

lighter fare



breakfast

YOGURT PARFAIT BAR \$6.99

Your choice of two Low-Fat Yogurts, Granola, three seasonal Fruits and two Toppings served with Banana Bread Croutons to build your ideal Parfait.

HEALTH START \$10.49

Fresh Sliced Seasonal Fruit, Assorted Low fat Muffins, Whole Grain Bagels, Assorted Juices, Coffee and Hot Tea

A LA CARTE BREAKFAST

Assorted Bagels with Butter, Cream Cheese and Preserves	\$1.79
Fresh Seasonal Sliced Fruit	\$3.49
Fresh Assorted Juices	\$1.49
Regular and Decaffeinated Coffee and Tea Service	\$1.99
16oz Dole Juice Variety	\$2.29

lunch

SANDWICH BUFFET \$14.99

Please choose two (2) of the following

- Turkey Breast with Mesclun Green and Sage Cream Cheese on Ciabatta Bread
- Avocado Chicken Salad with plum Tomatoes and Green Leaf Lettuce on a Buttered Croissant
- Tuna and Apple Salad with Fresh Tomatoes and Arugula on Ciabatta Bread
- Balsamic Marinated Vegetable Wrap with Feta Cheese and Mixed Greens
- Includes Assorted Beverages, Cookies, Potato Chips, Pickles, Condiments and Choice of Two Salads

The Executive Luncheon \$14.99

Please choose two (2) of the following

- Roasted Turkey Breast with Cranberry Spread on a French Baguette
- Sliced Turkey Breast and ham with Swiss Cheese, Red Onions, Romaine, Tomato and Pesto Spread on Ciabatta
- Sliced Portobello Mushrooms with Arugula and Sun-dried Tomato Olive Pesto Spread on a French Baguette
- Includes Assorted Beverages, Cookies, Potato Chips, Pickles, Condiments, and Choice of Two Salads

SALAD SELECTIONS

(Included with Sandwich Buffets)

- Traditional Garden Salad with Fresh Seasonal Vegetables and Assorted Dressings
- Toasted Cranberry Apple Couscous with Apricots, Granny Smith Apples, Almonds, Red Onions, Fresh Spinach and Scallions
- White Bean Herb Salad with Cannellini Beans, Red Peppers, Celery, Scallions, Fresh Basil and parsley in a Balsamic Dressing
- Chickpea Salad with Fresh Cucumbers, Red Onions, Green and Red Peppers, Celery and Garlic with a Hot Pepper Sauce and Lemon Seasoning
- Chilled Dill Cucumber Salad with Red Onions tossed in Italian Dressing

dinner

WOK THIS WAY BUFFET \$15.99

Asian Slaw, Szechuan Green Beans, Egg Rolls with Assorted Dipping Sauces, Vegetable Fried Rice, Cashew Chicken with Broccoli, Beef and Broccoli, and Fortune Cookies

FANTASTIC FRIO \$16.99

Corn and Black Bean Salsa, Spiced Sweet Potato Salad, Salmon Veracruz with Chile Lime Cucumber Dressing, Mexican Chopped Chicken Salad, Grilled Marinated Flatbread and Flore de Latte (Chilled Buffet)

SIZZLING SALAD BAR \$18.99

Seasonal Salad Bar with Teriyaki Salmon, Freshly Grilled Flatbreads and Assorted Gourmet Cookies (Chilled Buffet)

*All prices are per person and are based on a 25 person minimum.