experiences; preparing students to excel on the Board of Certification Exam and to enter the profession as qualified health care providers. The ATEP also strives to promote the Athletic Training profession as an essential component of the allied health care field.

Grand Valley Athletic Training continues to make us proud! I am proud to report that GVSU graduates have achieved a 100% pass rate on the national certification exam for the fourth year in a row which means we still maintain our 3 year first-time passing rate of 100%; compared to a national 3 year average of 79% for all programs! To put this into perspective, GVSU is the only program in the state of Michigan that achieved a 3 year pass rate of 100% and 1 of 41 programs out of 365 in the country (both Bachelor's and Master's professional programs). Congrats to everyone who took the exam in April this year; 100% passed the first time as well. I will continue to post our scores on the GVSU Athletic Training Webpage (see link below), but you can also find pass rates for all programs at www.caate.net. The success of this program is a testament to everyone who contributes to our program on a daily basis, including; students, preceptors, physicians, faculty, staff, and alumni. Thank you to all involved!

Another proud note is that one of our faculty, Dr. Brian Hatzel has been named Distinguished Athletic Trainer in the State of Michigan and was honored at the Michigan Athletic Trainers' Society annual meeting on June 5th. This award is the highest honor in our state and is awarded based on his contribution to the field of athletic training and for being a role model in our profession. Last year he was voted into the Ring of Honor at Ball State University due to his contributions to the profession. Please make sure to congratulate him when you see him!

As most of you have probably heard, the AT Strategic Alliance, comprised of the BOC, CAATE, NATA, and NATA Foundation has recently announced their decision to change the AT Degree Level to a Master's. These discussions have been taking place over the past 2 ½ years and we want you to know that the AT Faculty at GVSU has also been actively discussing this issue. A deadline for compliance with this transition has not yet been provided, but we are told that we will have "no less than" seven years. To help insure that GVSU maintains our status as one of the leading AT programs in the country we are taking time to explore all options open and to find one that will be a best fit for us. We will keep you informed as we move forward!

With the success of our graduates in achieving their certification, comes an increased request to become licensed in the state of Michigan. Below is an explanation of the process. Please note that it is also available at www.gvsu.edu/athletictraining under Alumni. Mandi Baldwin, one of our Graduate Assistant's has done an excellent job updating our website so please take some time to look at it when you get a chance!

Have a wonderful 2015!

~Dr. Shari Bartz-Smith

Clinical Sites 2014-2015

College Setting:

Grand Valley State University

Cross Country/Track & Field - Matt Herrema & Mandi Baldwin

Baseball - Jake Kuipers

Basketball - Kelly Hardy

Football - Mark Stoessner & Jim Winkler

Lacrosse/Volleyball - Jenn Herrick

Soccer/Swimming and Diving - Tanner Johnson

Softball - Jacob Meyer

Davenport University - Wendi Correlli & Jeff Harmsen

Calvin College - Joe Dykstra & Kerri Cramer

General Medical:

North Ottawa Community Hospital - Emergency Room

Metro Health - Dr. VanNoord, Dr. Kern, Dr. Kornoelje, Dr. Boyd

Clinic:

Center For Physical Rehabilitation - Mindy Simon

Mercy Rehab and Athletic Performance Center - Marcus Schillaci

Clinic:

Detroit Tigers

Chicago Cubs

University of Denver

University of San Diego

PT Northwest in Oregon

Mississippi State University

Wayne State

iMove (Shoreline Sport and Spine)

Northwestern University

Mercy Hospital

Dickenson County Hospital

Clemson University

That is a short list of the many, many, many other locations our students have the great privilege to go further their education.

High School:

Allendale - Jen Terpstra

Byron Center - Joe Chiaramonte

Catholic Central - Jessica Rix

Comstock Park - Patti Beggs

East Kentwood - Dan Chappell

Forest Hills Central - JaNae Start

Forest Hills Eastern - Steve Retan

Forest Hills Northern - Patty Sellner

Grand Haven - Patrick Wykes

Grandville - Mike Seeger

Holland - Bailey Shelters

Holland Christian - Sadie Morway

Jenison - Heather Smith

Muskegon - Ted Quick

Northview - Jesse Brinks

Rockford - Ethan Nayback

Unity Christian - Amanda Felton

West Ottawa - Trevor Ferrari

Orientation 2014



With Paramedic Shawn Schrader

Where are They Going???



