REFLECTIVE JOURNAL

The purpose of journals is multidimensional. They are intended to assist in self-reflection, critical thinking, and integration of theory and practice. Journals also provide valuable information to Faculty Field Liaisons regarding your experiences with field education and supervision. Please follow the format below in documenting your journal:

1. Describe an experience/event that occurred over the last two weeks.
2. What feelings or values did this elicit?
3. What professional skill, model, or theory did you apply in this situation?
4. How did you evaluate the effectiveness of your handling of the situation?
5. What knowledge did you gain from this experience?
6. How does this situation apply to gaining the core nine social work competencies?
7. Is there anything else your Faculty Field Liaison should know?
8. What did you discuss in supervision?