

# QPR

Question ◦ Persuade ◦ Refer

**Q = Question**  
**P = Persuade**  
**R = Refer**

**QPR** is a nationally recognized program to provide information regarding suicide prevention.

Learning objectives:

- *suicide prevention*
- *recognizing the signs & symptoms*
- *how to ask if someone is suicidal*
- *how to assist and make referrals*



G V S U

COUNSELING  
AND CAREER DEVELOPMENT

C E N T E R

204 STU • (616) 331-3266

[www.gvsu.edu/counsel](http://www.gvsu.edu/counsel)



**QPR** is to suicide prevention what CPR is to cardiac emergencies.

QPR is open to administrators, faculty, staff, and students.

**QPR is presented upon request.**

To make a request, call the Counseling Center at 331-3266 or stop by at 204 STU. Space is limited to 15 people per session. (Lib100 approved.)