Danny Blascak - Seeking Employment while going to Med School

Taylor Carpenter - Seeking Employment

Dustin Derer - PA School

Ashleigh DeWeerd - Employed

Miles Drobish - Seeking Graduate Assistantship

Karianne Ely - Texas State University Graduate Assistant

Emily Geurink - Currently Seeking Employment while taking classes at Baker College for a PTA Degree.

Lauren Gevaart - Ball State University Graduate Assistant

Mitch Glass - GVSU Physical Therapy School

Emily Griswold - Ohio University Graduate Assistant

Riley Groenewoud - Physical Therapy School U of M - Flint

Dalton Hoschstetler - Seeking Employment and then looking to Physical Therapy School

Rebecca Holsinger - University of Detroit Mercy Graduate Assistant

Amy Jedele - Graduate Assistant

Caitlyn Kiraly - Graduate Assistant

Andrew Magirl - PT Northwest in Oregon

Jenna Maki - Internship at Clemson University

Justin Pierzchala - Working at ATI as an Industrial Athletic Trainer in Indiana

Scott Ruhle - Seeking Employment while attending PA School

Amber Schram - Seeking Employment

Mike Shuster - Internship

Katelyn Staelgraeve - Western Michigan University Graduate Assistant

Jennifer Steigenga - Working Part-Time at Mercy Rehabilitation and Athletic Performance Center in Muskegon, MI

Zach Ullman - Mississippi State University Graduate Assistant

IOTA TAU ALPHA

With another school year in the books, the Grand Valley State University Athletic Training Club, Iota Tau Alpha, has completed another successful year. Through involvement with fundraising, professional conferences, volunteer opportunities, and group social events, the members of Iota Tau Alpha were able to gain valuable knowledge that lead to a positive experience for both the students in the athletic training program, and for those looking to apply to the program. The area of focus for the club this year was to bring a more educational experience to it's members through the use of guest speakers at club meetings. Thanks to the volunteer efforts of Ethan Nayback, Dr. Beall, and Dr. Henne, members were able to gain insight into various topics that would help them develop as athletic training students.

Fundraising to start the year kicked off with our Forrest of Fear event, and another trip to SkyZone. The selling of Griffins tickets continued to be our biggest fundraising opportunity, as we had yet another successful year selling. Through the efforts of our members, the club was able to surpass our quota expected, and sell over 1000 tickets for the year. With the help of a new incentive program, such as payed

GLATA registrations for the top sellers, our members were more motivated to sell tickets. Additionally, a new fundraising opportunity incorporated this year was the selling of "I love my athletic trainer" wrist bands to our clinical instructors. A portion of the money raised through these opportunities was donated to our chosen area of philanthropy, Juvenile Diabetes. An additional philanthropy opportunity taken on by our club this year was our involvement in Project Linus, a nonprofit organization that provides homemade blankets to children in need. Iota Tau Alpha members participated in the making of blankets that were donated to this cause. The fundraising efforts through the club has again helped to send a large number of students to the Great Lakes Athletic Trainers' Association Conference in Wheeling, IL. For the second year in a row we have had close to forty students in attendance at the conference. The students of GVSU's athletic training program have continued to show strong interest in their professional development, and it is efforts such as these that have helped our athletic training program stand out as a strong program. The club will also fund nine students this summer to attend the National Athletic Trainers' Association symposium in St. Louis, MO this June

to represent GVSU athletic training at a national level.

