

Family Support Services Supported Events, Fall 2009

Play it Cybersafe.

Tuesday, Sept. 15th, noon- 1pm, KC1104

Thursday, Sept. 17th, noon-1pm, DEV303C

Keeping kids safe in a wired world is challenging... In this day and age of computers, there is a great need for resources for parents, educators and children for staying safe online. Knowing the dangers helps prevent children from being harmed, and knowing what to do online to keep safe is a must.

**Presented by Katie Clark and Jayne Dissette, GVSU
Information
Technology**

What Mommies Do Best: Infant Massage Seminar and Discussion

Tuesday, Sept. 29th , noon, KC 1201 Women's Center

This seminar and discussion is for parents and babies 3 weeks to pre-crawling. Expecting parents, grandparents, and caregivers are welcome (dolls will be available for practice). You will be introduced to the many benefits of infant massage and learn to recognize cues to better communicate with your infant.

Presented by Sara Binkley-Tow, MomsBloom

Family Fun Night

Thursday, Oct. 1st 5:30 – 7:30 GVSU Recreation Center located in the Field house

This is an evening filled with games, activities and food for the entire family.

Family Weekend

Friday-Sunday, Oct. 2-4

Get in the swing of things and join us for Family Weekend 2009! Learn to swing the salsa at the new Samples of Salsa event, swing away at the Meadows Golf Outing, swing on over to Taste of West Michigan, and much more! Learn more at www.gvsu.edu/familyweekend

Sponsored by Student Life and the Family Association

Immunizations Brownbag

Tuesday, Oct 13, noon- 1pm, Kirkhof Center, room TBD

Hear from the experts about the importance of immunizations, clarify some of the myths being discussed about Autism and side effects. This is a great opportunity to share some education and awareness in this area. Come and take part in a dialogue facilitated by health care professionals as they address misperceptions about vaccines.

What Daddies Do Best

The group will meet in Kirkhof Center, Rm 2242 from Noon - 1:00 p.m. on the following dates:

Oct. 14th - School Can Be Tuff

Dec. 3rd - Starting Small: Talking to Your Kids
About Diversity

What Mommies Do Best: Green Parenting

Tuesday, October 21st, noon, KC 2204

In collaboration with Campus Sustainability Week 2009, we will offer insights into green parenting, discuss toxic toys, and talk about what it means to raise green kids.

Presented by Julia Mason, Women and Gender Studies

Small Steps Count Awareness Walk

Thursday, October 23, 11:30am, Cook Dewitt Clock Tower

As an early learning community, the Children's Enrichment Center and its partners, will take small steps in bringing awareness about childhood obesity and healthy lifestyles to the campus community. As a culmination of a six week program, this awareness walk on campus will be an opportunity for everyone to get involved.

Campus Trick or Treating

October 30, 2009, 10:30am, start at the Children's Enrichment Center

Join the kids of the children's Enrichment Center as they trick or treat across campus. Come dressed up!

What Mommies Do Best: Pamper Me

Tuesday, December 8th, noon, KC 1201 Women's Center

Come join other moms as we enjoy a relaxing noon hour. Foot massage, hand massage, and good discussion.

Pamper Me, student parents only

Thursday, December 17, TIME to be determined, Location TBD

Join other student parents at a fun and relaxing spa night. Onsite child supervision will be provided, so you can kick back and enjoy some snacks, a hand massage and good discussion. For more information contact nickelas@gvsu.edu.