

Influenza and Travel

The Padnos International Center is following the recommendations of the Center for Disease Control (www.cdc.gov) as well as the World Health Organization (www.who.int) in advising individuals to continue to travel both domestically and internationally--though with particular caution.

If you are feeling ill or have a fever, you should consider delaying your travel. Also, make sure to seek medical treatment if you are ill, and follow regular health precautions to prevent transmission of illness (e.g., handwashing, covering your coughs or sneezes, etc.).