Additional club events over the course of the year included intramural sports, gathering donations for the Woods dinner, and participation in various volunteer events, such as the Special Olympics state basketball finals hosted at Rockford High School, and the Grand Rapids Marathon. At the last meeting of the year, elections for the new executive board members were held. We are pleased to announce Taylor Witczak as President, Maggie McGowan-Stinkski as President-Elect, Bryan Schopieray as Vice President, Katie Plantz as Treasurer, Madi Svec as Secretary, Tyler Thompson as Fundraising Chair, and Meghan Glynn as Social Chair. The new executive board has already been in collaboration for new ideas for the next academic year, which includes a greater emphasis on volunteer opportunities for club members. Iota Tau Alpha has continued to grow as club and what it means to be a member, and it is with this idea in mind that the new executive board will continue to develop the club in order to provide the best possible experience for it's members.



Shaina Lane

Shaina Lane is a native of Grand Rapids, MI. She graduated from Grand Valley in 2001 with her Bachelor's in Physical Education with a double emphasis in Athletic Training and Fitness/Wellness. She went on to pursue her Master's degree at Auburn University and in 2003, she graduated with her M.ED in Higher Education Administration with an emphasis in Sports Administration. During her two years at AU, she served as the Graduate Assistant for the softball team and said "War Eagle" more times than anyone could count!



Shaina took a job in Savannah, Georgia after graduate school, working at St. Joseph's Candler Hospital and serving as an outreach AT at a local high school. Her time there was short lived. After a particularly stressful week of daily visits to the GA DMV, trying to obtain a GA driver's license, Todd Jager called and wooed her back to her alma mater. What an opportunity! Although the warm weather in the south was enticing, this was an opportunity to move home and live close to family. It was an opportunity to work for an institution she had a great amount of pride for, and to work with a mentor that really put her on the right track for career success. Two days after unpacking her last box in Savannah, adopting two kittens, and purchasing some major appliances, she started packing everything back up and made the trek back to Grand Rapids!

Shaina was the assistant athletic trainer at GVSU for 3 years alongside Todd Jager. Her primary responsibility was Men's and Women's basketball and in her third year, she served as interim head athletic trainer while Todd fought through his cancer treatments. The three years Shaina served at GVSU were priceless in terms of experience, camaraderie, and personal growth. To this day, she still shows off the National Championship rings she was given for her service with Football and Women's Basketball.

In 2006, Shaina headed south again, this time it was to follow a different career path. She was accepted as 1 of 4 Athletic Training Residents in the Emory Sports Medicine Athletic Training Residency. This is a well-known program that teaches athletic trainers how to successfully work as a physician extender for an orthopaedic practice. Following this one year training program, she took a job with a physician in private practice in Knoxville, TN. She lived 45 minutes away from Gatlinburg and Pigeon Forge (hooray for outlet malls!) which were two of her favorite childhood destinations! While her job in Knoxville was gratifying in many ways, she was recruited back to Emory 9 months later to work as the Lead Clinician in the sports medicine office and serve as the Assistant Program Director for the Athletic Training Residency. This was an opportunity to get back into teaching and mentoring younger ATs as well as experienced ATs who were finally ready to make a career transition.

The fundamental skills of being a healthcare provider that Shaina learned at GVSU as a Student Athletic Trainer (professionalism, critical thinking, problem solving, communication, and so many more) allowed her to easily transition into the Manager of Clinical Operations role for Emory Sports Medicine when the position opened up. In this role, she also served as the Residency Program Director for the AT PE Residency.

Shaina was promoted after two years in that role to the Associate Clinical Administrator in the Department of Orthopaedics. Her primary responsibilities are to oversee all educational programs, the Ortho research platform, the School of Medicine Budget, Alumni Relations, Faculty Affairs, and Grady Clinical Operations. Transitioning from clinical operations to the School of Medicine has been like learning a foreign language, but it brought Shaina back into the educational realm, an area she is very passionate about. The Emory Sports Medicine AT PE Residency just went through their first site visit in application for accreditation. Shaina was also selected as a site visitor with CAATE and will attend training in June before NATA.



Since moving to Atlanta, Shaina has taken salsa lessons and performs with SALSAtlanta on occasion. She also enjoys running (half-marathons), rock climbing, kickboxing, and hiking. She is almost conversational in Spanish and is sitting for the ACE Group Fitness Instructor certification this month. She usually gets to about two AU football games each year (War Eagle!) and loves when she can get home to spend time with her niece and nephew.

