



Grand Rapids – Central City

Weed & Seed

A Department of Justice Program

“Weeding out Crime and Seeding with Community Development”



Come Celebrate R.A.K Day with Us!

Who: You (the organization, parent, or mentor) and your youth!

What: A day to do something kind for someone else (a random act of kindness)

When: Saturday, June 27, 2009

Where: Anywhere in SE Grand Rapids preferably! We will meet at Neland Avenue CRC, 940 Neland SE, at 11:30am for t-shirt pickup (provided by Weed & Seed) and a quick lunch (provided by Macatawa Bank). In addition, we will ask each group to share what their “random act of kindness” will be for the day prior to heading out.

Why: To encourage the youth of our community to “give back” for a moment and become invested in their community.

How: Contact Kristine Jaros at 616-331-7247 or jarosk@gvsu.edu with further questions and to register your team (required) today!

Ideas: Give to a charity* Volunteer* Donate Blood* Clean up the Community* Provide a free meal* Paint* Visit a Shelter or Food Pantry* Plant Flowers* Wash a Car* Visit the Elderly.....the sky is limitless...visit www.actsofkindness.org for more ideas.

“There are no unimportant jobs, no unimportant people, no unimportant acts of kindness”
H. Jackson Brown Jr.