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“The MAX is the newsletter for student leaders looking to MAXimize their college experience.”

## Student Life Announcements

### Workshops on Demand

Workshops on Demand is a year-round program that the Office of Student Life offers **free** to groups of students, faculty, staff, and organizations. The program brings leadership workshops presented by the OSL, alumni and the surrounding community, to your organization. It is a great way to provide educational workshops and community building during your meetings. Schedule a free workshop for your RSO today at [www.gvsu.edu/studentlife/soc](http://www.gvsu.edu/studentlife/soc) or by visiting one of our friendly SOC Consultants.

### Nice to Tweet You

The Student Organization Center meets Facebook and Twitter! Follow us on Twitter or become our fan on Facebook to receive updates from fellow RSO's and breaking Student Life news. Got an event coming up? Tell us and we'll promote it on our FB and Twitter pages!

**Twitter:** <http://twitter.com/gvsoc>

**Facebook:** <http://tinyurl.com/socFB>

## Opportunities & Involvement

### New Fraternity on Campus

A Delta Upsilon chapter is being created here at Grand Valley. Since Delta Upsilon's establishment as an international men's fraternity in 1834, they have shown a strong commitment to building better men through their four founding principles: friendship, character, culture, and justice. They challenge their brothers to expect nothing less than excellence from themselves and others.

This is a great opportunity for non-affiliated men to become a founding father of Delta Upsilon and leave a true legacy at GVSU.

for more information, visit: [www.grandvalleydu.com](http://www.grandvalleydu.com)

## Fitness and Wellness Expo

Grand Valley State University Campus Recreation and Human Resources would like to invite you to participate in our 6<sup>th</sup> Annual Fitness & Wellness Expo. The purpose of this event is to expose the campus community to resources that would reinforce the importance of a healthy lifestyle. This event features on campus departments, student organizations, and local businesses. **Deadline to reply: November 15<sup>th</sup>, 2009!**

### You can:

- Host an information booth to showcase products and services
- Hand out literature and resources
- Offer or sponsor an educational workshop on a topic related to your field of expertise
- Provide interactive services such as screenings (i.e., blood pressure)
- Provide promotional materials or donations such as coupons, gift certificates, or products
- Provide interactive demonstrations on stage
- Provide "goody bag" stuffers like coupons or samples

If you would like to discuss this further, or hear about the marketing exposure you might benefit from with this event, please contact us at [kennettl@gvsu.edu](mailto:kennettl@gvsu.edu) or (616) 331-3263.

## Into the Streets

Into the Streets is a half-day service project at a local non-profit organization. Organizations and individuals may participate but advance registration is required. Visit the Community Service Learning Center (CSLC) to register at KC 1110B or [www.gvsu.edu/service](http://www.gvsu.edu/service). If you are unable to attend one of the scheduled events, please feel free to contact the CSLC for help in setting up an individual service learning experience.

### Some Locations Include:

Compassion This Way – Friday, November 20, 2009. 1-5PM

American Red Cross – Friday, December 4, 2009. 1-5PM

YWCA – Friday, December 11, 2009. 1-5PM

\*\*Please note: Destinations are subject to change and space is limited so sign up now!

## Sibs 'N' Kids Weekend Events

Sibs N Kids Weekend is January 22-24, 2010. The planning process has started and we are looking for anyone from your organization willing to volunteer some time; the more volunteers that help out the smoother the weekend will go. Individuals can volunteer, or your student organization can sponsor an event as a group. Your help would be more than appreciated and would make the weekend much more memorable to all of those who attended. For more information please contact [habbelf@mail.gvsu.edu](mailto:habbelf@mail.gvsu.edu)

## I AM GRAND VALLEY Nominations

The "I am Grand Valley" campaign is designed to recognize student leaders who are essential elements of the University community. Every year, students and faculty are asked to nominate students who they feel display and utilize strong leadership skills to contribute to the campus and beyond. The first Wednesday of every month is "I am Grand Valley" day, where students can show the collective force of individual leadership by wearing their "I am Grand Valley" shirts and buttons. Nominations will be open on the first "I am Grand Valley" day, **Wednesday October 7, 2009 and will stay open until November 30, 2009**. To nominate a student who you feel demonstrates strong leadership skills, please visit [www.gvsu.edu/iamgv](http://www.gvsu.edu/iamgv).

## Dates & Deadlines

### Dance Marathon

Friday November 6, 2PM-2AM. Grand River Room

Come out for food, fun, music and of course, dancing! Proceeds are going to the Children's Miracle Network and to support the Helen DeVos Children's Hospital.

### Café Mahogany

Friday, November 6, Pere Marquette

The theme of the night is Black, Lace and Roses, put on by Black Student Union. Rhythm in Blues will be performing. Come see the ice sculpture, sample the food or taste the chocolate fountain.

### Tormenta Tropical

Saturday November 7

Sabrosisimo presents "Tormenta Tropical" in the Grand River Room. It will be a combination of education and dancing. They will be presenting information about Spanish speaking countries and the Caribbean. Caribbean art will be displayed. Come experience the tropical storm.

### Letter from the Editor

\*\*If you have information to submit to the MAX please email [socthemax@gmail.com](mailto:socthemax@gmail.com). All submissions are due the Sunday prior to publication by 5:00 p.m.

Late submissions will be included at the sole discretion of the Editor. Repeated submissions may be sent once with a notation to publish multiple times.

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The MAX, Editor

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