Doug & Linda Woods Scholarship



Dinner and Silent Auction



Dr. Henne & Mike



Yet again I get to say there was another successful dinner this past April 24, 2015. We continue to host the event on campus in the Grand River Room in the Kirkhoff building. This year we broke tradition a little with having more of a conversational auction and dinner, though the use of a buffet/o'dourves. Additionally, this year there was the option to purchase laker athletic training gear without bidding. But of course we had a great auction in which we continue to have a significant amount, of which went towards the Woods Endowment fund. This year award recipients were Maggie McGowan-Stinski and Mariah Supianoski. This year we were able to increase the from \$4,000.00 each to \$4,500.00 each. The Woods Scholarship is awarded to athletic training students in appreciation of their academic success and dedication to the GVSU athletic

training department. In addition, we awarded the River Valley Orthopedics Senior Athletic Training Service Award given to Mike Shuster by our team docs, Dr. Jack Healey and Dr. Tim Henne. This award is for a athletic training student who demonstrates excellence in their clinical rotation and is involved in the promotion of athletic training at a local, state or national level. The Todd Jager Memorial Award, which is given to a graduate athletic training student pursuing a career in college athletic training. This student has to have a commitment to athletic training and a strong academic background. The award was presented by Lorie Jager to Tanner Johnson (who was unable to attend). A special thank you for all of you who donated!! Without you we could not have such a wonderful event!

Huge Thank
You to those who
helped with the
dinners' success

Best of Luck Staff!!

Kelly Hardy



We say Goodbye to Kelly (Murphy) Hardy as she leaves GVSU to continue to grow as an athletic trainer/physician extender at River Valley Orthopedics. She first started at GVSU as a Graduate Assistant and was hired on as a full time Assistant Athletic Trainer. During her 5 years as a Laker, she worked primarily with Football and Men's and Women's Basketball teams. She also supervised Graduate Assistants with Men's and Women's Swim/Dive, Women's Lacrosse and Women's Volleyball Teams. We are happy that Kelly and her husband Jim are not moving far away as they continue to reside in Grand Rapids. Kelly, A Laker for a Lifetime, looks forward to attending GVSU sporting events as an enthusiastic fan. Congrats to her and best wishes to Kelly and Jim.



Jennifer Herrick

During Jen's time at Grand Valley she worked primarily volleyball and lacrosse with other responsibilities as assigned. She fully enjoyed her time at Grand Valley and feel she grew as a professional and as a person. During the end of my graduate assistantship, Jen was offered and accepted a position as a Physician Extender at River Valley

Orthopedics. There Jen works for two orthopedic surgeons, Dr. Tim Henne and Dr. Tim Lenters. She am very excited for this opportunity and she am loving every minute of everyday so far!



Jake Kuipers

Jake Kuipers is an Athletic Training Graduate Assistant for the Athletic Department. He received his Bachelors in Athletic Training from Western Michigan University in April 2012. He took a year as an intern with Embry-Riddle Aeronautical University before landing at GVSU. Jake has completed his Masters in Public Administration with an emphasis on Healthcare Administration. During his two years at GVSU he worked with the Men's and Women's Tennis Teams along with the Baseball team. Following Graduate School, Jake is currently seeking employment in the Grand Rapids area in Health Administration Field.

Welcome Grad Assistants



Jacob Meyer

Jacob Meyer is an Athletic Training Graduate Assistant for the Movement Science Department. He received his Bachelors in Athletic Training from Manchester University in 2014. Upon graduating and passing the BOC he came to GVSU this year to pursue his Masters in Higher Education. During his first year at GVSU he worked with the Women's Softball Team along with facilitating courses in the Movement Science Department for Athletic Training. During the summer of 2015 Jacob worked as the head Athletic Trainer for the Gary SouthShore RailCats an independent professional baseball team in the American Association. Following Graduate School, Jacob plans on continuing to work with the RailCats. Outside of Athletic Training, Jacob enjoys waterskiing and spending time with his younger cousins.



