**The Planning Committee invites presentation/workshop proposals for the 15th Annual Art & Science of Aging Conference.**

This year’s theme—Rx (Prescription) for Healthy Aging —Prescriptions for older adults and pain management have been widely featured in the news in recent months. Building on this issue and the issues related to the complexities of care for many frail elders, the 15th annual Art & Science of Aging (2020) embraces a holistic theme “ RX” (shorthand for ‘prescriptions) that features prescriptions for healthy aging in all dimensions of life – emotional, spiritual, social, physical, and mental. The conference seeks to offer sessions that focus on positive healthy aging strategies that professionals can foster on the part of their older clients. It also focuses on ways that any older adult can identify and adopt alternative approaches to managing chronic illnesses and pain, coping with end of life choices and many of the other challenges that are part and parcel of aging.Our purpose is to educate everyone – professional and consumer – with evidence-based prescriptions for healthy aging that they can adopt and adapt to their own circumstances.

We do invite all presenters to explore the impacts of ageism on their practice Of course, we also welcome workshops on other contemporary issues and topics that relate to aging and professional practice, such as pain management, infectious diseases/vaccinations for older adults, food justice, addiction, technology in the home and in health care, stress management/mindfulness, caregiving – spouses/children/others, health promotion – diet; exercise; brain health, and more, opioid and alcohol addictions and interventions, age-friendly and dementia-friendly communities, interprofessional practice and collaboration, or person-centered care, among others.

Each workshop is a 1-hour ‘breakout’ sessions that runs from 10:30 – 11:30; 1:00 – 2:00; or 2:15 – 3:15 on the day of the conference. As a Presenter, you will be ‘registered’ free of charge for the conference, and may attend the entire conference, if so desired. You may also obtain CEU credits for your profession, if offered. The entire conference runs from 8:30 to 5:00 with opening and closing plenary sessions. You will be notified if your workshop proposal is accepted, and, if so, the time and place that your session will be offered. Most sessions are accepted, but they may need to be slightly modified to meet the CEU expectations of our four professional bodies.

**Keynote Speaker:**[Dr. John Mulder](https://www.gvsu.edu/gerontology/2020-keynote-speaker-38.htm)   
**Date:**February 28, 2020  
**Location:**GVSU Richard M. DeVos Center, 401 Fulton St W, Grand Rapids, MI

Proposals due by **October 25, 2019.**

To apply online, please go to the [2020 Conference SUBMISSION FORM](https://docs.google.com/forms/d/e/1FAIpQLSfYvYFZi5YmgnMGh6IWM0QY4XqNsBb_s4AmVtTJCjrnYiz7Ag/viewform). The copy of the form is provided below for your convenience.

**Please provide the following information for each person\* listed as a presenter by NOVEMBER 2, 2019:**

\*If you are a co-presenter of the workshop, you're not required to fill in the information about your presentation, if it was previously submitted, but let us know your co-presenters and theme of your workshop presentation.

Last Name

First Name

Position/Title

Employer

Degree/Credentials (highest degree listed first)

Preferred Mailing Address

Email

Phone

BIO – a brief description of this person’s education, work experience, and background that qualifies them to be an ‘expert’ presenter at this conference on the topic for the session in which they are participating. [Brief = 50 – 75 words max. Longer bios may be shortened for publication purposes.]

As a presenter you are eligible to attend the full-day conference – do you expect to attend?

\_\_Yes

\_\_No

If you answer yes to previous question, will you be seeking CEU’s for [choose those that apply]:

\_\_Social Work,

\_\_Nursing,

\_\_Occupational Therapy,

\_\_Therapeutic Recreation,

\_\_Nursing Home Administrator

Please provide names and emails of any co-presenters. However, each of them should fill out this form.

**Workshop TITLE**: [should be catchy but descriptive of content]

**Workshop ABSTRACT**: [Provide 4-5 sentences describing the content of the workshop.]

**Workshop LEARNING OBJECTIVES/OUTCOMES**: [Based on materials and activities in this workshop, what will participants **know** or **be able to do** upon completion – use active verbs whenever possible to describe their learning. List at least three (30 and no more than five (5) learning objectives]

**Workshop CURRENT ARTICLES OR RESOURCES THAT SUPPORT THE CONTENT OF THIS SESSION** [at least one article or resource must be published or developed since 2013; professional articles and references that are ‘evidence-based’ or support this topic are preferred]