



***The Art and the Science of Aging:
Perspectives in the 21st Century***

GVSU Multidisciplinary Conference on
Gerontology
November 4, 2005
Hager Auditorium
Cook-DeVos Center for Health Sciences

Schedule of Events

8:30 Registration/ Coffee

9:00 Welcome and Opening Remarks

9:15-10:00 Keynote Address

10:00 Break

10:15 to 11:00 Theoretical Approaches

11:00 Break (lunch on your own)

12:30 to 1:30 Applications in the Field (Life, Science, Education)

1:30 Break

1:45 to 2:45 Institutional Approaches and University Initiatives

2:45 Break

3:00 Discussion and Closing Remarks

About the Keynote Speaker

Dr. Singleton has been employed by the School of Health and Human Performance at Dalhousie University since 1981. Dr. Singleton is cross appointed to the School of Nursing, Sociology and Anthropology at Dalhousie University and to the Ecole de Kinésiologie et Récréologie, Université de Moncton. Dr. Singleton has also been cross appointed to the Department of Health at the University of Toronto and the School of Social Work at the University of Toronto. Dr. Singleton has been involved with Therapeutic Recreation and Older Adults for the past twenty four years. Dr. Singleton has published articles in *Canadian Association on Gerontology, Activities Adaptation and Aging, Journal of Leisurability, Leisure Today, Journal of Occupational Science Australia, World Leisure and Recreation Journal*, and the *Journal of Leisure Research*. Dr. Singleton has made presentations on his work in a variety of professional conferences ranging from the Recreation Association of Nova Scotia, Leisure research Symposium, Canadian Congress on Leisure Research, National Therapeutic Recreation Society Institute, Gerontological Society of America to the Canadian Association on Gerontology. He also has produced a video "Therapeutic Recreation Assessment of Persons with Alzheimer's with Therapeutic Recreation professionals in the field during this time.

Schedule of Events

8:30 Registration/ Coffee

9:00 Welcome and Opening Remarks

Dr. Patricia Clark, Writing Department and Poet-in-Residence
“Sculpture Garden” and other poems

Dr. Priscilla Kimboko
Dean of Graduate Studies & Grants Administration
Chair of the Gerontology Initiative

9:15-10:00 Keynote Address

Jerome Singleton, Ph.D., CTRS

“Trans disciplinary, Interdisciplinary, Multi disciplinary (TIMS) research in Aging: Moving from an Idea to Practice in University”

10:00 Break

10:15 to 11:00 Theoretical Approaches

Dr. Jane Toot, Dean of College of Health Professions
“The Neuman Model – Not your Grandpa’s Model T”

Learn about a system model which will become an indispensable tool for dealing with the complex phenomenon called Aging. Whether you are a professional working on an intervention team or a daughter sandwiched between Mom and teenagers, this tool can help you make thoughtful decisions in a logical but compassionate manner.

Dr. Jing Chen, Psychology
“Brain, cognition, and successful aging”

I will review some recent studies that examine age-related changes in cognition and their underlying neural mechanisms. The focus will be on two hypotheses, compensation and differentiation. Both have been proposed to explain the intricate relationship between structural changes that occur in the brains of older adults and functional changes associated with cognition and observed in their behaviors.

Dr. Douglas Chung, School of Social Work
“East/West cultural perspectives on gerontology”

Since the self is an accumulation of one’s experiences, we can summarize the differences of self-concept between East and West to strive for cultural competency. As globalization grows, these differences become ever more striking. A general picture emerges from this comparison. The hope is that the gerontological care educator, designer, and implementer may consider these cultural differences in their practices.

11:00 Break (lunch on your own)

12:30 to 1:30 Applications in the Field (Life, Science, Education)

Dr. Paul Lane, Business and Joyce Flipse-Smith,

“Silence is deafening – Conversations that need to occur”

The culture and conversations in the United States seem to assume that there is no end to life. The presenters are reporting their work on having conversations with children, caregiving communities and friends long before the end is defined. These conversations lead to planning for and living a quality life. The results of focus groups conducted in the West Michigan area is the basis for our presentation.