Mandi Baldwin

Amanda "Mandi" Baldwin is from Pendleton, Indiana and graduated from Ball State University in 2013 with a Bachelor's of Athletic Training. Mandi is an Athletic Training Graduate Assistant for the Movement Science Department. During her first year she worked with the GVSU Men's and Women's Cross Country and Track and Field teams. While at Grand Valley Mandi is pursuing a Masters of Public Administration with an emphasis in Health Administration. After graduation she is hoping to find a job back in Indiana as a physician extender or working in an orthopedic center. In her free time she enjoys hanging out at the movies with her Husband.



Tanner Johnson

Tanner Johnson is an Athletic Training Graduate Assistant for the Athletic Department. She graduated from Albion College in 2014 with a Bachelor of Arts in Kinesiology, with an emphasis in Athletic Training. At Albion Tanner also played basketball while being a student. Tanner's first year at Grand Valley she worked with Women's Soccer and Men's/ Women's Swimming and Diving teams. She is currently pursuing her Masters in Education, with an emphasis in Adult and Higher Ed. In her free time she loves doing anything outside, being at her cottage, biking, and skiing.

SCORE BOARD

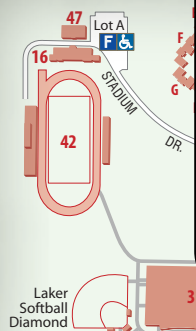
Women's Teams

- Basketball – Lost in GLIAC Tourney
- Cross Country – Won GLIAC and Regional - 1st at NCAA
- Golf - Won GLIAC, 4th at regional tourney
- Lacrosse - Won GLIAC
- Soccer – National Champs
- Swimming/Diving – 2nd at GLIAC, 20th at NCAA
- Tennis – 2nd at GLIAC, lost in NCAA regional
- Indoor T/F – Won GLIAC, 6 at NCAA
- Outdoor T/F – Won GLIAC. 4th at NCAA
- Volleyball - 2nd at GLIAC, advanced to Final Four

Men's Teams

- Baseball – conference tourney champs - lost in regional
- Basketball – lost in conference tourney
- Cross Country – Won GLIAC, Regional - 2nd at NCAA
- Football - 3rd in north division
- Golf - 3rd at GLIAC and played in regional
- Swimming/Diving – won GLIAC meet - 6th at NCAA
- Tennis - 3rd at GLIAC tourney – lost in mid west regional championship
- Indoor T/F – won GLIAC - 2nd NCAA
- Outdoor T/F – won GLIAC – 10th NCAA

KINDSCHI HALL OF SCIENCE



REC CENTER EXPANSION



NEW HOUSING

CONSTRUCTION ZONE

Not sure if Grand Valley will ever stop growing, which is a good thing. Last year there was mention of a "The Science Lab Building". It has now been officially named the P. Douglas Kindschi Hall of Science. It is named after faculty member who was a professor in the Mathematics Department and former Dean of Science and Mathematics Department. Dr. Kindschi generous gift provides support for the materials, technology, and research opportunities for the student body. He helped bring Science Olympiad Competition at Grand Valley. His current role as the Director of the Kaufman Interfaith Institute. It will be four-stories and cover more than 151,000 square feet. It will house nine new classrooms, 15 teaching laboratories, 14 student/faculty research laboratories, a greenhouse, offices and study spaces. In the end of June the Movement Science Department will be housed there as well. Attached to it is where the Bookstore and some new dining options are available. For more information go to <http://www.gvsu.edu/gvnow/2015/science-lab-building-named-for-kindschi-8507.00000.htm>.

In February of this year the approval for the expansion for the Recreation Center was made. Construction has happened now that the Kindschi Hall of Science is complete. This will have a goal of completion in Fall of 2016 with adding 17,000 sq. ft. to the current Recreation Building. This space will increase the cardio and weight room space, a new spinning room, more space for stretching and functional workouts, and more storage space for the users. For more updates as they come visit <http://www.gvsu.edu/sportsfacilities/recreation-center-expansion-34.htm>.

