

Therapeutic Recreation

2009 - 2010 Catalog Year

~ Starting in MATH 110 ~

First Year					
Fall			Winter		Spring/Summer
CHM 109	Introductory Chemistry	5	BIO 120	General Biology I	As Needed
MTH 110	Algebra	4	WRT 150	Strategies in Writing (GE)	
PSY 101	Introductory Psychology (GE)	3		(GE)	
		<u>3</u>			
	Total	15		Total	
				14	
Submit Program Application <i>By March 1st</i>					

Second Year					
Fall			Winter		Spring/Summer
CHM 230	Intro Org/Bio Chemistry	5	BMS 208	Human Anatomy	As Needed
HPR 220	Health Care Delivery	2	REC 200	Leisure Education	
REC 110	Found. Of Phil/Leisure	3	REC 253	Diagnostic Grps in TR	
REC 111	Foundations of TR (GE)	3	PSY 364	Life Span Dev. Psych. (GE)	
		<u>3</u>			
	Total	16		Total	
				15	

Third Year					
Fall			Winter		Spring/Summer
BMS 290/291	Human Physiology w/lab	4	REC 310	Interventions in TR	REC 318 Fieldwork in TR (300 hours) 3
REC 256	TR Programming	3	REC 313	TR of Physical Disability ²	
REC 308	Recreation Leadership (GE)	3	STA 215	Intro Applied Statistics (GE)	
		<u>3</u>	WRT 305 ¹ or	(GE)	
		<u>3</u>		(GE)	
	Total	16		Total	
				15	

Fourth Year					
Fall			Winter		Spring/Summer
MOV 300	Kinesiology	3	MOV 304	Physiology of Activity	REC 490 Internship 12
PSY 303	Psychopathology	3	REC 317	Pediatrics in TR ²	
REC 315	TR in Mental Health ²	3	REC 404	Issues in Rec. & Leisure	
REC 316	TR with the Elderly ²	3	REC 405	Administration of TR (GE)	
REC 407	Assessment/Eval. in TR	<u>3</u>			
	Total	15		Total	
				15	

NOTES:

¹ Students may test out of WRT 305 by taking the junior-level essay exam available through GVSU Testing Services. Those who are not able to pass this exam will need to take the course to complete the GVSU general education requirements.

² Student must complete a minimum of two TR elective courses as follows: REC 313, 315, 316, 317, 318, or 380. Consult with your faculty advisor about what courses might be most suitable.

^(GE) Refer to GVSU General Education Program for specific requirements

This curriculum guide **is not** applicable to every student. To determine your specific needs you should meet with your College of Health Professions advisor early in your academic career.

APPLICATION PROCESS FOR THERAPEUTIC RECREATION

Phase I

Phase I consists of having the following prerequisites met or be enrolled at the time application for admission is being made. The prerequisites are:

Overall GPA of 2.7 or above
BIO 120
CHM 109
PSY 101

Phase II

Phase II consists of the actual application process. Students must submit all application materials to the Director of the Therapeutic Recreation Program. The application consists of the following and all must be completed by and submitted by March 1, prior to the intended entry year.

- Submit application for program admission by **March 1st**, prior to the intended entry year.
- Provide an autobiographical sketch
- Provide a statement of professional goals
- Have completed a minimum of 50 hours of verified volunteer or paid work in therapeutic settings.
- Provide letters of recommendation from two recreation/therapeutic recreation or related health care practitioners with whom the applicant has completed volunteer and/or paid hours.

Phase III

Upon completion of Phases I and II, students will be notified of provisional admission into the program and will be asked to set up an advising appointment with the Director of Therapeutic Recreation. Students will be given a permit to register for REC 110 and 111 for the fall semester. Upon successful completion of these two courses (80% competency/B- in each course), they will be granted full admission into the Therapeutic Recreation program.

Transfer students will follow the above process and meet the same criteria. Students should note that it is best to complete only one year at another institution (i.e., community college). This would facilitate completing the therapeutic recreation program at Grand Valley within the three year and one semester rotation of therapeutic recreation course work. Transfer students should have a copy of the course syllabus for any recreation classes they want to transfer to Grand Valley State University Curriculum

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