Sharon Leder, DSN, RN and Linda Nicholson Grinstead, Ph.D., RN, CPN

“Predictors of Health in grandmothers raising children”

In the United States, an increasing number of grandparents are raising their grandchildren. Some studies have suggested that raising grandchildren is a burden and may have an effect on grandparents' health. The objective of our study is to describe the nature of the relationships among general life stress, parenting stress, social support, psychological empowerment, and physical and mental health of caregiving grandmothers.

Priscilla Kimboko, Ph.D., and other members of the professional team

“West Michigan Alliance for Gerontology Education – reporting on a survey identifying resources and events to health professionals”

This group will present a report on its survey of health professionals and steps taken to identify and present evidence-based educational resources and events to health professionals related to gerontology and geriatric care. A key component of AGE is to identify best practices in regard to diseases and conditions of the elderly, or to systems design and community resources essential for effective care and then translates those into practice through education.

1:30 Break

1:45 to 2:45 Institutional Approaches and University Initiatives

Cynthia Beel-Bates, Nursing; Douglas Chung, Paul Lane and Jane Toot

“A new breed of post-baccalaureate Gerontology Certificate”

A multidisciplinary team at GVSU has worked on a proposal targeted at business and organizational community that would work for the macro issues down to the individual issues using a systems model. A format that would allow interdisciplinary teaching and multiple on-site locations where professionals could be exposed to issues in different environments is envisioned

Susan Jensen, Ph.D., R.N., C.C.M.; Rebecca Veltman, Ph.D., R.N.; Cynthia Beel-Bates, Ph.D., R.N.

“Longitudinal Elder Initiative”

The purpose of LEI, a four semester gerontology portfolio assignment, is to provide nursing students a clinical opportunity in which to form a positive relationship with a well older adult (OA) and to view the OA’s adaptation to health changes over time. We anticipate that LEI will increase knowledge and competence in gerontological nursing, and to provide a positive experience with aging individuals so that students will chose this specialty as their career.

Dr. Suzeanne B.Benet, Marketing

“Long-term insurance products: perceptions vs. reality”

Senior citizens’ perceptions of private long-term care insurance are explored and suggestions are made for how to more effectively persuade the senior market to prepare for their future needs. The results may also have implications for how to more effectively present information to this target market regarding other health-related products and services.

2:45 Break

3:00 Discussion and Closing Remarks

Facilitated by:

Dr. Teresa Castelão-Lawless, Philosophy

Dr. Kari Kensinger, Therapeutic Recreation

Directions to the Cook-DeVos Center for Health Sciences:

US-131 Southbound - Merge onto I-196 East (Exit #86A) on the left towards Lansing. Exit at College Ave. (#78). Turn right onto College Ave. Proceed one block and turn right onto Michigan St. NW. Proceed slightly past the building and turn right onto Lafayette St. The entrance will be on your right.

US-131 Northbound - Merge onto I-196 East (Exit #86A) on the left towards Lansing. Exit at College Ave. (#78). Turn right onto College Ave. Proceed one block and turn right onto Michigan St. NW. Proceed slightly past the building and turn right onto Lafayette St. The entrance will be on your right.

I-196 Westbound - Exit at College Ave. (#78). Turn right onto College Ave. Proceed one block and turn right onto Michigan St. NW. Proceed slightly past the building and turn right onto Lafayette St. The entrance will be on your right.

I-196 Eastbound - Exit at College Ave. (#78). Turn right onto College Ave. Proceed one block and turn right onto Michigan St. NW. Proceed slightly past the building and turn right onto Lafayette St. The entrance will be on your right.

Limited parking is available at the Cook-DeVos Center for Health Sciences (CHS) building. For the convenience of the students, faculty and staff, it is recommended you take advantage of the CHS Express shuttle that runs from the DeVos and Eberhard Centers to the CHS building. Frequency varies throughout the day. Parking for all students attending class at the Center for Health Sciences will be located at the Pew Campus □ Grand Rapids. Questions about the CHS Express shuttle should be directed to the Pew Campus Operations office at (616) 331-6700.

Registration

Although pre-registration for this conference is not required. It is recommended. If you are planning on attending the conference. Please use the following registration form and return to Teresa Castelão-Lawless castelat@gvsu.edu or Kari Kensinger kensingk@gvsu.edu

Name: _____

Discipline: _____

Institution: _____

Phone: _____ Email: _____