At the same time the Recreation Center was approved so was the addition of student housing. This will be a 145,000 sq. ft. building right where Robinson Field is located. They will tear down the Macy Hoobler Living Center of 50 beds, which was built in 1987. This new housing building will accommodate 498 beds, study space, laundry facilities, lounge space, a game room, outdoor rec space, three classrooms, a computer lab, media room, three faculty offices, a multi-purpose room and Einstein's Bagel. This has a target open date of August 2016.



INJURY CARE CLINIC



In January of 2014 Dr. Shari Bartz-Smith, Associate Professor in Movement Science/ Program Director of Athletic Training and Amy Campbell, Associate Director of Campus Recreation were proud to announce, after several years of collaborative planning, the opening of the GVSU Injury Care Clinic (ICC). The purpose of the clinic is to provide basic first aid, injury evaluation, acute injury care, basic rehabilitation, preventative techniques including taping and stretching, and professional referrals. The target populations are the previously underserved GVSU community including: club sport athletes, intramural athletes, rec center users, and general student body. In addition, the clinic has extended its services to GVSU faculty, staff and local community. Prior to the opening of the clinic, the only populations with access to the services of an Athletic Trainer were varsity athletes. The collaborative partners of the clinic are Metro Health, GVSU Campus Recreation, GVSU Student Life, and GVSU Movement Science. In the first semester open (Winter 2014) there were 423 total patient

visits and 660 in the second (Fall 2014). After 3 semesters of being open the clinic has had over 1,600 patient visits!

GVSU alumnus Ethan Cunningham, ATC '08, staffed the clinic since inception but has recently decided to pursue other interests. Ethan did an excellent job in getting the clinic up and running and he will be missed here at GVSU! Ethan was accepted at Ferris State University and will be pursuing an RN degree. Metro Health has agreed to continue this collaboration and is currently in the process of hiring.



Good Luck Ethan!

GVSU ALUMNI REUNION

Old Spaghetti Factory
Upstairs Dinning Room

727 North 1st St.
St. Louis, MO 63102

Thursday June 25, 2015
5:00 pm – 7:00 pm

Appetizers and Cash Bar will be provided

RSVP is not required but is helpful to:
Eliza MacDonald, MPA, AT, ATC
(616)331-8877 or macdonel@gvsu.edu
or on Facebook

<https://www.facebook.com/events/707273856062063/>

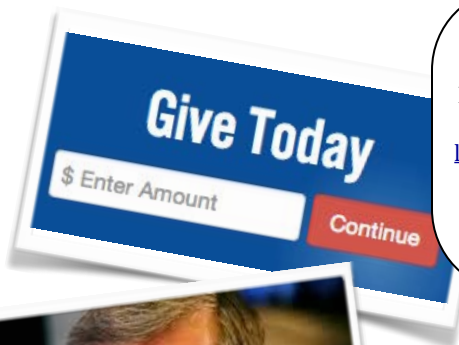


Special Thanks to our sponsors for this event:
GVSU - Athletic Training (Athletics) Department
GVSU - Movement Science Department
GVSU - Alumni Relations Department

Don't Miss it!

Follow us on Facebook <https://www.facebook.com/groups/gvsuatalumni/>
or at GVSU Movement Science Website
<http://gvsu.edu/athletictraining/>

If you know someone that is not receiving this newsletter or the contact information we have is not accurate.
Please let us know!!!
macdonel@gvsu.edu



T. Haas (First Time Donor) Student Challenge

President Haas will match any gift you make of \$10 or more at a rate of 2 to 1. So if you donate \$10 he will contribute \$20 for a total of 30 dollars! For more info check out <http://www.gvsu.edu/lakerforalifetime/> Some areas that might be of interest to you where this would apply would be the

Doug and Linda Woods Excellence in Athletic Training Scholarship, Rowe and Bond Athletic Scholarship and Movement Science Student Excellence Scholarship. Look for the GIVE TODAY logo on our website! <http://www.gvsu.edu/athletictraining/woods-dinner-and-scholarship-13.htm>



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